

YOUNG LIVING®  
ESSENTIAL OILS



PRODUCT GUIDE  
Australia & New Zealand

# Welcome to YOUNG LIVING!

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You've joined the global movement to empower the world with nature's living energy: essential oils. People everywhere are searching for ways to create healthier homes and a healthier world. They want to ditch the status quo, the toxic lifestyles and the products with synthetic "mystery" ingredients. We're thrilled to invite you to not only discover the power of nature's pure living energy for yourself but to also share it with others. Together we can all shrink our toxin footprint, live healthier lives and leave behind a better planet for our loved ones.

Young Living's commitment is to offer everyone, everywhere, the opportunity to live with purpose and wellness. People can live freer lives when they feel well and have peace of mind. Young Living delivers that wellness and peace of mind with our pure, natural solutions. This is an exciting time of growth for our movement as more people are looking for a life free of toxins and products they can trust; a life where they don't have to compromise on what they bring into their homes.

As the original essential oils company and the standard bearer for this global movement, we've built a community dedicated to providing

the purest essential oils. The beating heart of this community is our proprietary Seed to Seal quality commitment and its three pillars: Sourcing, Science and Standards. We invite you to visit our corporate-owned or partner farms throughout the world for a firsthand look at our passion for quality.

This Product Guide represents a decades-long dedication to helping others find freedom in whole-life wellness and toxin-free living. All of us at Young Living have made a tremendous effort to offer safe and effective oils and natural, oil-infused products to replace the harsh chemicals found in many homes. The Product Guide gathers these essential items into one place so you can quickly find what you're looking for and discover new products you haven't tried yet.

Our products are here to empower you as you create an oasis of freedom and well-being. This is your moment to experience the benefits of nature's living energy and to learn how this energy can touch and enhance every part of your life. We invite you to read on and discover your new favourites. Thank you for joining us and bringing your passion to our community.

**Mary Young**

*Young Living  
Co-Founder and CEO*



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For the most up-to-date pricing and product availability, please refer to the most current price list online via ISSUU ([www.issuu.com/YoungLivingAustralia](http://www.issuu.com/YoungLivingAustralia)) or the products section of the website.

[www.YoungLiving.com.au](http://www.YoungLiving.com.au) or [www.YoungLiving.co.nz](http://www.YoungLiving.co.nz)

# OUR PURPOSE

## WHO WE ARE

We are distillers and dreamers, creators and caretakers, farmers and family. We uplift and enhance lives around the world through nature's living energy—essential oils.

As the pioneers of the modern essential oils movement for more than 25 years, we have established and maintained the standard every step of the way. From our sustainable farming and sourcing practices to our cutting-edge research and testing, we consistently deliver the world's purest essential oils and oil-infused products.

As the standard-bearer, we leave contentment and complacency to others and have no time for standing still or the status quo. Every day we make lives better, the earth greener and futures brighter.

We are Young Living:  
Nature distilled. Life enhanced.



D. Gary Young - Young Living Essential Oils Founder

# QUALITY

## PURE, POTENT PRODUCTS

For over 25 years, we've defined what it means to deliver the purest, most potent oils possible. That purity relies on our Seed to Seal® quality commitment: our global family of corporate-owned farms, partner farms and Seed to Seal-certified suppliers, our stringent product testing at every point and our certifications, which guarantee that our essential oils arrive in your home using the most responsible, sustainable methods. Flick to the back of this product guide or visit [seedtoseal.com](https://seedtoseal.com) for more information.



# SUSTAINABILITY

## PROTECTING THE PLANET

Our planet takes care of us and provides all we need. We return the favour by working to leave behind a healthier world through recycling, waste cutting and carbon reduction. As the standard-bearer for the modern essential oil movement, Young Living takes extraordinary steps to reduce our impact, avoiding the easy path and provide other companies with an example to follow. As we help you reduce your toxin footprint, we also work to eliminate our own.





# PHILANTHROPY

THE D. GARY YOUNG, YOUNG LIVING FOUNDATION

*Providing a hand up since 2009*

*“I love how the Young Living Foundation seeks to provide long-term solutions to underserved communities around the world. After personally serving with the Foundation, I can say with confidence that this organisation has a lot of heart. Every moment of service and every dollar donated is something we can all be a part of.”*

*— Noah, Young Living member*

## ABOUT THE YOUNG LIVING FOUNDATION

The D. Gary Young, Young Living Foundation believes that empowerment is the key to long-lasting, sustainable change. Over the years we’ve seen children overcome barriers to attend college and girls escape the shadows of exploitation and become leaders of their own lives. Since 2009 we’ve seen these successes and many more.

## WHERE WE WORK

We are committed to leaving the world better than we found it, which is why we have supported organisations and projects in every continent. In 2019 alone we linked arms with 89 non-profit organisations and operated three Foundation-owned projects that positively changed 220,129 lives through funding, Young Living product donations and volunteer hours. Our impact is propelled by the donations of people like you who are committed to empowering the dreams of communities around the world. We believe that together we can continue to accelerate good and change lives for good.

## THE 100 PERCENT PROMISE

Our initiatives are supported by a 100 percent promise. Because Young Living generously covers the Foundation’s administrative costs, 100 percent of every donation provides a direct impact. Every penny of every dollar contributed goes to lifting up those in need, every time.

## HOW TO GET INVOLVED

Together, we are an incredible force for good, which is why we offer many ways to get involved and stay up to date with the work the Foundation is doing. Follow us across your favourite social media platforms and visit our blog for the most up-to-date stories of impact. Host a Foundation-themed party for your team or even start a fundraiser. Whether you can join us on a service trip or want to change lives right where you are, we need passionate people everywhere to spread awareness online and in their own neighbourhoods.

Visit [YoungLivingFoundation.org/get-involved](https://YoungLivingFoundation.org/get-involved) for more information.

# WHAT ARE ESSENTIAL OILS?

Essential oils are concentrated plant extracts that are lovingly harvested from farm-grown and wildcrafted plants through careful steam distillation, cold pressing or resin tapping. The result is pure essential oils that are far more powerful than the botanicals from which they were extracted. We offer hundreds of single oils, blends and other oil-infused products that contain the optimal levels of specific, naturally occurring constituents to maximise their flawless potency. Whether you're using oils to create a toxin-free home, for personal care or as aromatherapy, you'll discover that every aspect of daily life can benefit from incorporating these pure, powerful essential oils.



# HOW TO USE ESSENTIAL OILS



## AROMATICALLY

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Use essential oils aromatically to uplift the spirit.

- Rub 2–3 drops of essential oil between your palms and inhale.
- Add a few drops of essential oil to a bowl of hot water. Cover your head and bowl with a towel. Breathe deeply and slowly.
- Use your favourite essential oils in our many diffusers designed to gently and effectively bring nature's aromas into your home or workplace.
- Add a few drops to a bath or shower, turn on the warm water and surround yourself with an invigorating steam.



## TOPICALLY

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Many essential oils are safe and beneficial to use directly on the skin.

- Place 2–3 drops of essential oil directly on the desired area and massage in. Repeat as desired. Always follow the label's dilution instructions.

**CAUTION:** Essential oils are very potent and may be irritating to the skin. If irritation occurs, apply Young Living's V-6™ Enhanced Vegetable Oil Complex or any pure plant-based oil to the area to dilute.

☼ Citrus essential oils and blends may cause photosensitivity; avoid direct sunlight or UV rays for up to 12 hours after applying them.



## FLAVOURING

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Add selected essential oil singles and blends as flavouring to your favourite recipes and beverages:

- Add 1–2 drops of approved culinary essential oils to a glass of water, NingXia Red®, juice, yoghurt, a sweetener of choice or milk of choice.
- Add 1–2 drops of culinary essential oils (to taste) to meals when cooking.

**NOTE:** Only use the essential oils that have been indicated as suitable for flavouring. See Page 41 for details. Always consult individual product labels for usage directions.

# ESSENTIAL OIL PRODUCTS

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Essential oils are the heart of Young Living and the foundation of our product line. Browse through our products to discover versatile, powerful essential oils and blends backed by our Seed to Seal® quality commitment and find the essential oils you'll want at your side.





## ESSENTIAL OIL SINGLES

With decades of research and experience, we've perfected our proprietary Seed to Seal® quality commitment to ensure that our essential oils are the most pure and authentic available. This dedication to excellence is what makes our essential oils stand out from the rest and what delivers a noticeable quality difference you can experience with every bottle.



- ☀️ **PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
- 💧 **TOPICAL:** Apply directly to skin. Dilution may be required for sensitive skin. See label for use.

- 👉 **DILUTE:** Topical dilution required. See label for use.
- 🌀 **AROMATIC:** Inhale directly or use in a Young Living diffuser.
- 🍷 **FLAVOURING:** Add 1 - 2 drops to a beverage or food of choice.



## ANGELICA

*Angelica archangelica*

ITEM NO. | SIZE | VEGAN  
307802 | 5 ml | GF

Angelica has soothing aromatic qualities that help create a relaxing environment. It has been referred to as the 'oil of angels', because of its ability to calm, restore happy memories and bring peaceful sleep.

HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## AUSTRALIAN ERICIFOLIA

*Melaleuca ericifolia*

ITEM NO. | SIZE | VEGAN  
352202 | 5 ml | GF

Australian Ericifolia, commonly known as 'Lavender Tea Tree', is native to Tasmania and has a woody, Australian bush aroma with fresh, sweet floral-herbaceous notes. Add this unique scent to your beauty routine or diffuse to create a calming and soothing atmosphere.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## BASIL

*Ocimum basilicum*

ITEM NO. | SIZE | VEGAN  
350002 | 15 ml | GF

Basil essential oil has a fresh, herbaceous aroma known to be calming and refreshing. Dilute with V-6™ or another carrier oil when applying directly to the skin.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## BERGAMOT

*Citrus aurantium bergamia*

ITEM NO. | SIZE | VEGAN  
350302 | 15 ml | GF

Bergamot has a light, citrusy scent, which can be both uplifting and relaxing when diffused. For a rejuvenating night-time routine, add Bergamot to your cleansers and moisturisers for smoother-looking skin.

HOW TO USE | ☁️ 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## BLACK PEPPER

*Piper nigrum*

ITEM NO. | SIZE | VEGAN  
361102 | 5 ml | GF

When used aromatically or to spice up cooking, Black Pepper is beautifully fragrant. Inhale directly for its energising aroma. Its scent partners well with other essential oils such as Peppermint, Wintergreen or Clove.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## BLUE CYPRESS

*Callitris intratropica*

ITEM NO. | SIZE | VEGAN  
308302 | 5 ml | GF

Blue Cypress is produced from the steam distillation of the wood of the tree, which is indigenous to Australia. Traditionally used to moisturise dry skin, this essential oil also has historical use as a component in perfumes and even as an adhesive.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## BLUE TANSY

*Tanacetum annuum*

ITEM NO. | SIZE | VEGAN  
308402 | 5 ml | GF

Blue Tansy has a slightly sweet, herbaceous aroma. It has also been called Moroccan Chamomile and is rich in sesquiterpenes similar to those found in German Chamomile. Diffuse Blue Tansy throughout your home to create an uplifting environment.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

CAUTION: Blue Tansy may stain diffusers, fabrics, surfaces or skin.



## CARDAMOM

*Elettaria cardamomum*

ITEM NO. | SIZE | VEGAN  
308002 | 5 ml | GF

Cardamom is a member of the ginger family and features a spicy, refreshing aroma that can promote a sense of mental clarity when diffused.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CARROT SEED

*Daucus carota*

ITEM NO.	SIZE	VEGAN
308102	5 ml	GF

Produced from distillation of the seeds of the wild carrot plant, Carrot Seed essential oil has a mildly sweet aroma with earthy, herbaceous notes.

HOW TO USE | ☁️ 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## CEDARWOOD

*Cedrus atlantica*

ITEM NO.	SIZE	VEGAN
350902	15 ml	GF

With a warm, balsamic aroma, Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Add Cedarwood to your favourite skin care products and apply topically or massage into the scalp for healthy-looking hair.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## CELERY SEED

*Apium graveolens*

ITEM NO.	SIZE	VEGAN
308202	15 ml	GF

Produced from the steam distillation of dried seeds, Celery Seed was used historically for having a calming, relaxing and uplifting aroma.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CILANTRO

*Coriandrum sativum*

ITEM NO.	SIZE	VEGAN
26975	5 ml	GF

Cilantro has a green, crisp and piquant flavour that elevates popular dishes from around the world. It also features a refreshing, citrusy fragrance that is calming and uplifting when diffused.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CINNAMON BARK

*Cinnamomum zeylanicum*

ITEM NO.	SIZE	VEGAN
351502	5 ml	GF

Cinnamon Bark has a hot and spicy fragrance and is known to be comforting and purifying. Many use it aromatically for its warm, inviting tones.

HOW TO USE | ☁️ ☀️ ✂️

Diffuse, directly inhale or add 1-2 drops to a beverage or food of choice.



## CISTUS

*Cistus ladanifer*

ITEM NO.	SIZE	VEGAN
351802	5 ml	GF

Cistus is believed to be the biblical 'Rose of Sharon' and its soft, fruity aroma with honey overtones is soothing and uplifting. Cistus has been used for centuries to aid in meditation and to help calm the mind.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## CITRONELLA

*Cymbopogon nardus*

ITEM NO.	SIZE	VEGAN
308502	15 ml	GF

Citronella features a fresh, citrusy scent that can create a pleasant and inviting atmosphere. It is ideal for use before and during outdoor activities and can also refresh and moisturise the skin.

HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## CLARY SAGE

*Salvia sclarea*

ITEM NO.	SIZE	VEGAN
352102	15 ml	GF

Clary Sage has a sharp, spicy and grassy aroma that is believed to create a calm and relaxing environment. It can aid mental clarity, help to balance emotions and support a healthy attitude.

HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**CLOVE**  
*Syzygium aromaticum*

ITEM NO.	SIZE	VEGAN
352402	15 ml	GF

Clove is an important ingredient in Young Living's Thieves® essential oil blend. Clove's spicy and warm scent creates a cosy and pleasant atmosphere when diffused.

**HOW TO USE** | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**COPAIBA**  
*Copaifera reticulata*

ITEM NO.	ITEM NO.	VEGAN
354602	343102	GF

SIZE	SIZE
5 ml	15 ml

Tapped directly from the copaiba tree, Copaiba essential oil is known for its high levels of beta-caryophyllene. Its moisturising properties also make it a great addition to your daily skin care routine. Apply it to flex points following activity for an uplifting, comforting cool down.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically,



**CORIANDER**  
*Coriandrum sativum*

ITEM NO.	SIZE	VEGAN
352702	5 ml	GF

Distilled from the seeds of the coriander plant, this essential oil has a sweet, warm fragrance that is calming and gently uplifting. Dilute when using topically and apply to desired area.

**HOW TO USE** | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**CYPRESS**  
*Cupressus sempervirens*

ITEM NO.	SIZE	VEGAN
353002	15 ml	GF

Cypress has a fresh, herbaceous aroma that can promote a sense of security and grounding, helping to overcome emotional road blocks. Use Cypress in your skincare regimen to support a healthy complexion.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically.



**DILL**  
*Anethum graveolens*

ITEM NO.	SIZE	VEGAN
353602	5 ml	GF

Dill essential oil is produced from the distillation of the whole plant and is believed to be calming when used aromatically. This essential oil can be blended with Roman Chamomile to enhance any relaxing aromatic experience.

**HOW TO USE** | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**DORADO AZUL**  
*Dorado Azul Guayafolius officinalis*

ITEM NO.	SIZE	VEGAN
359802	5 ml	GF

A unique essential oil from Ecuador, Dorado Azul™ is exclusive to Young Living. Its fresh scent is perfect for aromatic use, topical use or for a soothing, post-exercise massage.

**HOW TO USE** | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**ELEMI**  
*Canarium luzonicum*

ITEM NO.	SIZE	VEGAN
354002	15 ml	GF

Part of the same family as Frankincense and Myrrh, Elemi has been used traditionally to improve the appearance of the skin.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically.



**EUCALYPTUS BLUE**  
*Eucalyptus bicostata*

ITEM NO.	SIZE	VEGAN
359702	5 ml	GF

Eucalyptus Blue is grown and distilled on Young Living's farm in Ecuador. This essential oil is high in eucalyptol and has a calming and invigorating scent when diffused.

**HOW TO USE** | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## EUCALYPTUS GLOBULUS

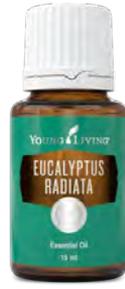
*Eucalyptus globulus*

ITEM NO.	SIZE	VEGAN
353902	15 ml	GF

Eucalyptus Globulus has a sweet, fresh, earthy aroma and is used in many skin care products for its cleansing properties. Diffuse to create a refreshing atmosphere when studying, meditating or exercising.

HOW TO USE | 🌀 ☹️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## EUCALYPTUS RADIATA

*Eucalyptus radiata*

ITEM NO.	SIZE	VEGAN
353802	15 ml	GF

Eucalyptus Radiata essential oil is loved for its fresh, pungent and fruity aroma, making it ideal for massage after activity. Diffuse Eucalyptus Radiata to promote a stimulating and rejuvenating environment.

HOW TO USE | 🌀 ☹️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## FENNEL

*Foeniculum vulgare*

ITEM NO.	SIZE	VEGAN
354202	15 ml	GF

Fennel has a sweet, spicy aroma that encourages feelings of grounding and connection. Use Fennel's cleansing benefits by adding a few drops to a gentle facial cleanser.

HOW TO USE | 🌀 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## FRANKINCENSE

*Boswellia carterii*

ITEM NO.	ITEM NO.	VEGAN
354902	354802	GF

SIZE	SIZE
5 ml	15 ml

Diffuse Frankincense essential oil during meditation to help with grounding and purpose. Also, add it to your personal care products to promote a beautiful complexion and to help combat dry skin.

HOW TO USE | 🌀 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GERANIUM

*Pelargonium graveolens*

ITEM NO.	SIZE	VEGAN
355402	15 ml	GF

Geranium essential oil is steam distilled from the plant's fragrant flowers and leaves. It has a sweet, floral scent that encourages peaceful, spiritual feelings when diffused. Add a few drops to a moisturiser to create the appearance of healthier-looking skin.

HOW TO USE | 🌀 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GERMAN CHAMOMILE

*Matricaria recutita*

ITEM NO.	SIZE	VEGAN
308602	5 ml	GF

German Chamomile has a calming aroma that helps create feelings of peace and patience. This essential oil can be applied neat or as part of a massage to desired areas.

HOW TO USE | 🌀 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GINGER

*Zingiber officinale*

ITEM NO.	SIZE	VEGAN
355702	5 ml	GF

Ginger has a warm, spicy aroma and is known to be energising, uplifting and refreshing. Add a couple of drops to Ortho Sport® Massage Oil for a post-workout massage.

HOW TO USE | 🌀 ☹️ ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## GOLDENROD

*Solidago canadensis*

ITEM NO.	SIZE	VEGAN
356202	5 ml	GF

Goldenrod flowering tops are distilled to produce this fragrant essential oil, which has been used traditionally for its calming, uplifting and relaxing aroma. It features a peppery and citrus-based scent known to promote mental clarity and wellbeing.

HOW TO USE | 🌀 ☹️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## GRAPEFRUIT

*Citrus paradisi*

ITEM NO.	SIZE	VEGAN
356002	15 ml	GF

Grapefruit has a wonderfully uplifting citrus aroma. Brighten your home by diffusing Grapefruit essential oil in the morning or add to skin care products for a smooth-looking glow.

HOW TO USE | 🌀 ☉ ✂

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## HELICHRYSUM

*Helichrysum italicum*

ITEM NO.	SIZE	VEGAN
356302	5 ml	GF

A great essential oil to diffuse when studying or doing homework, Helichrysum has a stimulating, earthy aroma that lifts the spirit. Apply this essential oil topically to enhance the appearance of youthful-looking skin.

HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.



## HINOKI

*Chamaecyparis obtusa*

ITEM NO.	SIZE	VEGAN
307302	5 ml	GF

Hinoki, also known as Japanese cypress, has a rich, invigorating citrus aroma that can increase spiritual awareness. Historically, Hinoki essential oil was used to refresh the soul.

HOW TO USE | 🌀 ☉

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## HONG KUAI

*Chamaecyparis formosensis*

ITEM NO.	SIZE	VEGAN
465702	5 ml	GF

Hong Kuai has the highest sesquiterpene content of any Young Living essential oil. Its scent promotes spiritual awareness and inspires clarity, intuition and action.

HOW TO USE | 🌀 ☉

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## HYSSOP

*Hyssopus officinalis*

ITEM NO.	SIZE	VEGAN
356602	5 ml	GF

Hyssop has a slightly sweet scent and was considered a sacred essential oil in ancient Egypt, Israel and Greece. Its fragrant scent is known to stimulate creativity and meditation.

HOW TO USE | 🌀 ☉

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## IDAHO BLUE SPRUCE

*Picea pungens*

ITEM NO.	SIZE	VEGAN
309302	5 ml	GF

Idaho Blue Spruce is an exclusive essential oil that is distilled at Young Living's St. Maries farm. This remarkable essential oil contains high percentages of alpha-pinene and limonene and has a pleasing and relaxing evergreen aroma.

HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.



## IDAHO GRAND FIR

*Abies grandis*

ITEM NO.	SIZE	VEGAN
331402	5 ml	GF

Idaho Grand Fir has a woody and refreshing scent. Diffuse for a grounding and calming aroma that can revitalise the mind and boost feelings of self-confidence.

HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.



## JADE LEMON

*Citrus limon Eureka var. formosensis*

ITEM NO.	SIZE	VEGAN
468502	5 ml	GF

Jade Lemon has a unique lemon-lime scent that is pleasing and uplifting. Diffuse for a wonderful, zesty fragrance that creates a clean and inviting atmosphere. Add to dishwashing detergent, such as Thieves® Dish Soap, for a spot-free rinse.

HOW TO USE | 🌀 ☉ ☀ ✂

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## JASMINE<sup>†</sup>

*Jasminum officinale*

ITEM NO. | SIZE | VEGAN  
356902 | 5 ml | GF

Considered to be exotic and romantic, Jasmine<sup>†</sup> supports the skin's appearance and is used in several Young Living personal care products. The sweet, floral aroma of Jasmine can relax the mind and boost self-confidence.

### HOW TO USE | 🌀💧

Diffuse, directly inhale or apply topically.

<sup>†</sup>Jasmine is an absolute or essence, rather than an essential oil.



## JUNIPER

*Juniperus osteosperma*

ITEM NO. | SIZE | VEGAN  
357202 | 15 ml | GF

The earthy, woody aroma of Juniper creates a peaceful atmosphere when diffused. When diluted and applied topically, Juniper may help improve the appearance of skin.

### HOW TO USE | 🌀🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## KUNZEA

*Kunzea ambigua*

ITEM NO. | SIZE | VEGAN  
23617 | 5 ml | GF

Kunzea offers a spicy and woody aroma to uplift any environment. It has comparable properties and uses to Tea Tree, but offers a more pleasant aroma and milder feel. Dilute and apply topically to help soothe fatigued muscles and help improve the appearance of skin.

### HOW TO USE | 🌀💧

Diffuse, directly inhale or apply topically.



## LAURUS NOBILIS

*Laurus nobilis*

ITEM NO. | SIZE | VEGAN  
357402 | 5 ml | GF

Laurus Nobilis, also known as Bay Leaf, has a spicy scent that is uplifting. Ancient Greeks used leaves of the laurel tree to crown their victors and scholars. Add 1-2 drops to soups, stews or sauces to enjoy its distinctive flavour.

### HOW TO USE | 🌀🕒✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LAVENDER

*Lavandula angustifolia*

ITEM NO. | SIZE | VEGAN  
357502 | 15 ml | GF

Lavender is a popular essential oil long loved for its calming, soothing fragrance. When diffused, Lavender adds a clean and fresh scent to any room. It is also a relaxing addition to body care products and baths.

### HOW TO USE | 🌀💧✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## LEDUM

*Ledum groenlandicum*

ITEM NO. | SIZE | VEGAN  
357902 | 5 ml | GF

Ledum was used traditionally to support energy flow and features a harmonising and balancing aroma. It is one of the key ingredients in Juva Cleanse™.

### HOW TO USE | 🌀🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## LEMON

*Citrus limon*

ITEM NO. | SIZE | VEGAN  
357802 | 15 ml | GF

Containing the naturally occurring constituent D-limonene, Lemon, when diffused, can help to eliminate odours and infuse your whole home with its clean, lemon-drop scent. Lemon is commonly used in skin and hair products to reduce the appearance of blemishes and add shine to hair.

### HOW TO USE | 🌀🕒☀️✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LEMONGRASS

*Cymbopogon flexuosus*

ITEM NO. | SIZE | VEGAN  
358102 | 15 ml | GF

With a subtle, citrus-herb scent, Lemongrass offers a relaxing aroma that can inspire a sense of clarity. Add 3-4 drops to dishes, a load of laundry or an all-purpose cleaner, such as Thieves® Household Cleaner.

### HOW TO USE | 🌀🕒✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**LEMON MYRTLE**  
*Backhousia citriodora*

ITEM NO. 307902	SIZE 5 ml	VEGAN GF
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Lemon Myrtle has a clean, citrus aroma that can uplift and refresh the body and mind when diffused. Its powerful lemon scent is even stronger than Lemon essential oil.

**HOW TO USE** | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**LIME**  
*Citrus aurantifolia*

ITEM NO. 307402	SIZE 15 ml	VEGAN GF
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Lime has a wonderfully light and uplifting aromatic scent. Diffuse it to encourage feelings of positivity, enhance mental clarity and stimulate creativity.

**HOW TO USE** | ☁️ 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**MANUKA**  
*Leptospermum scoparium*

ITEM NO. 532202	SIZE 5 ml	VEGAN GF
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Sourced from our New Zealand farm, Manuka essential oil supports the appearance of healthy-looking skin, reduces the visibility of blemishes and can be added to your favourite skin care products.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically.



**MARJORAM**  
*Origanum majorana*

ITEM NO. 358402	SIZE 15 ml	VEGAN GF
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Steam distilled from the leaves of the plant, Marjoram is a key essential oil used in the Raindrop Technique® and can be used in massage after exercise.

**HOW TO USE** | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**MELISSA**  
*Melissa officinalis*

ITEM NO. 358902	SIZE 5 ml	VEGAN GF
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Melissa has a grassy lemon scent that is pleasant, uplifting and encouraging and helps one to reconnect with nature. Add a few drops to your body lotion and apply to skin for added moisture.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically.



**MOUNTAIN SAVORY**  
*Satureja montana*

ITEM NO. 359002	SIZE 5 ml	VEGAN GF
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Mountain Savory is an energising essential oil that has been used historically in topical applications on the body. Its herbaceous aroma is motivating and invigorating.

**HOW TO USE** | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**MYRRH**  
*Commiphora myrrha*

ITEM NO. 359302	SIZE 15 ml	VEGAN GF
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Myrrh has a long history of use in skin care for its moisturising properties and ability to soothe dry skin. It was highly regarded in biblical times and has an uplifting aroma that brings a deeper sense of spirituality.

**HOW TO USE** | ☁️ 💧

Diffuse, directly inhale or apply topically.



**MYRTLE**  
*Myrtus communis*

ITEM NO. 359602	SIZE 15 ml	VEGAN GF
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Myrtle has an elevating aroma that is pleasing when diffused. It also has properties that can help beautify and enhance the appearance of healthy-looking skin when applied topically.

**HOW TO USE** | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**NORTHERN LIGHTS BLACK SPRUCE**  
*Picea mariana*

ITEM NO. | SIZE | VEGAN  
531302 | 5 ml | GF

Northern Lights Black Spruce essential oil comes from Young Living's Northern Lights Farm in British Columbia, Canada. Diffuse this rich, woody scent during meditation to create a grounding and invigorating atmosphere.

**HOW TO USE** | 🌀 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**OCOTEA**  
*Ocotea quixos*

ITEM NO. | SIZE | VEGAN  
355602 | 5 ml | GF

Produced from the distillation of an Ecuadorian tree, Ocotea has a complex aroma that is known for its skin-cleansing properties. Ocotea can be added to food or drinks in place of Cinnamon Bark.

**HOW TO USE** | 🌀 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**OREGANO**  
*Origanum vulgare*

ITEM NO. | SIZE | VEGAN  
360502 | 15 ml | GF

Oregano essential oil is a key oil used in the Raindrop Technique® and has a strong, herbaceous fragrance. Apply to the bottoms of feet to help unwind and relax before bedtime.

**HOW TO USE** | 🌀 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**PALO SANTO**  
*Bursera graveolens*

ITEM NO. | SIZE | VEGAN  
360702 | 5 ml | GF

Palo Santo has an inspiring fragrance and can be diffused for a cleansing and refreshing atmosphere. It can also be used for massage after activity.

**HOW TO USE** | 🌀 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



**NUTMEG**  
*Myristica fragrans*

ITEM NO. | SIZE | VEGAN  
359902 | 5 ml | GF

Nutmeg has a warm, spicy aroma that is energising and uplifting. Nutmeg blends well with other essential oils such as Orange, Clary Sage, Ginger or any Eucalyptus essential oil.

**HOW TO USE** | 🌀 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**ORANGE**  
*Citrus sinensis*

ITEM NO. | SIZE | VEGAN  
360202 | 15 ml | GF

Orange offers a sweet, uplifting aroma that can fill a room with a sense of peace, harmony and creativity. Add a few drops to your household cleaner, such as Thieves® Household Cleaner or a spray bottle for a DIY air freshener.

**HOW TO USE** | 🌀 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



**PALMAROSA**  
*Cymbopogon martinii*

ITEM NO. | SIZE | VEGAN  
307702 | 15 ml | GF

Palmarosa grass is steam distilled to produce a fragrant essential oil with an aroma that can be stimulating and soothing when diffused. Traditionally used as incense by the ancient Egyptians, Palmarosa inspires connection, security and release.

**HOW TO USE** | 🌀 🕒

Diffuse, directly inhale or apply topically.



**PARSLEY**  
*Petroselinum crispum*

ITEM NO. | SIZE | VEGAN  
26331 | 5 ml | GF

With a light, fresh aroma, Parsley can be used to create a bright and refreshing atmosphere when diffused and features cleansing properties. Add a drop to your favourite recipes to enhance any meal.

**HOW TO USE** | 🌀 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## PATCHOULI

*Pogostemon cablin*

ITEM NO.	SIZE	VEGAN
360802	15 ml	GF

Traditionally believed to attract prosperity and abundance, Patchouli essential oil may be used topically to improve the appearance of skin. Diffuse this essential oil for a calming, relaxing and peaceful fragrance.

HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.



## PEPPERMINT

*Mentha piperita*

ITEM NO.	SIZE	VEGAN
361402	15 ml	GF

Peppermint can be used topically to cool fatigued muscles or aromatically for an atmosphere that invites feelings of peace. Dilute and apply the refreshing aroma to your head and neck for a boost of positivity.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## PETITGRAIN

*Citrus aurantium amara*

ITEM NO.	SIZE	VEGAN
361702	5 ml	GF

When used aromatically, Petitgrain's floral, citrusy scent is refreshing and uplifting. This essential oil also supports the appearance of skin and hair.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## PINE

*Pinus sylvestris*

ITEM NO.	SIZE	VEGAN
361802	15 ml	GF

Pine essential oil has a refreshing and empowering aroma. Its scent is calming and balancing when applied topically or diffused. Incorporate Pine into DIY cleaning formulas or diffuse while cleaning your home.

HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## RAVINTSARA

*Cinnamomum camphora*

ITEM NO.	SIZE	VEGAN
362002	5 ml	GF

Ravintsara has a clean, pleasant scent and is commonly used in meditation for its calming and relaxing properties. Diffuse or dilute and apply topically to help encourage openness and a peaceful night's sleep.

HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## ROMAN CHAMOMILE

*Chamaemelum nobile*

ITEM NO.	SIZE	VEGAN
351202	5 ml	GF

Roman Chamomile has a sweet, herbaceous aroma and is known to be calming and relaxing. Its warm and gentle aroma can help create an atmosphere perfect for children's nurseries or play areas. Soothing to all types of skin, this essential oil is often used in skin and hair care products.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## ROSE

*Rosa damascena*

ITEM NO.	SIZE	VEGAN
362302	5 ml	GF

Rose has an rich, intoxicating aroma that encourages feelings of positive self-reflection. Commonly used in skin care products, Rose helps to moisturise and support the appearance of healthy, youthful-looking skin. 9.85 kilograms of rose petals are distilled for every 5 ml bottle of essential oil.

HOW TO USE | ☁️ 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## ROSEMARY

*Rosmarinus officinalis*

ITEM NO.	SIZE	VEGAN
362602	15 ml	GF

Rosemary has a fresh, robust, woody aroma and is known to be energising and clarifying. Diffuse to promote focus and create an uplifting atmosphere or add to recipes to bring a uniquely herbaceous and authentic taste to every dish.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## ROYAL HAWAIIAN SANDALWOOD

*Santalum paniculatum*

ITEM NO. | SIZE |  VEGAN  
474602 | 5 ml |  GF

Royal Hawaiian™ Sandalwood has a rich, sweet, woody aroma that is sensual and romantic. Used traditionally for meditation, this essential oil is uplifting and relaxing and is valued in skin care for its moisturising properties.

HOW TO USE |  

Diffuse, directly inhale or apply topically.



## SACRED FRANKINCENSE

*Boswellia sacra*

ITEM NO. | ITEM NO. |  VEGAN  
355002 | 355202 |  GF

Sacred Frankincense™ essential oil comes from the distillation of the resin of the *Boswellia sacra* frankincense tree. This essential oil is ideal for those who wish to heighten their spiritual experiences.

HOW TO USE |  

Diffuse, directly inhale or apply topically.



## SACRED SANDALWOOD

*Santalum album*

ITEM NO. | SIZE |  VEGAN  
20487 | 5 ml |  GF

Sacred Sandalwood essential oil provides a sweet, woody and uplifting aroma while offering a variety of skin benefits. This essential oil is a recognisable base note in many perfumes and fragrances.

HOW TO USE |  

Diffuse, directly inhale or apply topically.



## SAGE

*Salvia officinalis*

ITEM NO. | SIZE |  VEGAN  
363202 | 15 ml |  GF

Sage emits a strong, spicy and uplifting aroma when diffused. It has been used traditionally for its cleansing and purifying properties, and is known to be calming and soothing when applied topically.

HOW TO USE |  

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## SPEARMINT

*Mentha spicata*

ITEM NO. | SIZE |  VEGAN  
363802 | 5 ml |  GF

Spearmint is milder than Peppermint and is characterised by an invigorating fragrance that is uplifting and calming. Treasured for its unique minty flavour, Spearmint essential oil can add a cooling effect to foods that is both pleasant and beneficial.

HOW TO USE |   

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TANGERINE

*Citrus reticulata*

ITEM NO. | SIZE |  VEGAN  
364402 | 15 ml |  GF

Tangerine essential oil is loved for its delightfully sweet citrus aroma that can create a happy, contented mindset. Bringing complex citrus notes to savoury dishes and desserts, Tangerine essential oil is a bright and tangy addition to any recipe.

HOW TO USE |   

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TARRAGON

*Artemisia dracunculus*

ITEM NO. | SIZE |  VEGAN  
364702 | 5 ml |  GF

With a spicy aroma and undertones of anise, Tarragon essential oil brings a unique herbaceous taste to any dish. Diffuse to create a soothing, uplifting atmosphere and inspire positivity.

HOW TO USE |   

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TEA TREE

*Melaleuca alternifolia*

ITEM NO. | SIZE |  VEGAN  
358702 | 15 ml |  GF

Tea Tree is known for its cleansing properties and refreshing scent. This versatile essential oil can be used for everything from home cleaning to skin care. Add a few drops to your household cleaner, such as Thieves® Household Cleaner, air fresheners and linen spritzers for a boost of freshness.

HOW TO USE |  

Diffuse, directly inhale or apply topically.



## THYME

*Thymus vulgaris*

ITEM NO. | SIZE | VEGAN  
365002 | 15 ml | GF

Thyme is a key ingredient in Ortho Ease® massage oil and is great for use after exercise. It is also believed to bring a sense of purpose when used aromatically.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TSUGA

*Tsuga canadensis*

ITEM NO. | SIZE | VEGAN  
335202 | 5 ml | GF

Tsuga has skin-cleansing properties and is spiritually uplifting. Its fresh aroma is the result of steam-distilling the needles and twigs of the conifer tree.

HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## VALERIAN

*Valeriana officinalis*

ITEM NO. | SIZE | VEGAN  
364802 | 5 ml | GF

Valerian essential oil is produced from the distillation of the botanical's root and has an earthy fragrance that is calming and grounding. Use this essential oil topically or diffuse to create an atmosphere of clarity, relaxation and balance.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## VETIVER

*Vetiveria zizanioides*

ITEM NO. | SIZE | VEGAN  
365102 | 5 ml | GF

Vetiver has a sharp, grassy, earthy aroma. Diffuse this unique essential oil throughout the home or during meditation to create a soothing, grounding atmosphere.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## WINTERGREEN

*Gaultheria procumbens*

ITEM NO. | SIZE | VEGAN  
365802 | 15 ml | GF

Wintergreen's powerful aroma is stimulating and invigorating. It's a great addition to lotions that are applied after activity for a cooling and tingling sensation.

HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



## XIANG MAO

*Cymbopogon citratus*

ITEM NO. | SIZE | VEGAN  
465802 | 5 ml | GF

Xiang Mao was used traditionally to freshen household air, enlighten the mind and moisturise the skin. Diffuse this refreshing, lemony essential oil to promote feelings of relaxation.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.



## YLANG YLANG

*Cananga odorata*

ITEM NO. | SIZE | VEGAN  
365902 | 15 ml | GF

Whether diffused or applied topically, Ylang Ylang essential oil inspires romance and joy with its sweet floral aroma. Use as part of your skin care regimen to moisturise the skin or add a few drops to coconut oil for a deep-conditioning hair treatment.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

AUSTRALIA ONLY RANGE

# WELLNESS ESSENTIAL OILS

From the pressures of work and home stress to a cough or cold that knocks you down, our wellness essential oils can bring comfort and relief whenever you need it most! Discover Young Living's Wellness Essential Oils range of 13 essential oils, each with multiple therapeutic benefits. Please refer to the individual Product Claim Pages available in your Virtual Office when sharing these oils with others.



NEW!



## BERGAMOT ESSENTIAL OIL *Citrus aurantium bergamia*

ITEM NO.	SIZE	AUST L	VEGAN
33518	15 ml	327879	GF

Traditionally used in Aromatherapy to help healing of mild skin burns and sunburn; to relieve symptoms of indigestion; to relieve symptoms of pharyngitis; and to relieve symptoms of stress and mild anxiety.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



## CEDARWOOD ESSENTIAL OIL *Cedrus atlantica*

ITEM NO.	SIZE	AUST L	VEGAN
33515	15 ml	326520	GF

Traditionally used in Aromatherapy to relieve fatigue and feelings of weakness; as an expectorant to clear respiratory tract mucous; and to relieve symptoms of stress.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically. See label for further directions.

NEW!



## CLARY SAGE ESSENTIAL OIL *Salvia selarea*

ITEM NO.	SIZE	AUST L	VEGAN
33524	15 ml	326523	GF

Traditionally used in Aromatherapy to relieve menstrual cramps (dysmenorrhea); to regulate and maintain a healthy menstrual cycle; and as an antispasmodic.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



## FRANKINCENSE ESSENTIAL OIL *Boswellia carterii*

ITEM NO.	SIZE	AUST L	VEGAN
33520	15 ml	326511	GF

Traditionally used in Aromatherapy to relieve mild upper respiratory tract congestion; to reduce bronchial mucous congestion; and to enhance nerve function.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically. See label for further directions.

NEW!



## GINGER ESSENTIAL OIL *Zingiber Officinale*

ITEM NO.	SIZE	AUST L	VEGAN
33545	5 ml	327881	GF

Traditionally used in Aromatherapy to relieve nausea and symptoms of motion sickness; and to relieve the symptoms, severity and to decrease the duration of the common cold.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



## LAVENDER ESSENTIAL OIL *Lavandula angustifolia*

ITEM NO.	SIZE	AUST L	VEGAN
33528	15 ml	326507	GF

Traditionally used in Aromatherapy to relieve headache symptoms; to relieve colic wind pain; and to relieve mild nerve pain.

For a full list of therapeutic claims please visit our website.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically. See label for further directions.

NEW!



### LEMON ESSENTIAL OIL *Citrus limon*

ITEM NO.	SIZE	AUST L	VEGAN
33530	15 ml	326514	GF

Traditionally used in Aromatherapy to enhance mental alertness; to relieve nausea; and as a rubefacient to stimulate blood flow to skin.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☀

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



### LEMONGRASS ESSENTIAL OIL *Cymbopogon flexuosus*

ITEM NO.	SIZE	AUST L	VEGAN
33532	15 ml	327884	GF

Traditionally used in Aromatherapy as an analgesic to relieve pain and mild rheumatic aches; and to decrease the symptoms and severity of common colds and flu.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



### ORANGE ESSENTIAL OIL *Citrus sinensis*

ITEM NO.	SIZE	AUST L	VEGAN
33534	15 ml	326522	GF

Traditionally used in Aromatherapy to relieve constipation; as a nervous system relaxant; and to reduce the symptoms and the occurrence of mild anxiety.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



### PEPPERMINT ESSENTIAL OIL *Mentha piperita*

ITEM NO.	SIZE	AUST L	VEGAN
33536	15 ml	326503	GF

Traditionally used in Aromatherapy as an antipyretic/febrifuge to relieve mild fever; and as an analgesic/anodyne to relieve pain; and to relieve mild migraine symptoms.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



### SACRED SANDALWOOD ESSENTIAL OIL *Santalwood Oil East Indian*

ITEM NO.	SIZE	AUST L	VEGAN
33547	5 ml	327892	GF

Traditionally used in Aromatherapy to reduce symptoms of mild varicose veins; as an astringent to tighten skin; and to relieve skin dryness.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.

NEW!



### TEA TREE ESSENTIAL OIL *Melaleuca alternifolia*

ITEM NO.	SIZE	AUST L	VEGAN
33538	15 ml	326517	GF

Traditionally used in Aromatherapy to help relieve symptoms of minor skin wounds; to relieve symptoms of insect bites and stings; and to relieve the symptoms of acne.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or apply topically. See label for further directions.

NEW!



### YLANG YLANG ESSENTIAL OIL *Cananga odorata*

ITEM NO.	SIZE	AUST L	VEGAN
33541	15 ml	327888	GF

Traditionally used in Aromatherapy to help relieve the symptoms and reduce the occurrence of mild anxiety; as an aphrodisiac to enhance a healthy libido; and to reduce the symptoms of occasional episodes of gout.

For a full list of therapeutic claims please visit our website.

#### HOW TO USE | ☁ ☹ ☹

Diffuse, directly inhale or apply topically. See label for further directions.

- ☀ **PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
- 💧 **TOPICAL:** Apply directly to skin. Dilution may be required for sensitive skin. See label for use.
- 🌀 **DILUTE:** Topical dilution required. See label for use.
- ☁ **AROMATIC/INHALATION:** Inhale directly or use in a Young Living diffuser.

# ESSENTIAL OIL BLENDS

When essential oils work together, the results can transform lives. We combine already powerful essential oils to create even more powerful blends that you can apply to every part of your life and every corner of your home.



-  **PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.
-  **TOPICAL:** Apply directly to skin. Dilution may be required for sensitive skin. See label for use.

-  **DILUTE:** Topical dilution required. See label for use.
-  **AROMATIC:** Inhale directly or use in a Young Living diffuser.
-  **FLAVOURING:** Add 1 - 2 drops to a beverage or food of choice.



## ABUNDANCE

ITEM NO. 330002 | SIZE 15 ml | VEGAN GF

Abundance™ combines essential oils such as Orange and Ginger, which were used by ancient cultures to attract prosperity and love, as well to magnify joy and peace.

HOW TO USE |

Diffuse or directly inhale.

INGREDIENTS | Orange, Clove, Cinnamon Bark, Frankincense, Ginger, Black Spruce, Patchouli, Myrrh



## ACCEPTANCE

ITEM NO. 330302 | SIZE 5 ml | VEGAN GF

Acceptance™ encourages feelings of self-worth and acceptance. Use this blend when going through a transition or taking on new ideas and challenges.

HOW TO USE |

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sweet Almond Oil, Frankincense, Royal Hawaiian™ Sandalwood, Geranium, Blue Tansy, Neroli, Coriander, Bergamot, Ylang Ylang, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



## AROMAEASE

ITEM NO. 474902 | SIZE 5 ml | VEGAN GF

AromaEase™ boasts a cool, minty freshness and contains powerful essential oil constituents that contribute to a calming aroma.

HOW TO USE |

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Peppermint, Spearmint, Ginger, Cardamom, Fennel



## AROMA LIFE

ITEM NO. 330602 | SIZE 15 ml | VEGAN GF

Aroma Life™ uses Marjoram and Ylang Ylang essential oils to energise the spirit, create a sense of connection and encourage vitality and longevity.

HOW TO USE |

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sesame Seed Oil, Cypress, Helichrysum, Ylang Ylang, Marjoram



## AROMA SIEZ

ITEM NO. 330902 | SIZE 15 ml | VEGAN GF

A key Young Living blend, Aroma Siez™ combines the soothing and relaxing properties of Lavender and Peppermint. When applied topically, this blend can help to release tension in the body and mind and encourage consistency.

HOW TO USE |

Dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Basil, Lavender, Cypress, Marjoram, Peppermint



## AUSTRALIAN BLUE

ITEM NO. 332602 | SIZE 5 ml | VEGAN GF

Australian Blue™ is often used to uplift the spirit. This blend contains Blue Cypress, which is distilled from the highly prized Callitris intratropica wood in Darwin, Australia.

HOW TO USE |

Diffuse, directly inhale or apply topically.

INGREDIENTS | Blue Cypress, Cedarwood, White Fir, Ylang Ylang, Blue Tansy, Geranium, Citrus Hystrix, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



## AUSTRALIAN KURANYA

ITEM NO. 25679 | SIZE 5 ml | VEGAN GF

Bring the outback inside with the crisp, woody aroma of Australian Kuranya™. Featuring Australian oils such as Lemon Myrtle and Blue Cypress, this skin-loving blend can also help cleanse and enhance your natural radiance.

HOW TO USE |

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Lemon Myrtle, Blue Cypress, Kunzea, Sacred Sandalwood, Fennel, Australian Ericifolia, Eucalyptus Radiata, Tea Tree



## AWAKEN

ITEM NO. 334902 | ITEM NO. 331202 | VEGAN GF

SIZE 5 ml | SIZE 15 ml

Awaken™ is a blend of five other blends. Expertly formulated to help you become aware of limitless potential, Awaken is the first step toward making positive life changes.

HOW TO USE |

Diffuse, directly inhale or apply topically.

INGREDIENTS | Joy™, Present Time™, Harmony™, Forgiveness™, Dream Catcher™



## BELIEVE

ITEM NO.	SIZE	VEGAN
466102	15 ml	GF

Believe™ contains Idaho Blue Spruce, Idaho Balsam Fir, Frankincense and other essential oils that may encourage feelings of strength, self-confidence and faith.

**HOW TO USE** | ☁️ 💧  
Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium



## BRAIN POWER

ITEM NO.	SIZE	VEGAN
331302	5 ml	GF

Brain Power™ is a blend of essential oils high in sesquiterpenes and can promote a sense of clarity and focus. Use Brain Power when procrastination strikes to inspire motivation.

**HOW TO USE** | ☁️ 💧 ☀️  
Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Sacred Sandalwood, Melissa, Helichrysum, Cedarwood, Blue Cypress, Frankincense, Lavender



## CELEBRATION

ITEM NO.	SIZE	VEGAN
520702	5 ml	GF



Formulated for the grand opening of the European market, Celebration™ is a rich, earthy, herbaceous blend that elevates emotional well-being and supports a sense of harmonic balance. Diffuse this uplifting blend to encourage positive feelings and open you to new possibilities.

**HOW TO USE** | ☁️ 💧 ☀️  
Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Lavender, Angelica, German Chamomile, Cardamom, Rosemary, Peppermint, Dill, Sacred Sandalwood, Ylang Ylang, Frankincense, Orange, Geranium, Hyssop, Spanish Sage, Northern Lights Black Spruce, Coriander, Bergamot, Lemon, Jasmine, Roman Chamomile, Palmarosa, Rose



## CHRISTMAS SPIRIT

ITEM NO.	ITEM NO.	VEGAN
335602	331502	GF

Tap into the happiness and comfort of the holiday season all year long, with the warm, comforting aroma of Christmas Spirit™. Thanks to its familiar notes and timeless aroma, this blend helps evoke feelings and memories tied to the joy of Christmas.

**HOW TO USE** | ☁️ ☀️  
Diffuse or directly inhale.

**INGREDIENTS** | Orange, Cinnamon Bark, Black Spruce



## CITRUS FRESH

ITEM NO.	SIZE	VEGAN
331802	15 ml	GF

Featuring the fresh, bright aromas of five citrus essential oils plus Spearmint, Citrus Fresh™ is perfect to wear as an inspiring personal fragrance or to diffuse and freshen any indoor environment.

**HOW TO USE** | ☁️ 🕒 ☀️ ✂️  
Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.

**INGREDIENTS** | Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint



## CLARITY

ITEM NO.	SIZE	VEGAN
332102	15 ml	GF

Clarity contains Basil, Rosemary and Peppermint essential oils to promote clarity of thought. Use this rich blend to provide emotional balance and a clearer mind.

**HOW TO USE** | ☁️ 🕒 ☀️  
Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Basil, Roman Chamomile, Cardamom, Geranium, Bergamot, Rosemary, Lemon, Ylang Ylang, Peppermint, Jasmine, Palmarosa, Coriander



## COMMON SENSE

ITEM NO.	SIZE	VEGAN
309102	5 ml	GF

Common Sense™ is a proprietary blend formulated with an aroma to encourage feelings of purpose. Use this calming blend to balance emotions and help in rational decision-making.

**HOW TO USE** | ☁️ 🕒 ☀️  
Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Frankincense, Ylang Ylang, Ocotea, Goldenrod, Ruta, Dorado Azul, Lime



## COOL AZUL

ITEM NO.	SIZE	VEGAN
539902	15 ml	GF

Apply Cool Azul™ topically for a cooling sensation before exercise to stay alert, during exercise to promote focus and after physical and strenuous activities to unwind.

**HOW TO USE** | ☁️ 🕒  
Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Wintergreen, Peppermint, Sage, Plectranthus Oregano, Balsam Copaiba, Niaouli, Lavender, Blue Cypress, Elemi, Vetiver, Caraway, Dorado Azul, German Chamomile



## DIGIZE

ITEM NO. 332302	ITEM NO. 332402	VEGAN GF
SIZE 5 ml	SIZE 15 ml	

One of our most unique blends, DiGize™ features a rich, calming scent when diffused. Apply it topically after meals to enjoy the crisp, comforting aroma.

### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli



## DRAGON TIME

ITEM NO. 332702	SIZE 15 ml	VEGAN GF
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The aroma of Dragon Time™ is designed to invite positive emotions for women. This blend is recommended for both young and mature women.

### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Clary Sage, Lavender, Yarrow, Fennel, Marjoram, Jasmine



## DREAM CATCHER

ITEM NO. 333002	SIZE 15 ml	VEGAN GF
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Dream Catcher™ is designed to harness the power of positive dreams, helping you realise your desires and stay on the path to fulfilment.

### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Sacred Sandalwood, Tangerine, Ylang Ylang, Black Pepper, Bergamot, Juniper, Anise, Geranium, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Spearmint, Lemon, Ocotea



## EGYPTIAN GOLD

ITEM NO. 333202	SIZE 5 ml	VEGAN GF
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Egyptian Gold™ contains ancient biblical essential oils that can be used to enhance moments of devotion and reverence. Diffuse Egyptian Gold while meditating to deepen spiritual connections, uplift and empower.

### HOW TO USE | ☁️ ☀️

Diffuse or directly inhale.

**INGREDIENTS** | Frankincense, Lavender, Idaho Balsam Fir, Myrrh, Hyssop, Cedarwood, Rose, Cinnamon Bark, Northern Lights Black Spruce, Vetiver



## ENDOFLEX

ITEM NO. 333302	SIZE 15 ml	VEGAN GF
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EndoFlex™ is a blend of Spearmint, Geranium and other pure essential oils that help create a calming and balancing aroma when diffused.

### HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Spearmint, Sesame Seed Oil, Geranium, German Chamomile, Sage, Myrtle, Nutmeg



## EN-R-GEE

ITEM NO. 333602	SIZE 15 ml	VEGAN GF
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Fresh and herbaceous, En-R-Gee™ offers an invigorating boost with its stimulating, spicy fragrance. Diffuse this blend to enhance energy and mental clarity.

### HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Rosemary, Nutmeg, Black Pepper, Juniper, Idaho Balsam Fir, Lemongrass, Clove



## ENVISION

ITEM NO. 333702	SIZE 5 ml	VEGAN GF
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Envision™ contains scents that stimulate feelings of creativity and resourcefulness, encouraging renewed faith in the future and inspiring the strength necessary to achieve your dreams.

### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Black Spruce, Orange, Sage, Geranium, Lavender, Rose



## FORGIVENESS

ITEM NO. 333902	SIZE 5 ml	VEGAN GF
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Forgiveness™ contains an aroma that supports the ability to forgive yourself and others while letting go of negative emotions - an important part of personal growth.

### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Sesame Seed Oil, Melissa, Angelica, Bergamot, Geranium, Lavender, Ylang Ylang, Frankincense, Lemon, Palmarosa, Jasmine, Helichrysum, Royal Hawaiian™ Sandalwood, Roman Chamomile, Rose, Coriander



## GATHERING

ITEM NO. | SIZE | VEGAN  
334202 | 5 ml | GF

Gathering™ features a blend of aromas that invites you to overcome the chaotic energy of everyday life and keeps you on the path to higher achievement.

### HOW TO USE | 🌀

Diffuse or directly inhale.

INGREDIENTS | Lavender, Frankincense, Northern Lights Black Spruce, Geranium, Royal Hawaiian™ Sandalwood, Rose, Ylang Ylang, Cinnamon Bark, Vetiver



## GENTLE BABY

ITEM NO. | SIZE | VEGAN  
336202 | 5 ml | GF

Gentle Baby™ is a soothing blend of pure essential oils with an aroma that invites a sense of calming for mothers and children.

### HOW TO USE | 🌀 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Geranium, Jasmine, Ylang Ylang, Roman Chamomile, Lemon, Lavender, Palmarosa, Coriander, Rose, Bergamot



## GRATITUDE

ITEM NO. | SIZE | VEGAN  
334602 | 5 ml | GF

Foster a grateful attitude and embrace the blessings in your life. The uplifting aroma of Gratitude™ invites feelings of emotional and spiritual progress.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Idaho Balsam Fir, Frankincense, Myrrh, Ylang Ylang, Geranium, Bergamot, Coriander, Northern Lights Black Spruce, Vetiver



## GROUNDING

ITEM NO. | SIZE | VEGAN  
334802 | 5 ml | GF

Grounding™ is a balancing and grounding blend of scents used to promote feelings of clarity and enhance spirituality. Diffuse this relaxing blend to help with restlessness during times of chaos.

### HOW TO USE | 🌀 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | White Fir, Pine, Angelica, Northern Lights Black Spruce, Cedarwood, Juniper, Ylang Ylang



## HARMONY

ITEM NO. | SIZE | VEGAN  
335102 | 15 ml | GF

This spiritual and emotional blend may help with releasing emotional burdens and stubbornness by creating harmonious balance in the mind, spirit and body.

### HOW TO USE | 🌀 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Geranium, Angelica, Bergamot, Lavender, Northern Lights Black Spruce, Ylang Ylang, Sacred Sandalwood, Hyssop, Palmarosa, Spanish Sage, Rose, Frankincense, Jasmine, Lemon, Orange, Roman Chamomile, Coriander



## HIGHEST POTENTIAL

ITEM NO. | SIZE | VEGAN  
337302 | 5 ml | GF

Highest Potential™ harnesses the uplifting and inspiring power of Blue Cypress and other pure essential oils to help you reach beyond limitations and overcome barriers.

### HOW TO USE | 🌀 ☀️

Diffuse or directly inhale.

INGREDIENTS | Blue Cypress, Ylang Ylang, Cedarwood, Geranium, Citrus Hystrix, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea, Blue Tansy, White Fir, Lavender, Frankincense, Royal Hawaiian™ Sandalwood, Northern Lights Black Spruce, Cinnamon Bark, Vetiver



## HOPE

ITEM NO. | SIZE | VEGAN  
335702 | 5 ml | GF

The blend of essential oils found in Hope™ brings an aroma that invites you to restore your faith by reconnecting with feelings of strength and stability.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sweet Almond Oil, Melissa, Myrrh, Juniper, Northern Lights Black Spruce



## HUMILITY

ITEM NO. | SIZE | VEGAN  
335402 | 5 ml | GF

True humility is the foundation of emotional strength. Humility™ is a blend of pure essential oils that promote deeper spiritual awareness.

### HOW TO USE | 🌀 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Coconut Oil, Melissa, Myrrh, Ylang Ylang, Frankincense, Neroli, Geranium, Northern Lights Black Spruce, Rose, Bergamot, Coriander, Vetiver



## IMMUPOWER

ITEM NO. 336302	SIZE 15 ml	VEGAN GF
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ImmuPower™ is a powerful blend of essential oils with an aroma that creates a fragrant and protective haven whilst encouraging positive energy.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Hyssop, Mountain Savory, Cistus, Ravintsara, Frankincense, Oregano, Clove, Cumin, Dorado Azul



## INNER CHILD

ITEM NO. 336002	SIZE 5 ml	VEGAN GF
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The sweet fragrance of Inner Child™ encourages you to connect with your spontaneous, joyful and authentic self. Diffuse this soothing blend to process thoughts and emotions that are keeping you from moving forward.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Orange, Jasmine, Northern Lights Black Spruce, Tangerine, Royal Hawaiian™ Sandalwood, Neroli, Ylang Ylang, Lemongrass



## INSPIRATION

ITEM NO. 336602	SIZE 15 ml	VEGAN GF
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Inspiration™ is a blend of pure essential oils that were traditionally used for enhancing spirituality and meditation. Diffuse this harmonising blend to create a calming and uplifting atmosphere.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Cedarwood, Myrtle, Northern Lights Black Spruce, Royal Hawaiian™ Sandalwood, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium, Vetiver



## JOURNEY ON

ITEM NO. 25128	SIZE 5 ml	VEGAN GF
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Journey On™ is a commemorative blend celebrating the life and vision of D. Gary Young. This inspiring aroma is herbaceous and earthy and can be diffused to motivate your personal journey toward whole-life wellness.

### HOW TO USE | ☁️ ☀️

Diffuse or directly inhale.

**INGREDIENTS** | Dream Catcher™, ImmuPower™, Motivation™, Peppermint, Copaiba, Camphor wood oil, Cinnamon Bark, Blue Tansy



## JOY

ITEM NO. 337202	SIZE 15 ml	VEGAN GF
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The alluring and sweet aroma of Joy™ invites a sense of romance, bliss and warmth when diffused. When worn as a fragrance, it invites togetherness, happiness and confidence.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Bergamot, Lemon, Palmarosa, Ylang Ylang, Rose, Geranium, Jasmine, Roman Chamomile, Coriander, Tangerine



## JUVA CLEANSE

ITEM NO. 339502	SIZE 15 ml	VEGAN GF
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Juva Cleanse™ is a premium blend of pure essential oils that are known for their cleansing properties and ability to assist in releasing negative emotions. Diffuse to help foster positive emotions, such as approval and contentment.

### HOW TO USE | ☁️ 🌿

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Helichrysum, Ledum, Celery Seed



## JUVAFLEX

ITEM NO. 337402	ITEM NO. 337502	VEGAN GF
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SIZE 5 ml	SIZE 15 ml
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Combining Fennel, Geranium, Rosemary and other essential oils, JuvaFlex™ is an uplifting and peaceful blend. Apply topically to improve areas of tender skin or diffuse to help release negative energy.

### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Sesame Seed Oil, Fennel, Geranium, Rosemary, Roman Chamomile, Blue Tansy, Helichrysum



## KIDSCENTS GENEYUS

ITEM NO. 531002	SIZE 5 ml	VEGAN GF
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GeneYus™ is an excellent blend to diffuse to keep young minds focused and attentive. Diffuse or apply this supportive oil to create a positive environment and enhance creativity.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

**INGREDIENTS** | Coconut Oil, Sacred Frankincense, Blue Cypress, Cedarwood, Idaho Blue Spruce, Palo Santo, Melissa, Northern Lights Black Spruce, Almond Oil, Bergamot, Myrrh, Vetiver, Geranium, Royal Hawaiian™ Sandalwood, Ylang Ylang, Hyssop, Coriander, Rose



### KIDSCENTS KIDCARE

ITEM NO. | SIZE | VEGAN  
530802 | 5 ml | GF

For an added boost, try KidCare™ essential oil blend. Apply this gentle blend topically to improve the appearance of your child's skin or to promote positive feelings.

#### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Idaho Balsam Fir, Tea Tree, Helichrysum, Elemi, Cistus, Hinoki, Clove



### KIDSCENTS REFRESH

ITEM NO. | SIZE | VEGAN  
530602 | 5 ml | GF

Refresh™ is a rejuvenating blend with crisp, calming aroma. Apply it to your child's chest before bedtime for a relaxing experience.

#### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Eucalyptus Blue, Palo Santo, Lavender, Dorado Azul, Ravintsara, Myrtle, Eucalyptus Globulus, Marjoram, Pine, Eucalyptus Citriodora, Cypress, Eucalyptus Radiata, Black Spruce, Peppermint



### KIDSCENTS SLEEPYZE

ITEM NO. | SIZE | VEGAN  
530702 | 5 ml | GF

Sleepyze™ combines the naturally calming aromas of select botanicals to create a serene atmosphere that will help your child unwind.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Lavender, Geranium, Roman Chamomile, Tangerine, Bergamot, Sacred Frankincense, Valerian, Rue



### KIDSCENTS TUMMYGIZE

ITEM NO. | SIZE | VEGAN  
530502 | 5 ml | GF

TummyGize™ is a relaxing, quieting blend that can be applied to little tummies. This blend helps calm children on a physical, emotional and mental level.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Spearmint, Peppermint, Tangerine, Fennel, Anise, Ginger, Cardamom



### LADY SCLAREOL

ITEM NO. | SIZE | VEGAN  
337602 | 15 ml | GF

Lady Sclareol™ is an essential oil blend created especially for women to enhance their feminine nature. This energising blend is calming and emotionally balancing, and can promote love and confidence.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Coriander, Geranium, Vetiver, Orange, Clary Sage, Bergamot, Ylang Ylang, Royal Hawaiian™ Sandalwood, Spanish Sage, Jasmine, Idaho Blue Spruce, Spearmint, Hinoki



### LIVE YOUR PASSION

ITEM NO. | SIZE | VEGAN  
576602 | 5 ml | GF

Live Your Passion was created to evoke feelings of empowerment, clarity and inspiration. Wear it as a captivating fragrance that subtly reminds you to leave the past behind, live in the present and shape the future each day.

#### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Royal Hawaiian™ Sandalwood, Orange, Nutmeg, Lime, Idaho Blue Spruce, Northern Lights Black Spruce, Ylang Ylang, Frankincense, Peppermint



### LONGEVITY

ITEM NO. | SIZE | VEGAN  
338802 | 15 ml | GF

Longevity™ contains powerful essential oils that help promote youthful-looking skin. When diffused, this spicy, herbaceous aroma can help promote emotions of joy, hope and forgiveness.

#### HOW TO USE | ☁️ 🕒 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Thyme, Clove, Orange, Frankincense



### M-GRAIN

ITEM NO. | SIZE | VEGAN  
338702 | 15 ml | GF

M-Grain™ has a cool, spicy, herbaceous scent and is known to be calming, clarifying and invigorating. Dilute and apply to muscles, temples, feet, spine or neck for a soothing sensation.

#### HOW TO USE | ☁️ 🕒

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Basil, Lavender, Roman Chamomile, Marjoram, Peppermint, Helichrysum



## MAGNIFY YOUR PURPOSE

ITEM NO. 337702	SIZE 5 ml	VEGAN GF
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Magnify Your Purpose™ essential oil blend stimulates creativity, desire, focus and motivation, encouraging you to seize initiative and bring your dreams into reality.

### HOW TO USE | 🌀

Diffuse or directly inhale.

**INGREDIENTS** | Sacred Sandalwood, Nutmeg, Ginger, Patchouli, Sage, Cinnamon Bark, Coriander, Bergamot, Ylang Ylang, Geranium



## MELROSE

ITEM NO. 337802	SIZE 15 ml	VEGAN GF
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Melrose™ is a blend of essential oils with powerful cleansing properties and can support the appearance of skin. Named after the combination of Melaleuca and Rosemary, this calming blend can help clear negative emotions and promote acceptance.

### HOW TO USE | 🌀 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Rosemary, Clove, Tea Tree, Niaouli



## MISTER

ITEM NO. 338102	SIZE 15 ml	VEGAN GF
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Created for men, Mister™ essential oil blend is uplifting and balancing. Diffuse or wear it as a personal fragrance to promote feelings of tranquility, peace and self-worth.

### HOW TO USE | 🌀 💧

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Sesame Seed Oil, Sage, Lavender, Peppermint, Fennel, Myrtle, Yarrow



## MOTIVATION

ITEM NO. 338402	SIZE 5 ml	VEGAN GF
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The powerful scent of Motivation™ can promote feelings of action and accomplishment when diffused. Dilute and apply topically to help overcome emotional and mental resistance.

### HOW TO USE | 🌀 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Roman Chamomile, Northern Lights Black Spruce, Ylang Ylang, Lavender

NEW!



## ONE HEART

ITEM NO. 33207	SIZE 5 ml	VEGAN GF
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Find connection and empower your life with One Heart™. Specifically blended to bring people together and encourage a bright outlook on life. This uplifting blend will have a special spot in your heart and on your shelf.

### HOW TO USE | 🔄 🌀 💧 ☀️

Diffuse, directly inhale or apply topically.

**INGREDIENTS** | Ylang Ylang, Lemon, Lime, Northern Lights Black Spruce, Ocotea, Valor®



## PANAWAY

ITEM NO. 339102	ITEM NO. 339002	VEGAN GF
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SIZE 5 ml	SIZE 15 ml
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This cooling blend has a refreshing scent and is uplifting during moments of exhaustion. Dilute and apply PanAway® after exercise or to the neck and back anytime for a soothing and stimulating aromatic experience.

### HOW TO USE | 🔄

Dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Wintergreen, Helichrysum, Clove, Peppermint



## PEACE & CALMING

ITEM NO. 339802	SIZE 5 ml	VEGAN GF
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Peace & Calming® creates a soothing and relaxing atmosphere when diffused, added to a bath or used during meditation and yoga. When applied topically, Peace & Calming may improve the appearance of skin and support a healthy-looking glow.

### HOW TO USE | 🌀 🔄 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Tangerine, Ylang Ylang, Blue Tansy, Orange, Patchouli



## PEACE & CALMING II

ITEM NO. 532702	SIZE 5 ml	VEGAN GF
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Peace & Calming II® creates a relaxing and pleasant aroma when inhaled or diffused. Dilute and apply topically to moisturise and beautify the appearance of skin.

### HOW TO USE | 🌀 🔄 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

**INGREDIENTS** | Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, Northern Lights Black Spruce



## PRESENT TIME

ITEM NO.	SIZE	VEGAN
339602	5 ml	GF

Present Time™ helps you focus on the here and now, so you can release the past in order to move forward. This grounding blend can bring alignment back to the mind and body during times of uncertainty.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sweet Almond Oil, Neroli, Black Spruce, Ylang Ylang



## PROGESSENCE PHYTO PLUS

ITEM NO.	SIZE	VEGAN
458102	15 ml	GF

Progescence Phyto Plus™ features Sacred Frankincense, Peppermint and other essential oils that help women find the balance that nature intended. This blend also enhances moisture and soothes the skin.

### HOW TO USE | 💧 ☀️

Apply 2-4 drops daily on the neck area. For added effect, apply 1-2 drops along forearms twice daily.

INGREDIENTS | Copaiba, Wild Yam, Frankincense, Cedarwood, Bergamot, Peppermint, Clove, Chaste Tree



## PURIFICATION

ITEM NO.	SIZE	VEGAN
339902	15 ml	GF

The refreshing scent of Purification® instantly deodorises and neutralises bad smells in the air. Apply topically to enjoy the outdoors annoyance free or diffuse this uplifting blend to cleanse negative emotions and vibrations.

### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Lemongrass, Rosemary, Tea Tree, Myrtle, Citronella, Lavandin



## R.C.

ITEM NO.	ITEM NO.	VEGAN
340902	340502	GF
SIZE	SIZE	
5 ml	15 ml	

R.C.™ is a refreshing blend containing 3 types of eucalyptus essential oil. Dilute R.C. with V-6™ Enhanced Vegetable Oil Complex to create a spa-like atmosphere during massage. It can also be used in place of Aroma Siez™ in the Raindrop Technique®.

### HOW TO USE | ☁️ 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Citriodora, Myrtle, Black Spruce, Cypress, Peppermint, Pine, Lavender, Marjoram



## RAVEN

ITEM NO.	SIZE	VEGAN
340202	15 ml	GF

Raven™ is a cleansing blend of Ravintsara, Peppermint, Eucalyptus Radiata and other essential oils. Dilute and apply Raven to the chest and throat for a cooling sensation.

### HOW TO USE | ☁️ 🔄 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Ravintsara, Peppermint, Eucalyptus Radiata, Wintergreen, Lemon



## RELEASE

ITEM NO.	SIZE	VEGAN
340802	15 ml	GF

Release™ is a blend with a relaxing aroma that facilitates the ability to let go of negative emotions such as anger and frustration. When diffused, it promotes harmony and balance.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Ylang Ylang, Olive Oil, Lavandin, Geranium, Royal Hawaiian™ Sandalwood, Blue Tansy, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



## RELIEVE IT

ITEM NO.	SIZE	VEGAN
341102	15 ml	GF

Relieve It™ is a comforting balance of pure Black Spruce, Black Pepper and other essential oils and combines their soothing properties into one useful blend.

### HOW TO USE | ☁️ 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Northern Lights Black Spruce, Black Pepper, Hyssop, Peppermint



## RUTAVALA

ITEM NO.	SIZE	VEGAN
341902	5 ml	GF

RutaVala™ is a calming blend of Ruta, Valerian and Lavender that relieves everyday stress, soothes tension and promotes relaxation of the body and mind.

### HOW TO USE | ☁️ 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Ruta, Valerian, Lavender



## SACRED MOUNTAIN

ITEM NO.	ITEM NO.	VEGAN GF
341602	341402	
SIZE	SIZE	
5 ml	15 ml	

Sacred Mountain™ is a blend of Ylang Ylang and conifer essential oils that evoke the sense of sanctity found in nature. When diffused, this blend promotes feelings of strength, empowerment, grounding and protection.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Ylang Ylang, Northern Lights Black Spruce, Idaho Balsam Fir, Cedarwood



## SCLARENSENCE

ITEM NO.	SIZE	VEGAN GF
341802	15 ml	

SclarEssence™ contains the balancing properties of Fennel and Clary Sage, soothing Peppermint and calming Spanish Sage. This blend is comforting and relaxing and may help encourage emotional and physical balance.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Clary Sage, Fennel, Spanish Sage, Peppermint



## SENSATION

ITEM NO.	SIZE	VEGAN GF
342002	5 ml	

Sensation™ combines pure Ylang Ylang, Coriander and other essential oils to strengthen feelings of self-love and to inspire romance and affection.

### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Ylang Ylang, Jasmine, Geranium, Bergamot, Coriander



## SLIQUE ESSENCE

ITEM NO.	SIZE	VEGAN GF
458602	15 ml	

Slique™ Essence combines powerful citrus essential oils, naturally sweetened with Stevia Extract, in a unique blend that supports healthy goals, especially when used in conjunction with other Slique™ products.\*

### HOW TO USE | ☁️ 💧 ☀️ 🌿

Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique Tea®.

INGREDIENTS | Grapefruit, Tangerine, Lemon, Spearmint, Ocotea, Stevia Extract. The Stevia extract in this formula may impede diffuser performance.



## SARA

ITEM NO.	SIZE	VEGAN GF
341702	5 ml	

SARA™ is a blend of Geranium, Ylang Ylang, Rose, Blue Tansy and other essential oils and was designed to be a soothing scent during difficult or emotional times.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Sweet Almond Oil, Ylang Ylang, Geranium, Lavender, Orange, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea, Blue Tansy, Cedarwood, White Lotus



## SEEDLINGS CALM

ITEM NO.	SIZE	VEGAN GF
26025	5 ml	

Dreamland is only a few drops away with Seedlings™ Calm™ essential oil blend. Lavender, Coriander, Bergamot, Ylang Ylang and Geranium come together to create a soothing, warm and welcoming environment for the whole family.

### HOW TO USE | ☁️

Diffuse to help your little one relax when it's time to settle down for the night.

INGREDIENTS | Lavender, Coconut Oil, Coriander, Bergamot, Ylang Ylang, Geranium



## SHUTRAN

ITEM NO.	SIZE	VEGAN GF
483502	15 ml	

An empowering essential oil blend specially formulated with a scent for men to boost feelings of masculinity and confidence. Shutran™ is perfect for use as a cologne that appeals to both men and women.

### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Idaho Blue Spruce, Ylang Ylang, Ocotea, Hinoki, Davana, Cedarwood, Lavender, Coriander, Lemon, Northern Lights Black Spruce



## STRESS AWAY

ITEM NO.	SIZE	VEGAN GF
463002	15 ml	

Stress Away™ is the first product to contain the unique combination of pure Lime and Vanilla therapeutic-grade essential oils. With an aroma that is the perfect blend of tropical and citrus, Stress Away is uniquely relaxing and comforting.

### HOW TO USE | ☁️ 🌿 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender



## SURRENDER

ITEM NO.	SIZE	VEGAN
342402	5 ml	GF

Surrender™ is a blend of Lavender, Black Spruce, Roman Chamomile and other essential oils that provide aromas to help cast off inhibitions that may be controlling your life or limiting your potential.

HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Lavender, Northern Lights Black Spruce, Mountain Savory, Lemon, Angelica, Roman Chamomile, German Chamomile



## THIEVES

ITEM NO.	SIZE	VEGAN
342302	15 ml	GF

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves. With an irresistibly spicy scent and exceptional cleaning power, Thieves is a core ingredient in our home cleaning and personal care products.

HOW TO USE | ☁️ ☀️

Diffuse or directly inhale.

INGREDIENTS | Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata



## 3 WISE MEN

ITEM NO.	SIZE	VEGAN
342602	15 ml	GF

The 3 Wise Men™ blend contains Sandalwood, Frankincense, Myrrh and other essential oils chosen to promote feelings of reverence, receptivity and spiritual awareness.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sweet Almond Oil, Royal Hawaiian™ Sandalwood, Juniper, Frankincense, Northern Lights Black Spruce, Myrrh



## TRANSFORMATION

ITEM NO.	SIZE	VEGAN
306002	15 ml	GF

Containing powerful essential oils such as Idaho Blue Spruce, Palo Santo and Ocotea. Transformation™ empowers you to transform a negative mindset into an uplifting positive attitude.

HOW TO USE | ☁️ 🔄 ☀️

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Lemon, Sacred Frankincense, Sandalwood, Peppermint, Cardamom, Clary Sage, Idaho Blue Spruce, Palo Santo, Ocotea



## TRAUMA LIFE

ITEM NO.	SIZE	VEGAN
635002	5 ml	GF

Trauma Life™ is a natural blend of pure Sandalwood, Helichrysum, Rose and other essential oils and is designed to offer support during difficult emotional exploration.

HOW TO USE | ☁️ 🔄

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS | Frankincense, Davana, Citrus Hystrix, Royal Hawaiian™ Sandalwood, Northern Lights Black Spruce, Rose, Valerian, Geranium, Lavender, Helichrysum



## VALOR

ITEM NO.	SIZE	VEGAN
343002	5 ml	GF

Valor® essential oil blend is a top seller and was one of Young Living founder D. Gary Young's favourite blends. Apply to wrists, chest, base of neck and bottoms of feet to feel empowered and uplifted.

HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically.

INGREDIENTS | Northern Lights Black Spruce, Camphor wood oil, Blue Tansy, Frankincense, Geranium, Coconut Oil



## WHITE ANGELICA

ITEM NO.	SIZE	VEGAN
342802	5 ml	GF

Containing pure Melissa and Bergamot essential oils, White Angelica™ promotes feelings of protection and security when diffused and can be used to guard against negative energy.

HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically.

INGREDIENTS | Sweet Almond Oil, Bergamot, Melissa, Geranium, Ylang Ylang, Rose, Myrrh, Northern Lights Black Spruce, Sacred Sandalwood, Hyssop



# EVERYDAY OILS

*for anytime.*



**7 AM** LEMON  
Essential Oil   

Add a drop of Lemon to your morning beverage for a refreshing start to your day! Lemon is also a great source of d-limonene, a powerful antioxidant!



**8 AM** JOY  
Essential Oil Blend   

Apply Joy™ to wrists and heart. When worn as a fragrance it invites togetherness, happiness and confidence.



**9 AM** THIEVES  
Essential Oil Blend  

Diffuse Thieves® to freshen the atmosphere and clear the senses, ready for the day ahead!



**10 AM** PEPPERMINT  
Essential Oil  

Get through to lunch with the energising aroma of Peppermint. Add a drop to your NingXia Red® for a cool twist!



**1 PM** STRESS AWAY  
Essential Oil Blend  

Apply several drops of Stress Away™ to your wrists or temples to lighten your mood as you push through afternoon tasks.



**3 PM** FRANKINCENSE  
Essential Oil  

Focus your concentration with Frankincense and finish off that to-do list!



**5 PM** PURIFICATION  
Essential Oil Blend  

Refresh your mind at the end of a long day by diffusing Purification®!



**6 PM** PANAWAY  
Essential Oil Blend  

With the soothing touch of Wintergreen, Clove and other essential oils, PanAway® is a great way to wind down after a hard day's work.



**9 PM** TEA TREE  
Essential Oil  

Worn out at the end of the day? So is your skin. Use Tea Tree to cleanse and refresh and your skin will thank you.



**10 PM** LAVENDER  
Essential Oil  

When you're finally ready to call it a night, let the calming scent of Lavender help you get a peaceful night's rest.

# CULINARY ESSENTIAL OILS

Many of our essential oils also belong in your pantry! Our line of approved culinary essential oils is your go-to for fresh, concentrated flavour in both sweet and savoury recipes. Discover wellness - for food, for family, for life!



 **PHOTOSENSITIVITY:** Avoid direct sunlight and UV rays for at least 12 hours after application to skin.

 **TOPICAL:** Apply directly to skin. Dilution may be required for sensitive skin. See label for use.

 **DILUTE:** Topical dilution required. See label for use.

 **AROMATIC:** Inhale directly or use in a Young Living diffuser.

 **FLAVOURING:** Add 1 - 2 drops to a beverage or food of choice.



## BASIL

*Fresh & herbaceous*

ITEM NO.	SIZE	VEGAN
350002	15 ml	GF

This herb is found in a variety of dishes and is popular in both Asian and European cooking. Basil pairs well with savoury foods, but you can add its sweet, slightly peppery flavour to any meal - try with sauces, breads, soups, chicken or seafood.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## BERGAMOT

*Light & citrusy*

ITEM NO.	SIZE	VEGAN
350302	15 ml	GF

Bergamot's complex citrus taste makes it the perfect addition to many summer dishes and can be used to liven up sugarless baked goods. Bergamot's taste is somewhere between a sour orange and a lemon, making it a distinctive, zesty addition to seafood recipes.

HOW TO USE | ☁️ 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## BLACK PEPPER

*Rich & spicy*

ITEM NO.	SIZE	VEGAN
361102	5 ml	GF

Black Pepper is the most common and potent flavouring of the peppercorn family. Use this essential oil in marinades and rubs for meat and fish or add to roasted vegetables or homemade salad dressings. Black Pepper also works well in guacamole as a quick way to spice up Mexican favourites.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CARDAMOM

*Warm & spicy*

ITEM NO.	SIZE	VEGAN
308002	5 ml	GF

A must-have for every kitchen, Cardamom has a rich taste and is a popular spice. Try adding it to your favourite dishes to accentuate sweet and savoury flavours. Alternatively, add 1-2 drops to your favourite smoothie, green juice or tea for a unique taste experience.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CARROT SEED

*Earthy & herbaceous*

ITEM NO.	SIZE	VEGAN
308102	5 ml	GF

Carrot Seed has a mildly sweet aroma with earthy, herbaceous notes. Try adding a drop to roasted vegetables for a hit of earthy flavour or use a few drops in salad dressing to infuse fresh greens. Carrot Seed can also add a new dimension of flavour to quinoa or wild rice.

HOW TO USE | ☁️ 💧 ✂️

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## CELERY SEED

*Earthy & grassy*

ITEM NO.	SIZE	VEGAN
308202	15 ml	GF

Commonly described as earthy and grassy, Celery Seed brings a pleasant aroma and taste to many dishes. Try Celery Seed with coleslaw and salad dressings for a unique taste or add 1-2 drops to the cooking water for rice and serve with baked poultry.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CILANTRO

*Fresh & earthy*

ITEM NO.	SIZE	VEGAN
26975	5 ml	GF

Cilantro has a fresh, pungent and earthy flavour that elevates popular dishes from around the world. Trying adding Cilantro to your favourite salsa or guacamole recipe or to soups, curries, sauces and marinades for a delicious flavour boost.

HOW TO USE | ☁️ 🕒 ✂️

Diffuse, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CINNAMON BARK

*Hot & spicy*

ITEM NO.	SIZE	VEGAN
351502	5 ml	GF

Cinnamon Bark features a concentrated and potent flavour that complements a variety of classic culinary treats. Add this spice to bring a warm taste sensation to your favourite dishes or turn your NingXia Red® shot into a 'Hot Shot' by adding a drop or two.

HOW TO USE | ☁️ ☀️ ✂️

Diffuse, directly inhale or add 1-2 drops to a beverage or food of choice.



## CITRUS FRESH

*Strong & citrusy*

ITEM NO.	SIZE	VEGAN GF
331802	15 ml	

Try adding Citrus Fresh™ to your recipes for a zesty and refreshing burst of flavour! Keep hydrated by infusing your water with 2-3 drops or add 1-2 drops to fruit and vegetable juices or NingXia Red® for a quick intake of nutrients and flavour.

**INGREDIENTS** | Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## CORIANDER

*Sweet, nutty & a little spicy*

ITEM NO.	SIZE	VEGAN GF
352702	5 ml	

Add this herb to Chinese soups, Indian masalas and Mexican salsas to enjoy its versatile taste. Alternatively, mix Coriander with your favourite dressings and marinades to add a fresh layer of seasoning.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## DILL

*Warm, aromatic & slightly bitter*

ITEM NO.	SIZE	VEGAN GF
353602	5 ml	

Dill provides a fresh, pungent taste to replace fresh or dried dill in dressings and dips. This essential oil pairs beautifully with Lemon as an appetising ingredient for soups and stews. Dill is a key element in many traditional Russian, European, Mediterranean, Asian and Scandinavian dishes.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## FENNEL

*Sweet & spicy*

ITEM NO.	SIZE	VEGAN GF
354202	15 ml	

Featuring a flavour reminiscent of black licorice, Fennel can give your soups and dips added complexity. Try adding 1-2 drops to your desired beverage, such as a cup of tea or warm water after meals, to enjoy its unique licorice taste.

**HOW TO USE** |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## FRANKINCENSE

*Aromatic & sharp*

ITEM NO.	ITEM NO.	VEGAN GF
354902	354802	
SIZE	SIZE	
5 ml	15 ml	

Known for its unmistakably complex, sweet and woody flavour and aroma. Try adding Frankincense to water, juice or even your daily shot of NingXia Red®.

**HOW TO USE** |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GERANIUM

*Sweet, floral & earthy*

ITEM NO.	SIZE	VEGAN GF
355402	15 ml	

Add the floral and earthy taste of Geranium essential oil to sweeten dishes and drinks such as desserts, cakes, jellies and teas.

**HOW TO USE** |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GERMAN CHAMOMILE

*Sweet & fruity*

ITEM NO.	SIZE	VEGAN GF
308602	5 ml	

Known for its sweet, apple-like flavour profile, German Chamomile will quickly become an indispensable part of your evening relaxation routine. Add 1-2 drops to a smoothie, shake or salad for a sweet, slightly fruity aroma or place a few drops in water or tea.

**HOW TO USE** |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## GINGER

*Warm & spicy*

ITEM NO.	SIZE	VEGAN GF
355702	5 ml	

Ginger adds an exotic zing of intense, spicy flavour to dishes, particularly stir-fries. Alternatively, try adding a drop of Ginger to your tea for a nice, soothing hot drink or a few drops with your marinades and salad dressings to add a warm, spicy note.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## GRAPEFRUIT

*Sour & tangy*

ITEM NO.	SIZE	VEGAN
356002	15 ml	GF

Grapefruit is known for its invigorating citrus scent and delicious, tangy taste. Blend Grapefruit with NingXia Red® for an added boost of wolfberry goodness or add to desserts, marinades, salad dressings or cold water for a refreshing drink.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## JADE LEMON

*Uniquely lemon-lime*

ITEM NO.	SIZE	VEGAN
468502	5 ml	GF

Jade Lemon features a unique lemon-lime taste that is wonderfully bright and invigorates the senses. For a twist of fun, combine Jade Lemon with a frozen yoghurt treat or add to NingXia Red® for the perfect beverage infusion.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LAURUS NOBILIS

*Spicy & aromatic*

ITEM NO.	SIZE	VEGAN
357402	5 ml	GF

Laurus Nobilis is distilled from the common bay leaf. Its flavour is known as a ubiquitous addition to many hearty stew and soup recipes.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LAVENDER

*Aromatic & earthy*

ITEM NO.	SIZE	VEGAN
357502	15 ml	GF

Make homemade fruit jams infused with the sweet, slightly floral flavour of Lavender. Lavender also complements dairy in shortbread, pound cake, ice cream, meringue or whipped cream recipes and works well in savoury dishes with herbs such as thyme, rosemary and oregano.

HOW TO USE |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## LEMON

*Citrusy, sweet & sour*

ITEM NO.	SIZE	VEGAN
357802	15 ml	GF

Use Lemon to add flavour to savoury foods like fish and chicken or sweet foods like pastries, cakes and baked goods. Add Lemon to a tall glass of cold water or tea for a fresh drink or try 1 drop in vanilla yoghurt and top with fresh berries to start your day.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LEMONGRASS

*Aromatic & light with spice*

ITEM NO.	SIZE	VEGAN
358102	15 ml	GF

The delicate citrus tang of Lemongrass complements many dishes - especially Asian recipes - and can be easily incorporated into your seasonings. Add a couple of drops to a glass of water or a hot cup of tea for a unique taste.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LEMON MYRTLE

*Sweet & sour*

ITEM NO.	SIZE	VEGAN
307902	5 ml	GF

Used sparingly as a seasoning for chips and roast vegetables, Lemon Myrtle is versatile and refreshing. The sweet and sour taste complements many culinary delights, from fish and chicken to ice cream or sorbet.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## LIME

*Light & citrusy*

ITEM NO.	SIZE	VEGAN
307402	15 ml	GF

Lime is prized for the ability to bring a unique citrus flavour and delicious zing to any recipe. Combine Lime with olive oil to use as a marinade for meat and vegetables or add to stir fries for a greater depth of flavour. Alternatively, add a few drops of Lime to berry dishes to complement their natural sweetness.

HOW TO USE |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## MARJORAM

*Woody & spicy*

ITEM NO.	SIZE	VEGAN
358402	15 ml	GF

Marjoram is found in many savoury dishes, especially in Italian cuisine. It has a similar flavour profile to oregano and complements foods like fish and vegetables. Try infusing extra virgin olive oil with a drop of Marjoram to make flavourful salad dressings, marinades and bread dips.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## NUTMEG

*Warm & spicy*

ITEM NO.	SIZE	VEGAN
359902	5 ml	GF

This pungent spice offers a warm, sweet and distinctly spicy taste and aroma. Nutmeg can be used to enhance the flavour of winter produce like sweet potatoes and pumpkin and works well in savoury meat-based dishes to subtly enhance and round out the flavour.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## OCOTEA

*Earthy & aromatic*

ITEM NO.	SIZE	VEGAN
355602	5 ml	GF

Also known as 'false cinnamon', Ocotea can be used in many recipes - try adding 3-4 drops to apple pies or spice cakes. If steaming your vegetables, add a few drops of Ocotea to add an earthy and aromatic taste.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## ORANGE

*Citrusy & light*

ITEM NO.	SIZE	VEGAN
360202	15 ml	GF

Orange has a zesty, refreshing flavour and contains the naturally occurring constituent limonene - try using it in baked goods to contrast sweetness. Orange combines well with other fruity flavours, making it the perfect addition to smoothies, water, NingXia Red® and other drinks.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## OREGANO

*Strong & herbaceous*

ITEM NO.	SIZE	VEGAN
360502	15 ml	GF

Oregano's distinctive, pungent taste makes it an indispensable addition to Mediterranean and Mexican cuisines. However, it can be used in a variety of other recipes, particularly within savoury dishes.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## PARSLEY

*Light, herbaceous & aromatic*

ITEM NO.	SIZE	VEGAN
26331	5 ml	GF

One of the most versatile cooking herbs, Parsley offers a light, fresh flavour. Use as a seasoning to balance and brighten seafood, poultry, meat and eggs, as well as rice, pasta and vegetable dishes.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## PEPPERMINT

*Cooling & slightly spicy*

ITEM NO.	SIZE	VEGAN
361402	15 ml	GF

Peppermint has a bright, cooling flavour. Blend with your pre-workout drink for an energising start or wind down after your workout with a mint-infused chocolate or vanilla protein shake. Peppermint also complements baking and can be used in a wide variety of desserts.

**HOW TO USE** |

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## ROSE

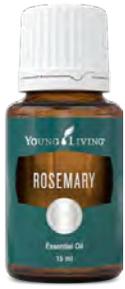
*Aromatic & earthy*

ITEM NO.	SIZE	VEGAN
362302	5 ml	GF

Rose features a slightly floral and exotic flavour that is perfect for adding to baked goods. Add a few drops to frosting, icing or as a filling in rich cakes - if the filling is strong, a cake flavoured with Rose will pair nicely because of its light and fresh aroma. Additionally, try adding Rose to salad dressings, jams or yoghurts.

**HOW TO USE** |

Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



## ROSEMARY

*Strong & woody*

ITEM NO.	SIZE	VEGAN
362602	15 ml	GF

Rosemary has a uniquely herbaceous taste, making it perfect for many savoury recipes. To add an authentic, fresh flavour, stir in a few drops of Rosemary to your pasta sauce, marinades and salad dressings. Alternatively, combine olive oil, balsamic vinegar and Rosemary for a bread dip.

### HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## SLIQUE ESSENCE

*Gentle & sweet*

ITEM NO.	SIZE	VEGAN
458602	15 ml	GF

Slique™ Essence is naturally sweetened with Stevia extract, with no added calories. Citrus essential oils add an uplifting element, while Ocotea adds a cinnamon-like aroma.

INGREDIENTS | Grapefruit, Tangerine, Lemon, Spearmint, Ocotea and Stevia Extract

### HOW TO USE | ☁️ 💧 ☀️ ✂️

Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique Tea.



## SPEARMINT

*Cooling & sweet*

ITEM NO.	SIZE	VEGAN
363802	5 ml	GF

With a distinctly sweeter, softer mint taste than Peppermint, Spearmint is perfect for infusing in water. Give meats and vegetables a minty note by including Spearmint in your marinades.

### HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TANGERINE

*Sweet & citrusy*

ITEM NO.	SIZE	VEGAN
364402	15 ml	GF

Add Tangerine to savoury dishes and desserts to introduce bright and complex citrus notes. For a deliciously tangy twist, add 1-2 drops of Tangerine to NingXia Zynq™ or try adding a few drops to your salad dressing for a wonderful citrus zing.

### HOW TO USE | ☁️ 🕒 ☀️ ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## TARRAGON

*Spicy with an undertone of anise*

ITEM NO.	SIZE	VEGAN
364702	5 ml	GF

Native to southern Europe, Tarragon features a distinctly strong, herbaceous taste. Add to seafood, poultry, eggs and vegetables to enjoy Tarragon's sophisticated, complementary flavour.

### HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



## THYME

*Spicy, warm & herbaceous*

ITEM NO.	SIZE	VEGAN
365002	15 ml	GF

Thyme has a rich, warm, herbaceous aroma and works well when included in pasta and poultry dishes. Try adding 1-2 drops of Thyme to your marinades to infuse meats, vegetables and dips with herby richness.

### HOW TO USE | ☁️ 🕒 ✂️

Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.

**CULINARY OILS  
with Chef Kate**

**YL CULINARY BRAND AMBASSADOR  
& CHEF TO THE STARS!**

Read more about Chef Kate on our ambassador page:  
[YoungLiving.com.au](http://YoungLiving.com.au) OR [YoungLiving.co.nz](http://YoungLiving.co.nz)  
> Company > Brand Ambassadors

Discover Chef Kate's recipes using YL culinary essential oils on our blog:  
[YoungLiving.com/blog/Australia](http://YoungLiving.com/blog/Australia) OR [YoungLiving.com/blog/New-Zealand](http://YoungLiving.com/blog/New-Zealand)

# ESSENTIAL OIL ROLL-ONS

The benefits of essential oils can be yours anytime, anywhere. These roll-ons are excellent and convenient travel companions that bring the pure essence of Young Living wherever you go!





## BREATHE AGAIN

ITEM NO. | SIZE | VEGAN  
3528525 | 10 ml | GF

Breathe Again™ Roll-On features four types of Eucalyptus essential oil to create a powerful, invigorating experience with a refreshing and rejuvenating aroma.

HOW TO USE | Apply generously to chest and neck as desired.

INGREDIENTS | Coconut Oil, Eucalyptus Staigeriana, Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Blue, Laurus Nobilis, Peppermint, Copaiba, Myrtle, Blue Cypress, Rosehip



## DEEP RELIEF

ITEM NO. | SIZE | VEGAN  
3534525 | 10 ml | GF

Blended with Peppermint essential oil, Deep Relief™ Roll-On creates a cooling sensation when applied topically. With a fresh aroma that is both invigorating and relaxing, this blend is perfect to keep in your gym bag to use after a workout.

HOW TO USE | Apply generously on temples, back of neck or tired muscles.

INGREDIENTS | Peppermint, Coconut Oil, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul



## PEACE & CALMING

ITEM NO. | SIZE | VEGAN  
26497 | 10 ml | GF

Keep calm and carry on! Peace & Calming® Roll-On is a lighthearted blend of sweet citrus scents with fresh, woody notes. Take advantage of its grounding and calming benefits all day long.

HOW TO USE | Apply generously to wrists, temples or neck as needed.

INGREDIENTS | Coconut Oil, Tangerine, Orange, Ylang Ylang, Patchouli, Blue Tansy



## RUTAVALA

ITEM NO. | SIZE | VEGAN  
4471525 | 10 ml | GF

RutaVaLa™ Roll-On utilizes a proprietary blend of Ruta, Valerian and Lavender essential oils. This combination creates a refreshing aroma that can enhance feelings of emotional balance and relaxation.

HOW TO USE | Apply generously to wrists, neck, temples or bottoms of your feet.

INGREDIENTS | Coconut Oil, Lavender, Valerian, Ruta



## STRESS AWAY

ITEM NO. | SIZE | VEGAN  
4472525 | 10 ml | GF

Stress Away™ Roll-On is a unique, light blend of Vanilla, Lime, Copaiba and other pure essential oils with a relaxing fragrance, created to combat normal stresses that creep into everyday life.

HOW TO USE | Apply generously to wrists, temples, neck or any desired area as needed.

INGREDIENTS | Coconut Oil, Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender



## TRANQUIL

ITEM NO. | SIZE | VEGAN  
3533525 | 10 ml | GF

Apply this comforting aroma for stress relief and relaxation. Tranquil™ Roll-On includes Lavender, Cedarwood and Roman Chamomile, which are known for their ability to induce tranquility.

HOW TO USE | Apply generously on wrists or back of neck as needed.

INGREDIENTS | Coconut Oil, Lavender, Cedarwood, Roman Chamomile



## VALOR

ITEM NO. | SIZE | VEGAN  
3529525 | 10 ml | GF

A truly unique blend of Black Spruce, Blue Tansy, Camphor Wood, Geranium and Frankincense, Valor® Roll-On has a woody, grounding aroma that can increase feelings of strength, courage and self-esteem.

HOW TO USE | Apply generously on wrists, neck or temples as needed.

INGREDIENTS | Coconut Oil, Northern Lights Black Spruce, Camphor wood oil, Blue Tansy, Frankincense, Geranium



# MASSAGE OILS

Aromatherapy meets massage in our specially crafted massage oils. Formulated and blended with quality in mind, these professional-grade products take the power of massage to a whole new level. Get ready to unwind and relax!



## CEL-LITE MAGIC MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303502 | 236 ml |

Cel-Lite Magic™ Massage Oil tones and nourishes the skin with pure vegetable oils, vitamin E and authentic essential oils. Grapefruit essential oil improves the appearance of skin texture, while Juniper essential oil helps cleanse.

**HOW TO USE** | Massage on locations where firming and toning are desired. Shake well before using.

**INGREDIENTS** | Coconut Oil, Grape Seed Oil, Grapefruit, Cedarwood, Clary Sage, Cypress, Juniper, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



## DRAGON TIME MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303402 | 236 ml |

Recommended for both young and mature women, Dragon Time™ Massage Oil is specifically blended with the calming and relaxing aromas of Lavender, Ylang Ylang, Jasmine and other uplifting essential oils.

**HOW TO USE** | Gently massage onto lower abdomen and lower back. Shake well before using.

**INGREDIENTS** | Coconut Oil, Grape Seed Oil, Lavender, Sage, Blue Yarrow, Fennel, Clary Sage, Ylang Ylang, Wheat Germ Oil, Sweet Almond Oil, Olive Oil, Jasmine



## ORTHO EASE MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303302 | 236 ml |

Ortho Ease® Massage Oil is a calming blend of vegetable oils and therapeutic-grade essential oils, including Wintergreen, Peppermint, Juniper and Marjoram.

**HOW TO USE** | Gently massage onto areas of body or muscles after exercise as desired. Shake well before using.

**INGREDIENTS** | Coconut Oil, Wintergreen, Grape Seed Oil, Peppermint, Juniper, Eucalyptus Globulus, Eucalyptus Radiata, Thyme, Lemongrass, Marjoram, Vetiver, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



## ORTHO SPORT MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303202 | 236 ml |

Ortho Sport® Massage Oil combines pure vegetable oils with therapeutic-grade essential oils such as Wintergreen, Peppermint, Thyme and Oregano.

**HOW TO USE** | Thoroughly massage onto areas of the body following exercise. Shake well before using.

**INGREDIENTS** | Coconut Oil, Grape Seed Oil, Wintergreen, Peppermint, Oregano, Eucalyptus Globulus, Elemi, Wheat Germ Oil, Vetiver, Lemongrass, Sweet Almond Oil, Thyme, Olive Oil



## RELAXATION MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303702 | 236 ml |

Relaxation™ Massage Oil combines specifically selected vegetable oils with the soothing essential oil scents of Lavender, Tangerine, Coriander and Spearmint for maximum relaxation.

**HOW TO USE** | Gently massage onto skin as needed. Shake well before using.

**INGREDIENTS** | Coconut Oil, Grape Seed Oil, Tangerine, Lavender, Spearmint, Ylang Ylang, Peppermint, Coriander, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil, Geranium



## SENSATION MASSAGE OIL

ITEM NO. | SIZE | VEGAN  
303602 | 236 ml |

Sensation™ Massage Oil inspires and encourages feelings of romance and youthfulness with the beautifully blended fragrances of Ylang Ylang, Jasmine, Geranium and other essential oils. This special blend leaves the skin feeling smooth and soft.

**HOW TO USE** | Gently massage onto skin as needed. Shake well before using.

**INGREDIENTS** | Coconut Oil, Grape Seed Oil, Ylang Ylang, Jasmine, Coriander, Geranium, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



# Getting to know V-6 CARRIER OIL

V-6™ Enhanced Vegetable Oil Complex is a multi-purpose carrier oil that moisturises and nourishes the skin. This carrier oil is perfect for mixing essential oils or blends, creating custom massage oils and diluting essential oils for sensitive skin.

## V-6 ENHANCED VEGETABLE OIL COMPLEX

ITEM NO.	SIZE	ITEM NO.	SIZE	VEGAN
303102	236 ml	303002	944 ml (Refill)	

V-6™ Enhanced Vegetable Oil Complex can be used to create custom massage oils or to dilute essential oils for sensitive skin.

**HOW TO USE** | *Direct application: blend 1 drop essential oil in 1-8 teaspoons V-6. Custom blend: mix 15-30 drops of essential oils to 1/8-1/4 cup V-6. Stronger essential oils (e.g. Clove, Oregano) require more dilution than gentler oils. Shake well before using.*

**INGREDIENTS** | Coconut Oil, Sesame Seed Oil, Grape Seed Oil, Sweet Almond Oil, Wheat Germ Oil, Sunflower Seed Oil, Olive Oil





## ESSENTIAL OIL COLLECTIONS

Let our expertly assembled collections guide you toward harmony and wellness. This selection of essential oils and blends makes it easy to choose the best Young Living products for your unique needs.



### AROMA COMPLETE

ITEM NO.  
310002

Aroma Complete™ contains 5 ml bottles of 120 different Young Living essential oil singles and blends and includes a YL branded backpack that fits up to 140 bottles. The collection does not contain Wellness Oils, Rose, Melissa and a few seasonal oils.<sup>1</sup>

WHAT'S INCLUDED | 120 x 5 ml oils + premium display case

HOW TO USE | See individual products.

<sup>1</sup>Because essential oils may vary according to season and availability, Young Living reserves the right to substitute essential oils of equal or greater value.



### ESSENTIAL 7

ITEM NO.  
312002

Used aromatically or applied topically, Young Living's Essential 7™ essential oils were specially chosen to calm, cleanse, energise, uplift, soothe and rejuvenate the mind and body.

WHAT'S INCLUDED | 7 x 5 ml essential oils (Lavender, Peppermint, Lemon, Joy™, PanAway™, Peace & Calming II™, Purification®)

HOW TO USE | See individual products.



### EVERYDAY OILS

ITEM NO.  
369502

The Everyday Oils™ collection is perfect for beginners as it contains ten of our most popular and versatile essential oils. This kit will become a useful part of your day, every day.

WHAT'S INCLUDED | 10 x 5 ml essential oils (Frankincense, Lavender, Lemon, Peppermint, Tea Tree, Joy™, PanAway®, Purification®, Stress Away™, Thieves®)

HOW TO USE | See individual products.



### FEELINGS KIT

ITEM NO.  
312502

The Feelings™ collection features a range of 6 essential oil blends that uplift and encourage emotional wellbeing and balance when diffused.

WHAT'S INCLUDED | 6 x 5 ml essential oils (Forgiveness™, Harmony™, Inner Child™, Present Time™, Release™, Valor™)

HOW TO USE | See individual products.



## OILS OF ANCIENT SCRIPTURE

ITEM NO.  
19345

The Oils of Ancient Scripture™ collection contains 10 oils from the most significant plants, botanicals, materials and resins mentioned in the Bible. This collection is designed to help you enjoy the beautiful aromas and intriguing histories of these precious, pure essential oils.

**WHAT'S INCLUDED** | 10 x 5 ml essential oils (Aloes (Sandalwood), Cassia, Cedarwood, Cypress, Frankincense, Hyssop, Myrrh, Myrtle, Onycha, Rose of Sharon (Cistus))

**HOW TO USE** | See individual products.



## RAINDROP TECHNIQUE

ITEM NO.  
313702

Incorporating health-based principles from Ancient Egyptian, Ancient Tibetan and Native American cultures, the Raindrop Technique® collection is a revolutionary way of marrying pure essential oils with the benefits of massage. The Raindrop Technique helps bring balance and harmony to the body and mind by combining targeted massage with distinctive energy approaches.

**WHAT'S INCLUDED** | 9 x 5 ml essential oils (Aroma Siez™, Basil, Cypress, Marjoram, Oregano, Peppermint, Thyme, Valor™, Wintergreen), 1 x Ortho Ease® Massage Oil, 1 x V-6™ Enhanced Vegetable Oil Complex, 1 x Raindrop Technique® booklet

**HOW TO USE** | See Raindrop Technique booklet (enclosed) and individual products.



## WELLNESS COLLECTION

ITEM NO.  
36669

This travel-sized, beautiful and versatile Wellness Case holds twelve Wellness Essential Oils plus four additional spaces to add your own favourite oils. Also included is a handy Wellness Information Guide. No matter where you are, these Wellness Essential Oils are perfectly selected to bring comfort and relief whenever you need it most!

**WHAT'S INCLUDED** | 1 x Wellness Case (vegan leather), 12 x 5 ml Wellness essential oils (Bergamot, Cedarwood, Clary Sage, Frankincense, Ginger, Lavender, Lemon, Lemongrass, Orange, Peppermint, Tea Tree, Ylang Ylang), 1 x Wellness Information Guide

**HOW TO USE** | See individual products.

\*Wellness Collection not available in New Zealand.



# ESSENTIAL OIL DIFFUSERS

Transform your home, office or personal space into your very own aromatherapy oasis! Integrate essential oils into any part of your life with our elegantly designed diffusers and create a spa-like experience anywhere you go - even on the road!



**FREE**  
Lemon & Lavender  
5 ml essential  
oils with diffuser  
purchase!

## ARIA ULTRASONIC DIFFUSER

ITEM NO.	ITEM NO.	ITEM NO.
452402 Diffuser	4540 Replacement Glass Dome	4541 Replacement Remote

The Aria™ diffuser combines the latest in ultrasonic technology with useful features such as a remote control, music auxiliary port, soothing built-in sounds and multicoloured LED lights. Inside the Aria is a small ultrasonic plate that vibrates over a million times per second, dispersing the water and essential oil into the air.

**HOW TO USE** | Fill well with water and add 15-20 drops of desired essential oil. See instruction booklet for complete usage details.

Medium Room (approx. 40 m <sup>2</sup> )	21.5 x 21.5 x 15.5 cm	260 ml
12 hours max.	Ultrasonic	2.3 kg



## CAR VENT DIFFUSERS

ITEM NO.	ITEM NO.	ITEM NO.
25200 Grey	25190 Rose Gold	25111 Replacement Pads 10 pk

Available in Silver or Rose Gold, Young Living's Car Vent Diffuser is designed with your commuting needs in mind. Without the fuss of batteries or cables, this diffuser lets your air vent do the work! Add a few drops of oil to the cotton pads and you'll be cruising with your favourite aroma in no time!

**HOW TO USE** | Put 6-8 drops of essential oil on the cotton pad and open the diffuser using the notch opposite the hinge. Place the pad inside the diffuser, oil side down, then close the diffuser. Pull out the back clip to rotate the YL logo until oriented to your vent. Clip onto your vent and turn on the fan to diffuse the aroma.

Average Car (approx. 15 m <sup>2</sup> )	3.5 x 3.5 x 3.8 cm	6-8 drops
Variable	Air flow	0.028 kg



**FREE**  
Thieves® 15 ml  
essential oils  
with diffuser  
purchase!

## AROMALUX ATOMISING DIFFUSER

ITEM NO.	ITEM NO.
469502 Diffuser	469402 Replacement Atomiser Top

The AromaLux™ Atomising Diffuser is the most powerful way to create a beneficial environment with essential oils. Designed by D. Gary Young and available exclusively through Young Living, the AromaLux incorporates proprietary design principles, technology and features to simplify and enhance the aromatic experience.

**HOW TO USE** | Attach a 5 ml or 15 ml bottle of essential oil to the atomiser top and turn dials to desired setting. See instruction booklet for complete usage details.

Very Large Room (approx. 65 m <sup>2</sup> )	13 x 13 x 14.7 cm	15 ml / 5 ml bottle of essential oil
10 hours max.	Atomising	0.345 kg



**FREE**  
Lemon & Lavender  
5 ml essential  
oils with diffuser  
purchase!

## DESERT MIST ULTRASONIC DIFFUSER

ITEM NO.
21693

With its Moroccan-inspired design and soft glow, the Desert Mist™ Ultrasonic Diffuser is an elegant addition to your home décor. Featuring remarkably long run times and a full spectrum of lighting options, the Desert Mist Diffuser will look great in any room!

**HOW TO USE** | See instruction booklet for complete usage directions.

Medium Room (approx. 30 m <sup>2</sup> )	14.5 x 14.5 x 21.6 cm	200 ml
10 hours max.	Ultrasonic	0.36 kg

\* Free oils are not available with Starter Bundle purchases.

These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.



**FREE**  
Lemon & Lavender  
5 ml essential  
oils with diffuser  
purchase!

## DEWDROP ULTRASONIC DIFFUSER

ITEM NO.  
533002

The Dewdrop™ Diffuser functions as a humidifier, atomiser and aroma diffuser in one simple-to-use product. Custom designed with up to ten hours of diffusion, automatic shut-off, and 11 LED light options, this diffuser can make any space feel like a spa.

**HOW TO USE** | Fill well with room-temp tap water, add 8-12 drops of desired essential oil and turn on the diffuser. See instruction booklet for complete usage details.

- Medium Room (approx. 30 m<sup>2</sup>)
- 13.5 x 13.5 x 19 cm
- 180 ml
- 10 hours max.
- Ultrasonic
- 0.44 kg



**FREE**  
Lemon & Lavender  
5 ml essential  
oils with diffuser  
purchase!

## LANTERN ULTRASONIC DIFFUSER

ITEM NO.  
23719

Enjoy your favourite essential oils with the Lantern Diffuser's top-of-the-line ultrasonic technology and elegant, classic lantern design. Fashioned from metal and glass, this diffuser features remarkably long run times, 3 different diffuser settings and 11 unique lighting options.

**HOW TO USE** | Fill with room-temp. tap water, add 8-10 drops of essential oil and turn on the diffuser. See instruction booklet for complete usage details.

- Medium Room (approx. 30 m<sup>2</sup>)
- 13.9 x 13.9 x 24.3 cm
- 200 ml
- 10 hours max.
- Ultrasonic
- 0.77 kg



**FREE**  
Lavender 5 ml  
essential oil  
with diffuser  
purchase!

## KIDSCENTS FEATHER THE OWL DIFFUSER

ITEM NO.  
27009

Our adorable forest friend is ready to help transform bedrooms, playrooms and nurseries into energising creative spaces and dreamy slumberlands. This easy-to-use ultrasonic diffuser includes a humidifier, 10 LED lights options, white-noise sounds and touch sensitive power - owl in one!

**HOW TO USE** | See instruction booklet for complete usage directions.

- Medium Room (approx. 30 m<sup>2</sup>)
- 13.6 x 13.3 x 15.1 cm
- 165 ml
- 10 hours max.
- Ultrasonic
- 0.44 kg



**TRACY AVIARY**  
and BOTANICAL GARDEN at Liberty Park

A portion of all proceeds from our Feather the Owl Diffuser sales will go to support the Tracy Aviary, a USA based, non-profit organisation dedicated to using research, outreach and action to protect birds and their habitats.

[TracyAviary.org](http://TracyAviary.org)

\* Free oils are not available with Starter Bundle purchases.



**FREE**  
Lemon & Lavender  
5 ml essential  
oils with diffuser  
purchase!



## RAINSTONE ULTRASONIC DIFFUSER

ITEM NO.  
533102

Young Living's Rainstone™ Ultrasonic Diffuser combines state-of-the-art ultrasonic technology with traditional Chinese ceramic craftsmanship, it includes up to eight hours of diffusion with automatic shutoff, five soft LED light settings, a negative ioniser and a remote control.

**HOW TO USE** | Fill with room-temp. tap water, add 8-10 drops of essential oil and turn on the diffuser. See instruction booklet for complete usage details.

- Medium Room (approx. 30 m<sup>2</sup>)
- 12.8 x 12.8 x 17 cm
- 200 ml (+/- 10 ml)
- 8 hours max.
- Ultrasonic
- 2.2 kg

## USB DIFFUSER

ITEM NO. | ITEM NO.  
5223 Black | 5226 Purple

Diffuse your favourite essential oils wherever you go with Young Living's USB Diffuser. Plug it into your laptop or use it in your car or when you travel. It's mobile, compact and silent, with 10-second, 30-second or 60-second diffusion interval settings.

**HOW TO USE** | Fill essential oil cartridge, insert into USB Diffuser and plug diffuser into a USB port. See instruction booklet for complete usage details.

- Close Area (approx. 14 m<sup>2</sup>)
- 8.5 x 2 x 1.5 cm
- 1 ml
- 20 hours max.
- Atomising
- 0.142 kg



NEW!

**FREE**  
Citrus Fresh &  
Peppermint 5 ml  
essential oils with  
diffuser  
purchase!



NEW!

**FREE**  
Citrus Fresh &  
Peppermint 5 ml  
essential oils with  
diffuser  
purchase!

## LUSTRE ARTISAN DIFFUSER

ITEM NO.  
32681

Each Lustre and Lucia Artisan Diffuser comes from the south of China along the Pearl River Delta. Handcrafted by a master glassblower trained for years in the art of glasswork, making each diffuser a unique work of art. These gorgeous diffusers have 3 different timer options, with intermittent diffusion and 8 LED light options.

**HOW TO USE** | Fill with water and add 5-8 drops of essential oil, select diffusion and light modes. See instruction booklet for complete usage details.

- Medium Room (approx. 35 m<sup>2</sup>)
- 25 x 16.5 cm
- 130 ml
- 12 hours max.
- Ultrasonic
- 1.44 kg

## LUCIA ARTISAN DIFFUSER

ITEM NO.  
32629

**HOW TO USE** | Fill with water and add 5-8 drops of essential oil, select diffusion and light modes. See instruction booklet for complete usage details.

- Medium Room (approx. 35 m<sup>2</sup>)
- 22 x 13 cm
- 90 ml
- 8 hours max.
- Ultrasonic
- 0.59 kg

\* Free oils are not available with Starter Bundle purchases.

These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.



## ESSENTIAL OIL ACCESSORIES

Bring your essential oils experience into all areas of your life. Including everything from durable carrying cases to colour-coded bottle labels, our accessories make it easy to keep your precious essential oils organised.

For more accessories and tools, visit [YoungLivingGear.com.au](http://YoungLivingGear.com.au)

### AROMAGLIDE ROLLER BALL FITMENTS

ITEM NO.  
4578

Transform your favourite Young Living essential oils into easy-to-use roll-on bottles! Each fitment is customised to fit any 5 ml or 15 ml bottle with an "Sb" marking on the bottom.

*Includes 10 x Aroma Glide fitments and caps*



### BLENDER BOTTLE

ITEM NO.  
4609 Green (400 ml)

Shake up your Balance Complete™ or Pure Protein™ shake in style! With a metal whisk ball included with every Blender Bottle, you can rest assured your shake will be thoroughly mixed and silky smooth.



### ESSENTIAL OIL APRON

ITEM NO.  
22899

Complete your look in the kitchen with a beautiful Young Living purple apron with a lavender design. Featuring seven perfectly sized pockets to hold your culinary essential oils.



### ESSENTIAL OIL BOTTLE ORGANIZER

ITEM NO.  
576502



This one-of-a-kind essential oil display system allows you to arrange your oils for easy identification and storage. Its two trays can hold 22 oils and can be configured into a two-tiered standing display rack. Crafted from cardboard and printed with a faux-marble texture, this display system is cost effective and easy to construct.



## ESSENTIAL OILS CASE - LARGE

ITEM NO. 497502 Purple | ITEM NO. 491802 Black

This stylish bag is a great way to showcase your essential oils. It comprises of three separate compartments, a zip pocket to hold CDs or DVDs, the capacity to hold up to 20 x 15 ml oils and 5 roll-ons, plus enough room for other assorted products.



## ESSENTIAL OILS CASE - SMALL

ITEM NO. 969502 Purple | ITEM NO. 459302 Black

This padded bag is perfect for transporting essential oils during travel and fits perfectly into your handbag, gym bag or small suitcase. It has the capacity to hold 12 x 5ml or 15ml essential oils and up to 6 roll-ons.



## ESSENTIAL OIL SAMPLE BOTTLES

ITEM NO. 3194

Essential Oil Sampler Bottles are a convenient, simple way to pass out essential oil samples to friends, family and prospective customers and members. All 25 bottles have a 2 ml capacity and come with lids and drop reducers.

*Includes 25 x Sample Bottles, 2 ml each.*



## GLASS OIL DROPPERS

ITEM NO. 3810

Glass Oil Droppers are a convenient way to get just the right amount of essential oil. They also come in handy if you want to remove any excess oil from your empty bottles before recycling.

*Includes 6 x Glass Oil Droppers*



## OIL BOTTLE CAP LABELS

ITEM NO. 3939

These colour-coded labels fit perfectly on any 15 ml or 5 ml essential oil bottle cap to help you stay organised and find the right bottle quickly and easily.

*Includes 1 set (208 cap labels)*



## YL SUITCASE & CASES SET

ITEM NO. 25244

Why not travel in style? Fill this carry-on suitcase with your in-flight or on-the-road essentials. This spacious yet compact suitcase features YL leaf & oil drop zippers, a pocket for your laptop and an expandable zipper.

*Includes: 1 x YL Suitcase (55cm (h) x 36 cm (w) x 24 cm (d)), 2 x YL2U Plastic Cases*



## VITASSAGE STORAGE CASE

ITEM NO. 4898

This multi-functional accessory prevents excess essential oil from leaking onto tables and counter-tops, stores and protects the unit during transportation and is made with high-grade plastics. The cover and base are fastened using a simple latch-locking feature and provide convenient side compartments for up to nine separate essential oils.



## VITASSAGE OIL DISPENSING MASSAGER

ITEM NO. 462502

Vitassage™ is a first-of-its-kind product that combines the benefits of any three of your favourite essential oils with a comforting massage. The revolutionary Vitassage is the perfect gift for any essential oil lover. Patents pending. Requires 2 AAA batteries (not included).

**TIP** | Use V-6™ Enhanced Vegetable Oil Complex to dilute for massage and save essential oil.

**INCLUDES** | 1 x Vitassage Essential Oil Dispensing Massager, 6 x 2 ml empty amber glass bottles, 6 x bottle caps, 6 x drop reducers, 2 x disposable pipettes





## AT HOME

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Keep your home clean without compromising your family's health and wellbeing. Our naturally derived products are powerful enough to deliver results and gentle enough to give you peace of mind. Our home care products feature the ingredients you want, without the ones you don't.



## THIEVES

We've infused our proprietary Thieves® essential oil blend into a range of personal care, oral care and cleaning products. Our Thieves line provides pure, plant-derived alternatives formulated to work hard without the toxic chemicals. Reduce your toxin footprint and fill your life and home with safe, gentle and effective substitutes.

# THIEVES HOUSEHOLD CARE



## THIEVES ESSENTIAL OIL BLEND

ITEM NO.	SIZE	VEGAN
342302	15 ml	GF

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves. With an irresistibly spicy scent and exceptional cleaning power, Thieves is a core ingredient in our home cleaning and personal care products.

**HOW TO USE** |    
Diffuse or directly inhale.

**INGREDIENTS** | Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata



## THIEVES DISH SOAP

ITEM NO.	SIZE	VEGAN
535002	355 ml	GF

With naturally derived ingredients, Thieves® Dish Soap effectively cleans your dishes without harsh chemicals, dyes or synthetics. Young Living's pure essential oils - Thieves, Jade Lemon and Bergamot - work with other plant-based ingredients to leave your dishes sparkling clean.

**HOW TO USE** | Dispense a small amount of soap with warm running water. Add additional soap as required.



## THIEVES FRUIT & VEGGIE SOAK

ITEM NO.	SIZE	VEGAN
5352508	473 ml	GF

Infused with Thieves®, DiGize™ and Purification® essential oil blends, this unique formula helps remove waxes, harsh chemicals, impurities, surface pesticides, handling residue and soil from produce without affecting the taste. Naturally derived and safe to use on produce, this soak is more effective than cleaning with water alone.

**HOW TO USE** | See product label for usage directions.



## THIEVES HOUSEHOLD CLEANER

ITEM NO.	ITEM NO.	VEGAN
374302	447502	GF
SIZE	SIZE	
426 ml	1.8 L Refill	

Combining naturally derived and plant-based ingredients, Thieves® Household Cleaner provides exceptional home cleaning and purifying power. This multi-purpose solution can be used on most surfaces in your home or office and is safe to use around every member of your family, including children and pets.

**HOW TO USE** | Use for household cleaning purposes as needed. Dilute or use neat for extra strength. Dilution ratios are listed on the label.



## THIEVES LAUNDRY SOAP

ITEM NO.	SIZE	VEGAN
534902	946 ml	GF

With a plant-based formula, Thieves® Laundry Soap gently and naturally washes your clothes, cleaning them without any chemical or synthetic residue. Natural enzymes and powerful essential oils add to the formula's strength to leave your clothes fresh and clean with a light citrus scent.

**HOW TO USE** | See product label for usage directions.



## THIEVES SPRAY

ITEM NO.	ITEM NO.	VEGAN
326502	326602	GF
SIZE	SIZE	
29.5 ml	3 x 29.5 ml	

Thieves® Spray is a portable cleaning spray ideal for purifying small surfaces. This spray can be used on doorknobs, handles, toilet seats and more.

**HOW TO USE** | Spray on surfaces to clean as needed.



## THIEVES WIPES

ITEM NO.	SIZE	VEGAN
375602	30 pk	GF

Thieves® Wipes are infused with the powerful properties of Thieves essential oil blend and are a convenient way to clean a variety of surfaces.

**HOW TO USE** | Wipe surfaces to clean as needed.

## CONQUER EVERYDAY CLEANING WITH

### ALL PURPOSE CLEANER

#### INGREDIENTS

1 capful Thieves® Household Cleaner  
2 cups water  
Glass spray bottle

#### DIRECTIONS

Combine ingredients in a glass spray bottle. Spray surfaces liberally and wipe clean.

#### TIP

Add 10-15 drops of Purification® to refresh the air as you clean.

### GLASS CLEANER

#### INGREDIENTS

1 tsp. white vinegar  
3 cups water  
Glass spray bottle

#### DIRECTIONS

Combine ingredients and store in a glass spray bottle. Spray surface liberally and wipe clean with a lint-free cloth.

### HARD SURFACE FLOOR CLEANER

#### INGREDIENTS

¼ cup white vinegar  
1 bucket hot, distilled water

#### DIRECTIONS

Combine ingredients in a bucket and use to mop hard floors.



## THIEVES PERSONAL CARE



### THIEVES CLEANSING SOAP

ITEM NO.	SIZE	VEGAN
367902	100 g	GF

Thieves® Cleansing Soap offers ultra-cleansing benefits and the power of pure essential oils. Containing the legendary Thieves blend, this bar soap is ideal for purifying the skin.

**HOW TO USE** | Lather. Wash. Rinse.



### THIEVES FOAMING HAND SOAP

VEGAN  
GF

ITEM NO.	ITEM NO.	ITEM NO.
367402	364302	359402
SIZE	SIZE	SIZE
236 ml	3 x 236 ml	946 ml Refill

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon and Orange essential oils with other natural ingredients, it's a gentle and effective alternative to chemical soaps. Thieves Foaming Hand Soap is the perfect companion for every sink in your home.

**HOW TO USE** | Pump foam onto hands, lather and rinse thoroughly.

All 236 ml bottles include 1 x pump.



### THIEVES WATERLESS HAND SANITIZER

VEGAN  
GF

ITEM NO.	ITEM NO.	ITEM NO.
362102	362202	514202
SIZE	SIZE	SIZE
29.56 ml	3 x 29.56 ml	225 ml*

Kick 99.99% of germs to the curb! Infused with soothing aloe and the cleansing properties of Thieves® blend and Peppermint essential oil, Thieves Waterless Hand Sanitizer effectively eliminates common germs and bacteria. This lightweight formula leaves hands soft and smelling like peppermint.

**HOW TO USE** | Use daily as often as necessary to sanitise hands.

\*225 ml not available in New Zealand.

# THIEVES DENTAL CARE



## THIEVES AROMABRIGHT TOOTHPASTE

ITEM NO.	SIZE	VEGAN
303902	113.4 g	GF

Harnessing the power of Thieves® essential oil blend, Thieves AromaBright™ Toothpaste can help support clean teeth and healthy gums. Free from fluoride, synthetic dyes and preservatives, this toothpaste is a great choice for the whole family for a minty-fresh flavour and long-lasting fresh breath.

**HOW TO USE** | Brush teeth every morning and night and preferably after each meal.



## THIEVES DENTAROME PLUS TOOTHPASTE

ITEM NO.	SIZE	VEGAN
373802	113.4 g	GF

Discover a new level of clean with Thieves® Dentarome™ Plus Toothpaste. Naturally derived ingredients such as baking soda and Thieves essential oil blend gently lift stains for brilliantly clean teeth. The minty combination of Peppermint and Wintergreen essential oils add to the refreshing flavour.

**HOW TO USE** | Brush teeth every morning and night and preferably after each meal.

WHILE STOCKS LAST



## THIEVES DENTAROME ULTRA TOOTHPASTE

ITEM NO.	SIZE	VEGAN
20199	113.4 g	GF

Thieves® Dentarome™ Ultra Toothpaste engages the power of Thieves essential oil blend for a boost of added cleaning power, while the cool flavour of Peppermint essential oil provides ultra-fresh breath. Made from naturally derived ingredients, this toothpaste is great for removing stains to reveal a brighter, fresher, more radiant smile!

**HOW TO USE** | Brush teeth every morning and night and preferably after each meal.



## THIEVES WHITENING TOOTHPASTE

ITEM NO.	SIZE	VEGETARIAN
26668	113.4 g	GF

Start your morning on the bright side with the natural power of Thieves® Whitening Toothpaste. Pure and safe ingredients combine to whiten teeth, fight plaque, support healthy gums and remove stains without damaging enamel. Great for the whole family, Young Living's exclusive formula is free of flouride and other harsh ingredients.

**HOW TO USE** | Brush teeth every morning and night and preferably after each meal.



## THIEVES DENTAL FLOSS

ITEM NO.	ITEM NO.	VEGAN
4463560	446402	GF
SIZE	SIZE	
50 m	3 x 50 m	

Thieves® Dental Floss is made with strong fibres that resist fraying and easily glide between teeth for those hard-to-reach places. Saturated twice, this hard-wearing floss provides two layers of essential oils, offering double the protection to freshen your breath.

**HOW TO USE** | For daily use as needed.



## THIEVES FRESH ESSENCE PLUS MOUTHWASH

ITEM NO.	SIZE	VEGAN
368302	236 ml	GF

Thieves® Fresh Essence Plus™ Mouthwash is powered by our Thieves essential oil blend for incredibly clean teeth and gums. Made from naturally derived ingredients, this mouthwash is safe and effective without the use of alcohol, synthetic dyes or artificial flavours.

**HOW TO USE** | Rinse mouth with 1 tablespoon or capful for 30-60 seconds or as needed.

# SEEDLINGS

Our Young Living Seedlings® line offers expertly created, essential oil-infused baby products that are safely diluted for babies' sensitive skin. Free from harsh ingredients, this line's gentle, plant-based formulas were specially formulated to carefully comfort the littlest members of the family and give parents peace of mind.



## WHY USE SEEDLINGS?

- ♥ Made with 100% naturally derived ingredients, including 100% pure essential oils.
- ♥ Formulated without lanolin, parabens, phthalates, petrochemicals, synthetic preservatives, fragrances or dyes.
- ♥ Extra gentle, mild formula developed to soothe and moisturise your baby's delicate skin.
- ♥ Hypoallergenic and dermatologist tested.
- ♥ Vegan friendly.
- ♥ Worry-free!





## SEEDLINGS BABY LOTION

ITEM NO. | SIZE | VEGAN  
20441 | 113 g | GF

Moisturise baby's delicate skin with Seedlings™ Baby Lotion, a lightly scented plant-based formula with the calming aroma of pure essential oils. This mild lotion quickly absorbs into the skin to gently moisturise, nourish, smooth and support healthy-looking skin.

**HOW TO USE** | Squeeze a small amount into your hands. Rub your hands together to warm the lotion and gently massage into baby's skin.



## SEEDLINGS BABY WASH & SHAMPOO

ITEM NO. | SIZE | VEGAN  
20406 | 236 ml | GF

Seedlings™ Baby Wash & Shampoo gently cleanses your baby's skin and hair, leaving it soft, smooth and lightly scented. It features a sulphate-free, non-drying formula that is tear-free and ready for bath time play.

**HOW TO USE** | Wet hair and skin with warm water. Apply a small amount to a moistened washcloth or hand and gently lather over entire body and scalp.



## SEEDLINGS CALM ESSENTIAL OIL BLEND

ITEM NO. | SIZE | VEGAN  
26025 | 5 ml | GF

Dreamland is only a few drops away with Seedlings™ Calm™ essential oil blend. The carefully selected essential oils create a soothing, warm and welcoming environment with top notes of Lavender and Coriander gently balancing the floral hints of Ylang Ylang and Geranium.

**HOW TO USE** | Diffuse to help your little one relax when it's time to settle down for the night.

**INGREDIENTS** | Lavender, Coconut Oil, Coriander, Bergamot, Ylang Ylang, Geranium



## SEEDLINGS LINEN SPRAY

ITEM NO. | SIZE | VEGAN  
20379 | 80 ml | GF

Envelop your child in the calming aroma of Seedlings™ Linen Spray. This naturally derived spray is made without alcohol, artificial fragrances or synthetic preservatives making it gentle enough to use around babies and breastfeeding mothers. Safely refresh sheets, blankets, pillows, car seats, clothing and other fabric with this soothing linen spray.

**HOW TO USE** | Shake well before use. Spray on linens as needed. Do not spray directly on skin or face.



## SEEDLINGS BABY OIL

ITEM NO. | SIZE | VEGAN  
20376 | 75 ml | GF

Formulated specifically for infants, Seedlings™ Baby Oil soothes and nourishes delicate skin. Use throughout the day or as part of a night-time routine to promote a restful night's sleep with its peaceful, relaxing scent.

**HOW TO USE** | Apply a small amount to your hands. Rub your hands together to warm the oil and gently massage into baby's skin.



## SEEDLINGS BABY WIPES

VEGAN  
GF

ITEM NO. | SIZE  
20433 | 72 wipes

Seedlings™ Baby Wipes use a mild formula and pure essential oils for a gentle clean and soothing scent. Made from a strong yet soft material, these wipes thoroughly clean while leaving skin fresh and smooth.

**HOW TO USE** | Close lid firmly after each use to keep moist. Do not flush. Store at room temperature.



## SEEDLINGS DIAPER CREAM

ITEM NO. | SIZE | VEGAN  
20402 | 57 g | GF

Young Living's Seedlings™ Diaper Cream is gentle on infants' skin. Made with naturally derived ingredients, it nourishes, seals out wetness and protects delicate skin.

**HOW TO USE** | Cleanse the diaper area and allow to dry. Apply cream liberally with each diaper change, especially at bedtime or anytime when exposure to wet diapers may be prolonged.



## SEEDLINGS BABY BUNDLE

ITEM NO.  
24701

Nurture your little one with six Seedlings™ products in one convenient bundle. This exclusive collection includes a Seedlings branded hooded baby towel, a beautiful rope basket and a handy washcloth.

### INCLUDES

- |  |                                 |
|--|---------------------------------|
| 1 x Seedlings Baby Lotion 113 g          | 1 x Seedlings Linen Spray 80 ml |
| 1 x Seedlings Baby Oil 75 ml             | 1 x Seedlings Hooded Baby Towel |
| 1 x Seedlings Baby Wipes 72 ct           | 1 x Seedlings Rope Baby Basket  |
| 1 x Seedlings Diaper Cream 57 g          | 1 x Seedlings Washcloth         |
| 1 x Seedlings Baby Wash & Shampoo 236 ml |                                 |

# KIDSCENTS

Our KidScents® line is infused with safe essential oils and mild formulas, made just for your little ones. We also offer our line of essential oils for kids, crafted especially to address your children's needs.



## KIDSCENTS BATH GEL

VEGAN

ITEM NO. | SIZE  
368402 | 236 ml

KidScents® Bath Gel safely cleanses and protects sensitive skin. Formulated with MSM, aloe vera, antioxidants and pure Lemon, Cedarwood and other essential oils, this liquid soap is pH balanced for even the most sensitive of skin.

**HOW TO USE** | Apply a small amount to a washcloth or directly to the skin. Rub gently and rinse.



## KIDSCENTS LOTION

VEGAN

ITEM NO. | SIZE  
368202 | 220 g

KidScents® Lotion contains safe and gentle ingredients to moisturise and soften sensitive skin. This premium blend of MSM, shea butter, aloe vera and pure Cedarwood, Geranium and other essential oils supports healthy-looking skin for children and adults.

**HOW TO USE** | Apply liberally to skin as needed.



## KIDSCENTS SHAMPOO

VEGETARIAN

ITEM NO. | SIZE  
368602 | 214 ml

KidScents® Shampoo contains no synthetic perfumes, colours or toxic ingredients. The natural components in this shampoo - aloe, MSM, Chamomile, Tangerine and Lemon essential oils - effectively and gently cleanse without causing irritation.

**HOW TO USE** | Apply a small amount of shampoo to hair. Lather and rinse.



## KIDSCENTS SLIQUE TOOTHPASTE

ITEM NO. | SIZE | VEGAN | GF  
457402 | 144 g |

KidScents® Slique™ Toothpaste uses Thieves® and Slique Essence™ essential oil blends to gently clean and protect teeth. This safe and effective blend supports healthy teeth without the use of fluoride, dyes, synthetic colours, artificial flavours or preservatives.

**HOW TO USE** | Use morning, night and after meals to help young smiles stay healthy and vibrant.



## KIDSCENTS TENDER TUSH

ITEM NO. | SIZE | VEGAN  
368902 | 52 g |

KidScents® Tender Tush™ is a safe, gentle ointment that moisturises and nourishes dry, chapped skin. Formulated with vegetable oils and pure Young Living Sandalwood, Blue Tansy and other essential oils, Tender Tush is soothing and protective for delicate skin.

**HOW TO USE** | Apply liberally to nappy area as often as needed to help soothe and protect skin.



### KIDSCENTS GENEYUS

ITEM NO. | SIZE | VEGAN  
531002 | 5 ml | GF

GeneYus™ is an excellent blend to diffuse to keep young minds focused and attentive. Diffuse or apply this supportive oil to create a positive environment and enhance creativity.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Sacred Frankincense, Blue Cypress, Cedarwood, Idaho Blue Spruce, Palo Santo, Melissa, Northern Lights Black Spruce, Almond Oil, Bergamot, Myrrh, Vetiver, Geranium, Royal Hawaiian™ Sandalwood, Ylang Ylang, Hyssop, Coriander, Rose



### KIDSCENTS KIDCARE

ITEM NO. | SIZE | VEGAN  
530802 | 5 ml | GF

For an added boost, try KidCare™ essential oil blend. Apply this gentle blend topically to improve the appearance of your child's skin or to promote positive feelings.

#### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Idaho Balsam Fir, Tea Tree, Helichrysum, Elemi, Cistus, Hinoki, Clove



### KIDSCENTS REFRESH

ITEM NO. | SIZE | VEGAN  
530602 | 5 ml | GF

Refresh™ is a rejuvenating blend with crisp, calming aroma. Apply it to your child's chest before bedtime for a relaxing experience.

#### HOW TO USE | ☁️ 💧

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Eucalyptus Blue, Palo Santo, Lavender, Dorado Azul, Ravintsara, Myrtle, Eucalyptus Globulus, Marjoram, Pine, Eucalyptus Citriodora, Cypress, Eucalyptus Radiata, Black Spruce, Peppermint



### KIDSCENTS SLEEPYZIZE

ITEM NO. | SIZE | VEGAN  
530702 | 5 ml | GF

SleepyZize™ combines the naturally calming aromas of select botanicals to create a serene atmosphere that will help your child unwind.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Lavender, Geranium, Roman Chamomile, Tangerine, Bergamot, Sacred Frankincense, Valerian, Rue



### KIDSCENTS TUMMYGIZE

ITEM NO. | SIZE | VEGAN  
530502 | 5 ml | GF

TummyGize™ is a relaxing, quieting blend that can be applied to little tummies. This blend helps calm children on a physical, emotional and mental level.

#### HOW TO USE | ☁️ 💧 ☀️

Diffuse, directly inhale or apply topically. Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

INGREDIENTS | Coconut Oil, Spearmint, Peppermint, Tangerine, Fennel, Anise, Ginger, Cardamom

**FREE**  
Lavender 5 ml essential oil with diffuser purchase!



### KIDSCENTS FEATHER THE OWL DIFFUSER

ITEM NO. 27009

Our adorable forest friend is ready to help transform bedrooms, playrooms and nurseries into energising creative spaces and dreamy slumberlands. This easy-to-use ultrasonic diffuser includes a humidifier, 10 LED lights options, white-noise sounds and touch sensitive power - owl in one!

HOW TO USE | See instruction booklet for complete usage directions.

- Medium Room (approx. 30 m<sup>2</sup>)
- 13.6 x 13.3 x 15.1 cm
- 165 ml
- 10 hours max.
- Ultrasonic
- 0.44 kg



Laura Csอร์ตan

Our celebrity brand ambassador, Laura Csอร์ตan, former Miss Australia, model and TV presenter, loves the KidScents™ essential oil blends, as they are safe for her young daughter, Layla-Rose. These blends are gentle on young skin and pre-diluted, so they're easy to use!

@lauracsортan



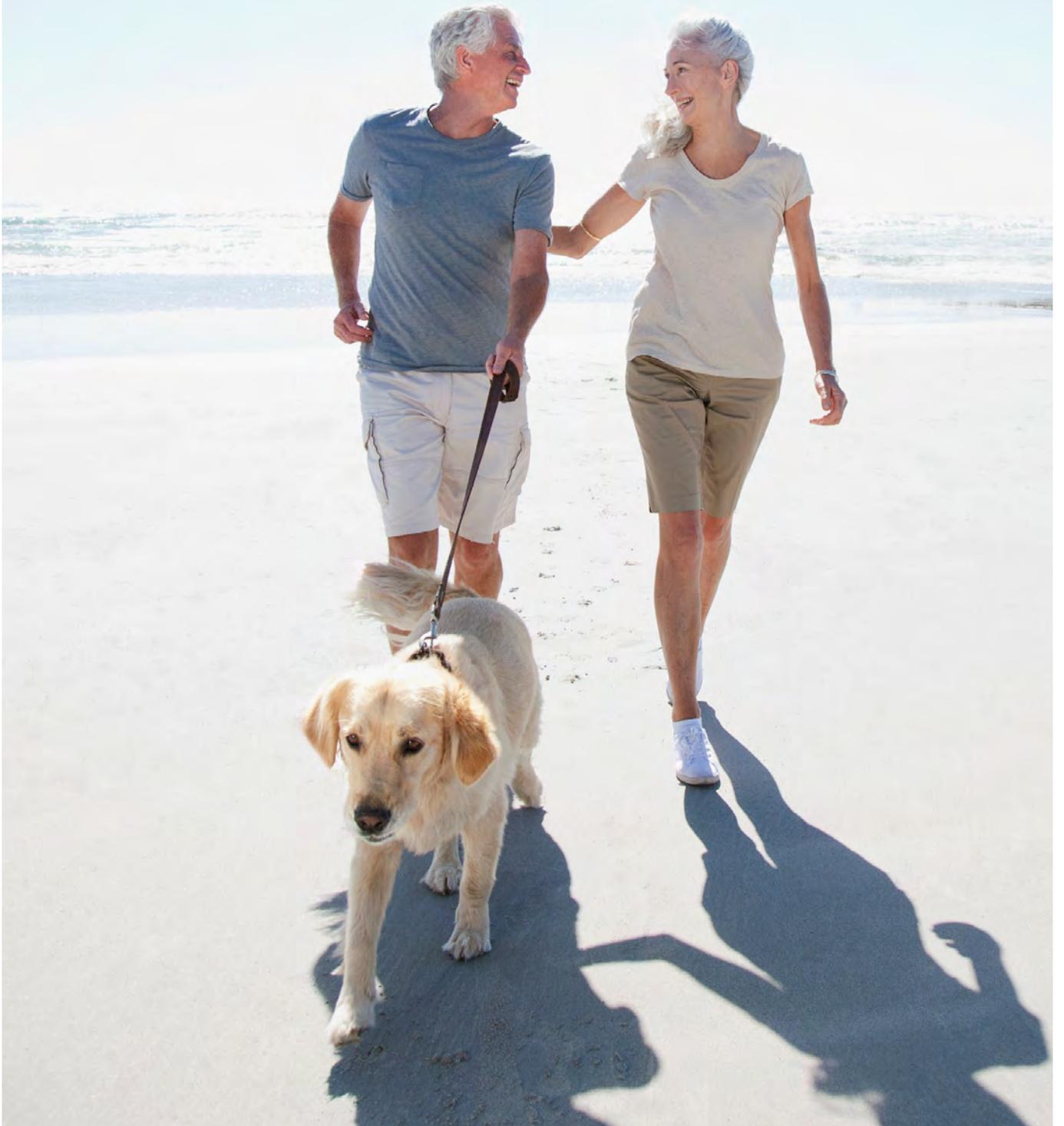
TRACY AVIARY and BOTANICAL GARDEN at Liberty Park

A portion of all proceeds from our Feather the Owl Diffuser sales will go to support the Tracy Aviary, a USA based, non-profit organisation dedicated to using research, outreach and action to protect birds and their habitats.

TracyAviary.org

# ANIMAL SCENTS

Looking for safe essential oil-infused products for pets?  
Young Living's Animal Scents® range is the perfect solution for  
grooming, comforting and protecting your furry friends.





### ANIMAL SCENTS INNER BALANCE

ITEM NO. | SIZE | VEGAN  
527002 | 15 ml | GF

Animal Scents® Inner Balance is a refreshing blend, containing a relaxing aroma that can be applied to your pet's belly with a gentle massage, leaving your fur baby smelling extra fresh!

#### HOW TO USE | ☹️ 🌿 🌿 🌿

Dilute according to the label directions and apply 1-2 drops topically to the abdominal area. Carefully apply according to the size and species of animal. Dilute more for smaller species. Diffuse in an open room.

INGREDIENTS | Coconut Oil, Ginger, Anise, Peppermint, Cumin, Spearmint, Rosemary, Juniper, Fennel, Lemongrass, Patchouli



### ANIMAL SCENTS PET CARE

ITEM NO. | SIZE | VEGAN  
527302 | 15 ml | GF

When leaving your pet home alone for short periods of time or when there is high activity in the household, Animal Scents® Pet Care creates an environment of comfort and reassurance for your furry loved one.

#### HOW TO USE | ☹️ 🌿 🌿 🌿

Dilute according to the label directions and apply topically behind each ear, to the bottoms of paws or on the flanks. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS | Coconut Oil, Tangerine, Lavender, Royal Hawaiian Sandalwood™, German Chamomile, Frankincense, Valerian, Ylang Ylang, Black Spruce, Geranium, Davana, Orange, Angelica, Rue, Helichrysum, Hyssop, Spanish Sage, Lime, Patchouli, Coriander, Blue Tansy, Bergamot, Rose, Lemon, Jasmine, Roman Chamomile, Palmarosa



### ANIMAL SCENTS PET FRESH

ITEM NO. | SIZE | VEGAN  
527102 | 15 ml | GF

Pamper your pet! Animal Scents® Pet Fresh is a grounding animal essential oil offers an instant refresh, helping to support a soft and healthy-looking coat and improves the appearance of skin.

#### HOW TO USE | ☹️ 🌿 🌿 🌿

Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS | Coconut Oil, Myrrh, Patchouli, Dorado Azul, Palo Santo, Ocotea, Ecuador Oregano



### ANIMAL SCENTS PET RENEW

ITEM NO. | SIZE | VEGAN  
526902 | 15 ml | GF

Dealing with a high maintenance mane? Help your furry friend unwind after playtime is over with Animal Scents® Pet Renew's rich, grounding aroma. Use this skin-loving animal blend to nourish and moisturise their dry skin.

#### HOW TO USE | ☹️ 🌿 🌿 🌿

Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS | Coconut Oil, Geranium, Lavender, Hyssop, Myrrh, Frankincense



### ANIMAL SCENTS PURICLEAN

ITEM NO. | SIZE | VEGAN  
526802 | 15 ml | GF

When playtime adventures become a bit too rowdy, reach for Animal Scents® Puriclean. Inspired by the great outdoors, this light, crisp, lemony scent helps purify your pets skin keeping them smelling fresh after playtime's over.

#### HOW TO USE | ☹️ 🌿 🌿 🌿

Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS | Coconut Oil, Patchouli, Lavender, Mountain Savory, Cistus, Palo Santo, Lemongrass, Citronella, Rosemary, Tea Tree, Lavandin, Myrtle



### ANIMAL SCENTS SHAMPOO

ITEM NO. | SIZE | VEGAN  
5167 | 236 ml | GF

Animal Scents® Shampoo cleans, conditions and protects your pet's coat without harmful ingredients. Formulated with five pure essential oils and natural ingredients, this shampoo is both safe and effective for animals.

HOW TO USE | Pour a small amount of shampoo onto palm and rub gently between hands. Massage onto pet's wet coat. Lather and then rinse thoroughly.

CAUTION: Not for human use. Take extra care when using any essential oils, especially those with citric ingredients, around cats. Specifically formulated for veterinary use.



## VITAL GROUND FOUNDATION

The Vital Ground Foundation addresses the issue of wildlife habitat fragmentation by collaborating with private landowners to permanently protect the conservation values of their land to benefit grizzly bears and other wide-ranging wildlife. A portion of all Young Living Animal Scents® product sales goes to benefit the foundation's preservation efforts.





## HEALTHY & FIT

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True wellness starts from within, which is why our Healthy & Fit line offers optimal nutrition with a boost of pure, potent essential oils to jump-start your journey. Go the distance with foods and supplements that nourish your vitality, satisfy your nutritional needs and tantalise your taste buds!

# NINGXIA RED

For more than 700 years, the northwest region of China known as Ningxia has earned a reputation for producing and cultivating premium wolfberries. Also known as goji berries, wolfberries have a rich nutritional profile. NingXia Red® is our powerful superfruit drink that harnesses that nutrition to energize, fortify and revitalize both body and mind. This delicious, proprietary blend features pure essential oils, Ningxia wolfberry puree and other superfruits to supply the body with vital phytonutrients.





### NINGXIA DRIED WOLFBERRIES

ITEM NO.	SIZE	VEGAN
636002	453 g	GF

Ningxia Dried Wolfberries contain powerful antioxidants, providing an array of nutrients and protein as one of nature's most nutritious fruits. Slightly tart in flavour, these wolfberries can add flavour and texture to many of your favourite foods or recipes.

**HOW TO USE** | Enjoy 14 g daily as desired. Add to baked goods, cereal, salad, trail mix, etc.

*NOTE: NingXia Dried Wolfberries are not available in New Zealand.*



### NINGXIA RED

ITEM NO.	ITEM NO.	VEGAN
3042560	3044560	GF
SIZE	SIZE	
2 pk (750 ml ea.)	4 pk (750 ml ea.)	

NingXia Red® contains whole Ningxia wolfberry puree, a superfruit blend (blueberry, aronia, cherry, pomegranate and plum juices), natural stevia extract, grape seed extract, pure vanilla extract and Orange, Yuzu, Lemon and Tangerine essential oils. Enjoy NingXia Red daily to energise, fortify and revitalise the body and support overall wellness from head to toe.

**HOW TO USE** | Drink 60 ml 2 times daily.



### NINGXIA RED SINGLES

ITEM NO.	SIZE	VEGAN
3525560	30 pk (60 ml ea.)	GF

These on-the-go sachets deliver the same powerful benefits of NingXia Red® in a single 60 ml serving that is perfect for your purse, backpack or bag. Each box comes with 30 individual single-serve packets.

**HOW TO USE** | Drink 1 packet (60 ml) 2 times daily.



### NINGXIA ZYNG

ITEM NO.	SIZE	VEGAN
307102	12 pk (245 ml ea.)	GF

NingXia Zyng™ is a light, sparkling beverage that delivers a splash of hydrating energy fuelled by a proprietary blend of pure Black Pepper and Lime essential oils, wolfberry puree and white tea extract.

**HOW TO USE** | Drink one can as desired. Best served chilled. Lightly invert can before opening.

# SLIQUE

With Slique's unique combination of exotic ingredients and powerful essential oils, you can take a step in the right direction - toward a healthier, more vibrant you! When combined with a proper diet and exercise, Slique® products can help create feelings of satiety and provide nutritional support.





## SLIQUE BARS

ITEM NO.	SIZE	VEGETARIAN
502402	6 pk (35 g ea.)	GF

Slique™ Bars' dual-targeted satiety approach and medley of exotic fruits, nuts and essential oils creates the perfect functional, nutritious snack. These gluten-free snack bars are high in fibre to help satisfy your hunger cravings so you feel fuller for longer, without excess calories.

**HOW TO USE** | Consume before or between meals with water to help satisfy your hunger.

## SLIQUE ESSENCE

ITEM NO.	SIZE	VEGAN
458602	15 ml	GF

Slique™ Essence combines powerful citrus essential oils, naturally sweetened with Stevia Extract, in a unique blend that supports healthy goals, especially when used in conjunction with other Slique products.\*

**HOW TO USE** | 🌿 🍹 ☀️ ✂️

Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique™ Tea.

**INGREDIENTS** | Grapefruit, Tangerine, Lemon, Spearmint, Ocotea, Stevia Extract

*NOTE: The Stevia extract in this formula may impede diffuser performance.*



## SLIQUE KIT

ITEM NO.
458702

The Slique™ Kit is the best way to meet your goals when combined with a healthy diet and regular exercise.

**WHAT'S INCLUDED** | 2 x Slique™ Tea 25 pk, 2 x Balance Complete™ 770 g, 1 x Slique™ Essence 15 ml

**HOW TO USE** | See individual products.

## SLIQUE TEA

ITEM NO.	SIZE	VEGAN
4572523	25 Tea Pouches	GF

Based on the prized Oolong Jade tea from the high mountains of Taiwan, Slique™ Tea is an exotic drink formulated with Ocotea, Frankincense powder and other natural ingredients chosen for their impressive phytonutrient content, rich aroma and antioxidant content. Natural stevia plant extract is added to lightly sweeten the tea without adding calories.\*

**HOW TO USE** | Bring 250 ml water to a boil. Place 1 pouch in a cup and add water. Leave to infuse for at least 3 minutes.



## ESSENTIAL NUTRITION

Nutritional support is vital for whole-body wellness, whether you're hitting the gym, keeping up with your children's boundless energy or simply striving to feel your best. Young Living's nutrition products help create a foundation for wellness, as well as target specific needs.



## ALKALIME

ITEM NO.	SIZE	VEGAN GF
319902	227 g	

AlkaLime™ is a precisely balanced, effervescent pH mineral complex formulated to relieve symptoms of heartburn.\* Infused with Lemon and Lime essential oils, AlkaLime also features biochemic cell salts.

**HOW TO USE** | Stir 1 level teaspoon (5g) into 120-180 ml distilled water and let sit for 20-25 seconds. Gently stir until thoroughly mixed and drink immediately.\* Take 1-3 times daily, 1 hour before meals or bed.



## BALANCE COMPLETE

ITEM NO.	SIZE	VEGETARIAN
329202	770 g	

Balance Complete™ is a superfood-based formulated meal replacement, which supplies an impressive 12 grams of fibre per serving. Formulated to energise and cleanse, Balance Complete can help support your weightloss goals when consumed in conjunction with a nutritious diet and regular exercise.

**HOW TO USE** | Add 3 scoops to 200 ml cold water or milk and blend until smooth. For added flavour, add fruit or culinary essential oils.



## BLM

ITEM NO.	ITEM NO.	GF
323402	302402	
SIZE	SIZE	
90 capsules	3 pk (90 capsules ea.)	

BLM™ contains Idaho Balsam Fir, Clove and powerful natural ingredients such as type II collagen, MSM and glucosamine sulphate. Take BLM once daily.

**HOW TO USE** | Take 1 capsule 3 times daily with water.\*



## BLOOM BY YOUNG LIVING COLLAGEN COMPLETE

ITEM NO.	ITEM NO.	GF
30710	38054	
SIZE	SIZE	
10 pk (50 ml ea.)	30 pk (50 ml ea.)	

Enjoy the beautiful benefits of Collagen Complete®! This unique formula delivers the glow-giving benefits of 10,000 mg of Peptan® liquid marine collagen, as well as wolfberry juice and jasmine green tea extract, with a delicious wolfberry- citrus flavour. Infused with pure Grapefruit, Lemon and Lime essential oils, a single serving helps you enjoy radiant beauty from within every day!

**HOW TO USE** | Drink 1 bottle per day. Shake well before use.



## DIGEST & CLEANSE

ITEM NO.	ITEM NO.	VEGAN GF
329302	302002	
SIZE	SIZE	
30 softgels	3 pk (30 softgels ea.)	

Digest & Cleanse™ is formulated with essential oils such as Peppermint, Lemon, Ginger and Fennel. Precision delivery softgels release in the small intestines for optimal absorption and benefits.

**HOW TO USE** | Take 1 softgel capsule 1-3 times daily with water 30-60 minutes prior to meals.

Please note that this product is out of stock and expected back in late 2021.



## GARY'S TRUE GRIT EINKORN GRANOLA

ITEM NO.	SIZE	VEGAN
575102	340 g	

Whether you're starting your day, reaching for a mid-afternoon snack or looking for a healthier option on the go, your whole family will enjoy the great taste and nutrition of Gary's True Grit™ Einkorn Granola!

**HOW TO USE** | This versatile granola can be consumed as a hot or cold breakfast cereal, by itself as a dry snack or as a topping for yoghurts and other foods.



## GARY'S TRUE GRIT EINKORN FLAKES CEREAL

ITEM NO.	SIZE	VEGAN
24362	369 g	

Gear up for any kind of day with the sweet crunch of Gary's True Grit™ Einkorn Flakes Cereal! Made with whole ancient grain einkorn, oat bran and lightly sweetened with coconut sugar, these flakes are a nourishing morning meal that the whole family will get excited to wake up for.

**HOW TO USE** | Pour a serving of cereal into a bowl and add milk or your favourite milk substitute. For a delicious twist to your morning cereal, add Ningxia wolfberries or fresh fruit.



## ILLUMINEYES

ITEM NO.	SIZE	VEGETARIAN
27334	30 capsules	GF

Whether you spend your days in bright sunlight or exposed to blue light from electronics, IlluminEyes™ is here to maintain your clear view of the world. IlluminEyes is a proprietary formula that features powerful ingredients such as lutein and zeaxanthin and helps reduce eye strain, maintain healthy eyesight and vision development as well as enhance skin health.

**HOW TO USE** | Take 1 capsule daily.

\*Always read the label. Follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist talk to your health professional. This product may not be right for you. Read the warnings before purchase. The claims listed above are only applicable for Australia. Visit [YoungLiving.com.au](http://YoungLiving.com.au) or [YoungLiving.co.nz](http://YoungLiving.co.nz) > Products for more information and ingredients.



## INNER DEFENSE

ITEM NO.	SIZE	GF
329502	60 liquid capsules	

Containing potent essential oils like Oregano, Thyme and Thieves®, Inner Defense™ liquid capsules are designed to support the body's natural defenses. Each capsule contains helpful antioxidants to protect against free-radical damage.\*

**HOW TO USE** | Take 2 capsules daily in the morning.



## LIFE 9

ITEM NO.	SIZE	VEGETARIAN GF
27358	30 capsules	

Life 9™ is a proprietary, high-potency probiotic that combines 17 billion live cultures from 9 beneficial bacteria strains. In adults it promotes healthy digestion, maintains immune system health and supports the natural detoxification and cleansing process of the gut.

**HOW TO USE** | Take 1 capsule every night following a meal.



## LONGEVITY

ITEM NO.	ITEM NO.	GF
328902	302102	
SIZE	SIZE	
30 softgels	3 pk (30 softgels ea.)	

Longevity™ is a potent blend of essential oils such as Frankincense, Clove, Thyme and Orange, designed to support wellbeing.

**HOW TO USE** | Take 1 softgel 1 time daily with food.

Please note that this product is out of stock and expected back in late 2021.



## MEGACAL

ITEM NO.	SIZE	VEGAN GF
328002	450 g	

MegaCal™ is a powerful calcium and mineral powder. This supplement contains pure Lemon essential oil, calcium, magnesium, manganese and vitamin C.

**HOW TO USE** | Take 1 teaspoon daily mixed in 1 cup of water or juice 1 hour after meals (or medications) or before bed.



## MINERAL ESSENCE

ITEM NO.	SIZE	VEGETARIAN GF
322202	108 ml	

Mineral Essence™ is a liquid mineral supplement enhanced with Lemon and Cinnamon Bark essential oils. It has a low sodium profile and contains easily absorbed ionic minerals.

**HOW TO USE** | Take 5 half droppers (1 ml each) morning and evening or as needed. Shake well before use and refrigerate after opening.

Please note that Mineral Essence is not available in New Zealand.



## OLIVE ESSENTIALS

ITEM NO.	SIZE	VEGAN GF
27418	30 capsules	

Olive Essentials™ features hydroxytyrosol from Spanish olives, a phenolic compound obtained from olive fruit and leaves, considered to be a powerful antioxidant. Each capsule of Olive Essentials has as much hydroxytyrosol as a litre of extra virgin olive oil, delivering a concentrated amount of this invaluable compound.

**HOW TO USE** | Take 1 capsule daily.



## OMEGAGIZE<sup>3</sup>

ITEM NO.	SIZE	GF
309702	120 Liquid Ocean Capsules	

Formulated to enhance general wellbeing, OmegaGize<sup>3</sup> offers specialised support for bone health and mental function in adults.

**HOW TO USE** | Take 2 capsules in the morning and 2 capsules in the evening with liquid. Do not take more than 4 capsules per day. Do not take while on warfarin therapy without medical advice.



### PURE PROTEIN COMPLETE CHOCOLATE DELUXE

ITEM NO. 329802 | SIZE 828 g | VEGETARIAN GF

Pure Protein Complete™ Chocolate Deluxe is a formulated supplementary sports food designed to give you a protein boost whenever and wherever you need it. This delicious multi-nutrient shake contains three different protein sources: whey, pea and egg proteins along with Orange essential oil for an uplifting and energising citrus flavour.

HOW TO USE | Add 2 heaped scoops to 200 ml of cold water or milk (cows, almond, rice or other). Shake or stir until completely mixed. Consume immediately. 1 serving per day.



### PURE PROTEIN COMPLETE VANILLA SPICE

ITEM NO. 330102 | SIZE 738 g | VEGETARIAN GF

Pure Protein Complete™ Vanilla Spice is a formulated supplementary sports food designed to give you a protein boost whenever and wherever you need it. This delicious multi-nutrient shake contains three different protein sources: whey, pea and egg proteins along with Orange essential oil for an uplifting and energising citrus flavour.

HOW TO USE | Add 2 heaped scoops to 200 ml of cold water or milk (cows, almond, rice or other). Shake or stir until completely mixed. Consume immediately. 1 serving per day.



### PROSTATE HEALTH

ITEM NO. 464402 | SIZE 60 liquid capsules | VEGAN GF

Prostate Health™ is a fast-acting, vegetable-based herbal product formulated with Fennel and pumpkin seed oil to provide support for men concerned with prostate health.

HOW TO USE | Take 1 softgel 2 times daily.



### SULFURZYME

ITEM NO. 324302 | ITEM NO. 19372 | VEGAN GF  
SIZE 180 capules | SIZE 3 pk

Sulfurzyme™ offers the powerful effects of MSM, which is a natural form of dietary sulphur, to offer temporary relief of mild osteoarthritis pain.

HOW TO USE | Take 2 capsules 3 times daily or as needed, 1 hour before or after meals.\*



As an athlete, I am always looking for natural products that support my nutrition and assist in enhancing my performance. One of my favourite pre-work out products is NingXia Red. Before I train or race, I start the day with a NingXia Red Single. The superfruit blend is a mix of wolfberry, blueberry, aronia, cherry, pomegranate and plum juices and is infused with orange, yuzu, lemon and tangerine essential oils. It's packed full of antioxidants, tastes delicious and the 60 ml single pack makes it easy to take this healthy drink where ever you go!

@jake\_doran

\*Always read the label. Follow the directions for use. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist talk to your health professional. This product may not be right for you. Read the warnings before purchase. The claims listed above are only applicable for Australia. Visit YoungLiving.com.au or YoungLiving.co.nz > Products for more information and ingredients.



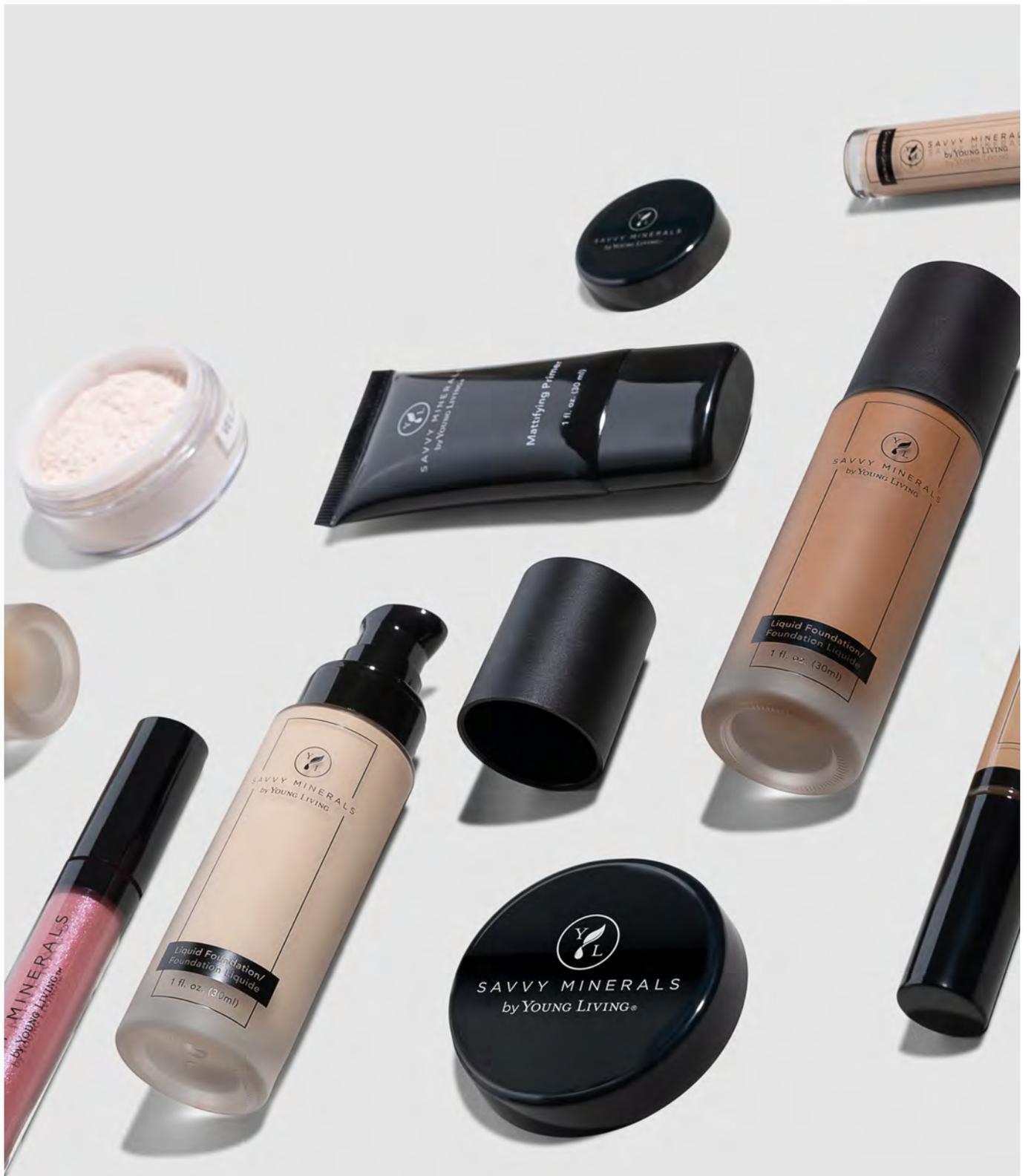


## PERSONAL CARE

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Free from harsh chemicals, Young Living's essential oil-infused shampoos, lotions and targeted skin care products will cleanse and moisturise your skin for a natural, healthy-looking glow. Pamper your skin with the power of essential oils!





## SAVVY MINERALS BY YOUNG LIVING

Feel confident without compromise with Savvy Minerals by Young Living®, The NEW Standard in Clean Beauty™. This clean cosmetics line combines premium formulas with pure ingredients, so you can embrace your natural beauty without sacrificing your standards. With a variety of shades and colours, you can find the perfect products to make your mark.

# FACE



## PRIMER - MATTIFYING

ITEM NO. | SIZE | VEGAN  
23837 | 30 ml | GF

Savvy Minerals by Young Living® Mattifying Primer helps keep shine to a minimum, so the flawless finish of your makeup can last all day! Formulated with Manuka and Tea Tree essential oils, this skin-loving primer gives skin a matte finish and long-lasting wear to your foundation while helping reduce the appearance of blemishes.

NEW!



## LIQUID FOUNDATION

SIZE | VEGAN  
30 ml | GF

Discover radiant-looking skin and a youthful, dewy finish with Savvy Minerals by Young Living® Liquid Foundation. Long-wearing and skin-loving, the rich formula has a lightweight and blendable texture that glides on seamlessly and is perfect for skin of any age. Made with Sacred Sandalwood™ essential oil to enhance the natural radiance of skin and avocado oil to hydrate and reduce moisture loss.

NEW!



## LIQUID CONCEALER

SIZE | VEGAN  
5 ml | GF

Highlight, brighten and conceal! Made with clean, naturally derived ingredients, Savvy Minerals by Young Living® Liquid Concealer helps cover spots, lighten the look of under-eye circles and hide imperfections. This medium-to full-coverage buildable formula also smooths and hydrates the skin. Its creamy, lightweight, self-smoothing™ formula blends effortlessly for a natural look that won't settle into lines, cake, crease or flake. Plus, it's made with Young Living Manuka essential oil to help reduce the appearance of blemishes.

	LIGHT 1	ITEM NO. 25836
	LIGHT 2	ITEM NO. 25837
	MEDIUM 1	ITEM NO. 25839
	MEDIUM 2	ITEM NO. 25841
	DARK 1	ITEM NO. 25843
	DARK 2	ITEM NO. 25844

	PORCELAIN (C1) <i>Cool</i>	ITEM NO. 24722
	IVORY (N3) <i>Neutral</i>	ITEM NO. 24733
	BUFF (W4) <i>Warm</i>	ITEM NO. 24723
	FRESH BEIGE (C6) <i>Cool</i>	ITEM NO. 24724
	NATURAL BEIGE (N7) <i>Neutral</i>	ITEM NO. 24725
	SAND BEIGE (W8) <i>Warm</i>	ITEM NO. 24726
	HONEY (C10) <i>Cool</i>	ITEM NO. 24727
	TAN (N11) <i>Neutral</i>	ITEM NO. 24728
	CARAMEL (W12) <i>Warm</i>	ITEM NO. 24729
	TRUFFLE (C14) <i>Cool</i>	ITEM NO. 24730
	PECAN (N15) <i>Neutral</i>	ITEM NO. 24731
	HAZELNUT (W18) <i>Warm</i>	ITEM NO. 24734
	COCOA (N24) <i>Neutral</i>	ITEM NO. 24732

\*These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.

# FACE

## FOUNDATION POWDER

SIZE | 5 g loose powder | VEGAN GF

Use our versatile, long-lasting Savvy Minerals by Young Living® Foundation as a base for your flawless look. The smooth, buildable formula makes it easy to apply as a sheer or full-coverage foundation and blends beautifully into every skin tone, while also diminishing the appearance of imperfections and blemishes.



COOL NO. 1  
(100) | ITEM NO.  
21973

COOL NO. 2  
(101) | ITEM NO.  
21970

COOL NO. 3  
(102) | ITEM NO.  
21982

WARM NO. 1  
(200) | ITEM NO.  
21983

WARM NO. 2  
(201) | ITEM NO.  
21984

WARM NO. 3  
(202) | ITEM NO.  
21985

DARK NO. 1  
(300) | ITEM NO.  
21986

DARK NO. 2  
(301) | ITEM NO.  
21987

DARK NO. 3  
(302) | ITEM NO.  
21989

WHILE STOCKS LAST

WHILE STOCKS LAST

BLUSH SIZE | 1.8 g loose powder | VEGAN GF

Add a natural-looking flush to your cheeks with Savvy Minerals by Young Living® Blush. Get your perfect look - from natural to dramatic - with five flattering shades in a rich, buildable formula.



CHARISMA  
(510) *Bright pink*

ITEM NO.  
25210



I DO BELIEVE YOU'RE  
BLUSHIN' (503) *Pink neutral*

ITEM NO.  
21956



PASSIONATE  
(502) *Dark burnished rose*

ITEM NO.  
21957



SERENE  
(508) *Soft coral peach matte*

ITEM NO.  
25209



SMASHING  
(504) *Pink*

ITEM NO.  
21958



## MISTING SPRAY

ITEM NO. | SIZE | VEGAN  
22007 | 59 ml

Help control pigment and particles with Savvy Minerals by Young Living® Misting Spray. The perfect complement to mineral-based powder makeup, this naturally derived spray is designed to concentrate colour on brushes before powder application.

**TIP** | Try using our Misting Spray in conjunction with our Eyeliner loose powder to create a liquid liner.

**BRONZER** SIZE | 2 g loose powder | VEGAN GF

Use Savvy Minerals by Young Living® Bronzer for sun-kissed skin. This mineral powder blends out smoothly and warms your complexion for radiant skin and a healthy, luminous glow.



**CROWNED ALL OVER** | ITEM NO.  
(500) *Medium nude* | 21961



**SUMMER LOVED** | ITEM NO.  
(501) *Warm brown* | 21960

**VEIL** SIZE | 5 g loose powder | VEGAN GF

Savvy Minerals by Young Living® Veil powder smooths and evens the appearance of skin, absorbs oil and adds a luminous finish with just a few strokes. Wear this translucent powder on its own or apply on top of foundation to help set your look.



**DIAMOND DUST** | ITEM NO.  
(505) | 22005



**MATTE** | ITEM NO.  
(511) | 23327

## EYES

### LENGTHENING MASCARA

ITEM NO. | SIZE | VEGAN GF  
24089 | 9 ml | GF

Savvy Minerals by Young Living® Lengthening Mascara noticeably defines, lengthens and curls for lush, fuller-looking lashes free of clumping or flaking. Our clean, naturally derived formula is cruelty-free and uses richly pigmented natural dye for dramatic visual impact and carnauba wax to weightlessly condition lashes. Each application creates smudge-free, flake-free lashes that are remarkably flutter worthy.



### EYELINER

SIZE | 1 g loose powder | VEGAN GF

Savvy Minerals by Young Living® Eyeliner is a mineral powder eyeliner that brings out the natural beauty of your eyes. Master every style - from a sultry smoky eye to a sleek cat eye - with its powder formula and buildable colour.



**JET SETTER** | ITEM NO.  
(408) *Matte black* | 21963

### VOLUMIZING MASCARA

ITEM NO. | SIZE | VEGAN GF  
24082 | 10.5 ml | GF

Savvy Minerals by Young Living® Volumizing Mascara instantly delivers a buildable look for eye-opening results. This clean beauty formula is infused with Cedarwood and Rosemary essential oils to help condition your lashes, natural plant fibres to build volume and arginine to give lashes a conditioning boost. Get more voluminous lashes that won't flake or smudge.



### MULTITASKER

SIZE | 1.5 g loose powder | VEGAN GF

Savvy Minerals by Young Living® Multitasker is a product every woman should have in her make-up bag! This multipurpose powder acts as an eyebrow filler, eyeshadow, eyeliner and more!

**TIP** | Try adding a tiny bit of multitasker to some of your mineral foundation to create the perfect shade of contour powder.



**DARK BROWN** | ITEM NO.  
(409) | 22002

# EYES

## SHADOW ESSENTIALS EYESHADOW PALETTE

SIZE | 7.2 g ea. pressed powder palette |  VEGAN

The Savvy Minerals by Young Living® Shadow Essentials Eyeshadow Palettes each feature four gorgeous shades that have been carefully curated to make eye-catching looks. Each shade is made with rich mineral pigment and pure Lavender essential oil for a beautiful look and feel. Clean, non-toxic colours are perfect for creating easy-to-wear looks beautiful on all skin tones. They're easy to blend and build custom colour combinations - each palette contains matte, satin and shimmer finishes for endless variations.



### NATURAL QUARTZ

ITEM NO.  
25762

BLESSED: *Peach ivory satin*  
 PETAL: *Soft pink matte*  
 DRAGONFLY: *Plum matte*  
 BLISS: *Medium brown shimmer*



### ROYAL WINTER

ITEM NO.  
25757

GRACE: *Pale pink shimmer*  
 UNWIND: *Light mauve matte*  
 JEWEL: *Marine blue shimmer*  
 ENCHANTED: *Slate shimmer*



### SAHARA SUNSET

ITEM NO.  
25755

CLOUD 9: *Pale white satin*  
 ELITE: *Burnt orange matte*  
 DRIFT: *Medium brown matte*  
 VIP: *Gold bronze shimmer*

## EYESHADOW

SIZE | 0.8 g loose powder |  VEGAN

Savvy Minerals by Young Living® Eyeshadows come in a variety of earthy shades and complement any skin tone. The buildable, long wearing formula lasts all day, so you can feel confident from morning to night.



**BEST KEPT SECRET**  
(400) *Matte nude*

ITEM NO.  
21971



**CRUSHIN'**  
(404) *Nude pink shimmer*

ITEM NO.  
21969



**DETERMINED**  
(405) *Brown shimmer*

ITEM NO.  
21964



**DIFFUSED**  
(406) *Matte plum*

ITEM NO.  
21995



**RESIDUAL**  
(401) *Beige shimmer*

ITEM NO.  
21992



**WANDERLUST**  
(402) *Pale white shimmer*

ITEM NO.  
21972

# LIPS

**LIP GLOSS** SIZE | 5 g ea. | VEGETARIAN GF

Formulated with Peppermint essential oil, Savvy Minerals by Young Living® Lip Gloss soothes and softens lips while adding shine and colour without relying on synthetic colourants. Its naturally derived, buildable tint gives you perfect control over your coverage from sheer to medium.



**ABUNDANT**  
(600) Sheer light pink

ITEM NO.  
22003



**ANCHORS AWEIGH**  
(616) Orangey pink

ITEM NO.  
25041



**EMBRACE**  
(601) Nude with a hint of pink

ITEM NO.  
22001



**HEADLINER**  
(617) Bright pink

ITEM NO.  
25042



## LIP LUXE

ITEM NO. 25722 | SIZE 3 ml | VEGAN GF

Savvy Minerals by Young Living® Lip Luxe™ is a rich, luxurious lip gloss and treatment. It is specially formulated with moisture-boosting sunflower seed oil, jojoba oil and grape seed extract to keep your lips looking luscious. Worn alone or layered on top of your favourite lipstick, Lip Luxe adds smooth texture and a high-gloss finish to your look.

## POPPY SEED LIP SCRUB

ITEM NO. 25046 | SIZE 12 g | VEGETARIAN GF

Savvy Minerals by Young Living® Poppy Seed Lip Scrub is a gentle exfoliant that conditions and moisturises lips before applying the perfect shade of lipstick. Formulated with four types of butter and non-toxic ingredients, this scrub leaves lips smooth and soft.



**LIPSTICK** SIZE | 4.8 g ea. | VEGETARIAN GF

Made without synthetic colourants, Savvy Minerals by Young Living® Lipstick adds a pop of colour with a weightless formula and smooth application for a no-fuss lipstick that is perfect for everyday use.



**DAYDREAM**  
(602) Peachy nude

ITEM NO. 21996



**ON A WHIM**  
(603) Beige nude

ITEM NO. 21999



**UPTOWN GIRL**  
(605) Dusty rose

ITEM NO. 22004



**WISH**  
(604) Nude rose

ITEM NO. 22006

## LIPSTICK - TANGERINE-INFUSED

SIZE | 3.8 g ea. | VEGETARIAN GF

Hydrate and tint your lips with a range of stunning new Savvy Minerals by Young Living® Lipstick shades, all infused with Tangerine essential oil. Boost your spirits and your confidence with an uplifting scent and a vivid colour!



**BEDAZZLED**  
(614) Plum berry

ITEM NO. 25035



**I DARE YOU**  
(612) Coral orange

ITEM NO. 25033



**MIC DROP**  
(610) Bright pink

ITEM NO. 25030



**SWEET LIFE**  
(609) Bright fuchsia

ITEM NO. 25034

\*These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.

# TOOLS

## BRUSHES

Build your makeup brush set with our premium Savvy Minerals by Young Living® Brushes. With these tools, you'll have everything you need to master your makeup application - use them as a complement to your Essential Brush Set.



**BRONZER BRUSH** | ITEM NO. 25355



**CONCEALER BRUSH** | ITEM NO. 25339



**CONTOUR BRUSH** | ITEM NO. 25338



**DUAL LASH BRUSH** | ITEM NO. 25931



**EYELINER BRUSH** | ITEM NO. 25356



**FULL COVERAGE LIQUID FOUNDATION BRUSH** | ITEM NO. 25754

## ESSENTIAL BRUSH SET

ITEM NO. 21257

Made in Italy, our Savvy Minerals by Young Living® Essential Brush Set includes five high-quality brushes specially created for applying and blending our mineral powder products. They come in a stylish case for convenient storage and transportation, featuring individual brush pouches and a removable interior zipper case.

**WHAT'S INCLUDED** | 1 x Blending Brush, 1 x Blush Brush, 1 x Veil Brush, 1 x Foundation Brush, 1 x Eye Shadow Brush, 1 x Essential Brush Case



NEW!



## BLENDING SPONGE

ITEM NO. 25067

Customise your coverage with the Savvy Minerals by Young Living® Blending Sponge! Use the rounded end to cover larger surfaces and the contoured end for a more precise application around the nose, chin and eyes. This latex-free makeup sponge fits perfectly in your hand, allowing you to effortlessly apply your Savvy Minerals by Young Living® Liquid Concealer and Liquid Foundation.

NEW!



## FACE MATCH TOOL

ITEM NO. 37292

Find your perfect shade of Savvy Minerals by Young Living® Liquid Foundation! This tool has all 13 shades, conveniently printed on transparent cards allowing you to match your complexion with ease. Simply hold the transparent panel up to your jawline on clean, makeup-free skin to find the shade that best matches your unique skin.



RESPONSIBLY SOURCED



PLANT BASED



CRUELTY FREE



ESSENTIAL OIL INFUSED



TOXIN FREE



NATURAL

## ✓ YES LIST

Savvy Minerals by Young Living® products are developed with an unwavering standard of purity and quality. They feature:

- ✓ Young Living Essential Oils
- ✓ High-quality minerals
- ✓ Aspen bark extract
- ✓ Mica
- ✓ Kaolin clay
- ✓ Jojoba oil and aloe
- ✓ Non-nano ingredients
- ✓ Naturally derived ingredients

## ⊘ NO LIST

You can always feel good about putting Savvy Minerals by Young Living® on your skin. Our products are free from:

- ✗ Talc
- ✗ Bismuth
- ✗ Parabens
- ✗ Phthalates
- ✗ Petrochemicals
- ✗ Nano-particles
- ✗ Synthetic fragrances
- ✗ Synthetic colourants
- ✗ Synthetic fillers
- ✗ Harsh dyes
- ✗ Cruelty

**DON'T COMPROMISE YOUR HEALTH FOR BEAUTY.**



SAVVY MINERALS  
by YOUNG LIVING®

*#BeautyMadeBetter*



## FACIAL CARE

Young Living's skin care range brings together premium botanical and essential oil ingredients to support and improve the appearance of your skin. This line offers essential skin care solutions for every skin type, with products that are expertly formulated to help keep your skin looking healthy and smooth.

# CLEANSE



## ART GENTLE CLEANSER

ITEM NO.	SIZE	VEGAN
5361	100 ml	GF

ART® Gentle Cleanser promotes glowing skin by washing away impurities with a soft, gentle lather. Infused with nourishing essential oils, your face will feel clean and refreshed with a renewed, radiant look.

**HOW TO USE** | Apply to wet hands and massage over face and neck with a circular motion. Rinse off and follow with ART® Refreshing Toner and ART® Moisturizer.



## BLOOM BY YOUNG LIVING BRIGHTENING CLEANSER

ITEM NO.	SIZE	VEGETARIAN
31322	100 ml	GF

Featuring the invigorating scent of Sheerlumé™ Brightening Complex, the BLOOM by Young Living Brightening Cleanser is a naturally derived facial wash that leaves your skin feeling fresh and clean while gently removing light makeup and impurities. Powered by plumeria (frangipani) flower extract, sodium hyaluronate and pracaxi seed oil to cleanse and hydrate your skin.

**HOW TO USE** | Wet skin with lukewarm water and gently massage a small amount of cleanser onto skin. Rinse thoroughly and pat dry. Repeat morning and night.



## MIRAH LUMINOUS CLEANSING OIL

ITEM NO.	SIZE	VEGAN
23735	118 ml	GF

Formulated with essential oils like Sandalwood, Rose, Jasmine\*\* and pure carrier oils, including jojoba and argan, this facial cleanser removes impurities and improves skin texture without stripping away the natural oils your skin needs.

**HOW TO USE** | Apply 3-4 pumps to dry hands and massage onto face to cleanse and remove makeup. Rinse off with warm water.

\*\*Jasmine is an absolute or essence, rather than an essential oil.



## ORANGE BLOSSOM FACIAL WASH

ITEM NO.	SIZE	VEGETARIAN
20176	118 ml	

Energise your beauty routine with Young Living's Orange Blossom Facial Wash. Featuring a fresh formulation and designed to reduce surface oils and remove dirt and makeup, this gentle cleanser won't irritate sensitive skin.

**HOW TO USE** | Wet your face with warm water. Put a small amount of Orange Blossom Facial Wash into the palm of your hand and gently rub onto your skin, then rinse and pat dry.

### The Double Cleanse

- 1. START WITH AN OIL-BASED CLEANSER**

Apply 3-4 pumps of Mirah™ Luminous Cleansing Oil to dry hands and massage onto face to cleanse and remove makeup. Rinse off with warm water.

  - Removes makeup and water-resistant sunscreens.
  - Remove dirt and oils that clog pores.
  - Does not strip away natural oils the skin needs.
- 2. FOLLOW WITH A FOAMING CLEANSER**

Using lukewarm water, wet your hands and massage ART® Gentle Cleanser over your face and neck, then wash your face and use a clean towel to pat dry.

  - Deeply cleanses without harsh chemicals that can dry out the skin.
  - Foaming action lifts and captures impurities under the skin that are then easily washed away.



## EXFOLIATE



### SATIN FACIAL SCRUB, MINT

ITEM NO.	SIZE	VEGETARIAN
20454	57 g	GF

Satin Facial Scrub™ Mint contains apricot seeds that act as a natural, gentle exfoliant. It contains jojoba oil, mango butter, MSM (methylsulfonylethane), aloe and Peppermint essential oil to minimise the appearance of pores and invigorate dull skin. This luxurious scrub also features raspberry fruit extract as an antioxidant.

**HOW TO USE** | Massage gently over face and neck with warm water and rinse thoroughly. Use as needed.

## MASQUE



### ART BEAUTY MASQUE

ITEM NO.	SIZE	VEGAN
20210	4 pk	GF

Treat your skin to a hydrating, nourishing infusion for a complexion that looks smoother, firmer, younger and more radiant with ART® Beauty Masque. Naturally occurring hyaluronic acid hydrates the skin to improve the appearance of fine lines and wrinkles, while orchid petal extract and essential oils refresh dull skin.

**HOW TO USE** | Wash and dry face. Remove masque from pouch and place over entire face. Leave masque on for 20 minutes, then gently remove and discard. Use damp cloth to remove any residue.

## TONE



### ART REFRESHING TONER

ITEM NO.	SIZE	VEGAN
5360	120 ml	GF

ART® Refreshing Toner gently removes impurities without drying the skin. This perfect blend of essential oils helps balance your skin's pH, while leaving your face clean, toned and refreshed.

**HOW TO USE** | After cleansing and before moisturising, sweep toner across face and neck with a cotton pad. Use morning and evening as needed.

## TREAT



### ART RENEWAL SERUM

ITEM NO.	SIZE	VEGAN
5175	20 ml	GF

ART® Renewal Serum is an intricate blend of exotic orchid extract and essential oils that nourish the most delicate areas of the face. These premium ingredients are formulated to deeply rejuvenate, hydrate and help maintain a youthful appearance.

**HOW TO USE** | Wash face. Apply to delicate areas of face 2 times daily and allow to absorb. For best results, follow up with your choice of Young Living moisturising creams.



### ART SHEERLUMÉ BRIGHTENING CREAM

ITEM NO.	SIZE	VEGAN
4833	30 ml	GF

An advanced formula powered by a sophisticated, proprietary blend of alpine botanicals and pure essential oils, ART® Sheerlumé™ Brightening Cream will give the appearance of visibly brightened and balanced skin tone.

**HOW TO USE** | Apply a thin layer on clean skin. For best results, use morning and night, either alone or under your favourite Young Living moisturising cream.



**BLOOM BY YOUNG LIVING  
BRIGHTENING ESSENCE**

ITEM NO. 31324	SIZE 140 ml	VEGETARIAN GF
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The BLOOM by Young Living Brightening Essence infuses moisture into your skin, refining it's look and texture. With ethically sourced mica instantly illuminating skin, giving it a radiant glow. Our non-stripping and pH balance-restoring formula also maintains a healthy skin microbiome, leaving your skin refreshed.

**HOW TO USE** | Gently shake before use. Pour a generous amount onto the palm of your hand. Rub hands together and lightly press palms onto your skin from the centre of face outward, including your neck and décolletage. Repeat morning and night.



**DRY SKIN SERUM**

ITEM NO. 378202	SIZE 15 ml	VEGAN GF
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Young Living's Dry Skin Serum contains Blue Cypress and Lavender essential oils, known for their ability to maintain the skin's natural moisture balance.

**HOW TO USE** | Add 3-5 drops to your daily moisturiser and apply gently over face and neck. For spot treatment, apply directly onto desired area and rub gently into skin.

**INGREDIENTS** | Cedarwood, Coconut oil, Avocado oil, Blue Cypress, Rosehip oil, Jojoba oil, Lavender, Myrrh, Clove, Tocopherol, Wolfberry seed oil, Sandalwood



**BLOOM BY YOUNG LIVING  
COLLAGEN COMPLETE**

ITEM NO. 30710	ITEM NO. 38054	GF
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SIZE 10 pk (50 ml ea.)	SIZE 30 pk (50 ml ea.)
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Enjoy the beautiful benefits of Collagen Complete®! This unique formula delivers the glow-giving benefits of 10,000 mg of Peptan® liquid marine collagen, as well as wolfberry juice and jasmine green tea extract, with a delicious wolfberry- citrus flavour. Infused with pure Grapefruit, Lemon and Lime essential oils, a single serving helps you enjoy radiant beauty from within every day!

**HOW TO USE** | Drink 1 bottle per day. Shake well before use.



**ROSE OINTMENT**

ITEM NO. 3709	SIZE 24.5 g	VEGAN GF
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Rose Ointment™ deeply hydrates dry skin with premium botanicals and pure essential oils. Easy to apply and ultra-versatile, this luxurious balm is perfect for use on lips, elbows, knees and other areas of dry skin. Rose essential oil improves skin texture, while Tea Tree works to soothe rough skin.

**HOW TO USE** | Apply to desired area several times daily. Do not use on heat-stressed skin.

## MOISTURISE



### ART INTENSIVE MOISTURIZER

ITEM NO.	SIZE	VEGAN
566302	50 ml	GF

Add ART® Intensive Moisturizer to your daily skin care routine and discover the perfect way to pamper yourself. This deep, ultra hydrating lotion smooths and nourishes the skin while also reducing the appearance of fine lines and wrinkles.

**HOW TO USE** | With upward and outward motions, apply on clean, dry face and neck. Use morning and night and throughout the day as needed.



### ART LIGHT MOISTURIZER

ITEM NO.	SIZE	VEGETARIAN
5362	30 ml	GF

ART® Light Moisturizer helps your skin retain and maintain proper hydration. With its nourishing combination of Young Living essential oils and other premium ingredients, your skin will enjoy a feeling of silky softness.

**HOW TO USE** | After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.



### BRIGHTENING LOTION

ITEM NO.	SIZE	VEGETARIAN
31326	150 ml	GF

Infused with the most advanced natural ingredients, BLOOM by Young Living Brightening Lotion brightens the skin's appearance while boosting natural radiance. This lightweight hydration helps moisturise skin, while antioxidants help minimise the appearance of future damage.

**HOW TO USE** | Gently press and pat a small amount of lotion evenly over face, neck and décolletage. Repeat morning and night.

## EYE CARE



### ROYAL HAWAIIAN SANDALWOOD HYDROSOL

ITEM NO.	SIZE	VEGAN
27276	110 ml	GF

Refresh your face - and your space - with Royal Hawaiian™ Sandalwood Hydrosol. This distillation water is a refreshing, aromatic multi-purpose spray that hydrates skin and hair and adds a welcoming aroma to linens and the air in your home.

**HOW TO USE** | Shake well before use. Refrigerate after opening. For topical usage, spritz 2-3 times on desired skin area as a refreshing body mist. For aromatic usage, spray 4-5 times inside rooms to freshen or mist onto desired linens 20-25 cm away for a light fragrance.



### WOLFBERRY EYE CREAM

ITEM NO.	SIZE	VEGETARIAN
5145	14 g	

Wolfberry Eye Cream™ is a natural, water-based moisturiser designed to moisturise and nourish the delicate eye area. Containing the anti-ageing and skin-conditioning properties of natural botanical ingredients including wolfberry seed oil, this cream soothes tired eyes and minimises the appearance of fine lines.

**HOW TO USE** | After cleansing and toning, massage gently onto soft skin under the eyes. Use in the evening before bed.

## LIP CARE



### LIP BALM

ITEM NO.	SIZE	VEGETARIAN	GF
515002 Cinnamint™	4.5 g	✓	✓
517802 Grapefruit		✓	✓
520302 Lavender		✓	✓

Moisturise and protect your lips with our all-natural lip balm. Formulated with pure essential oils, Young Living Lip Balms help prevent dehydration and leave your lips feeling soft and smooth.

**HOW TO USE** | Apply to lips as needed.



### LIP LUXE

ITEM NO.	SIZE	VEGAN	GF
25722	3 ml	✓	✓

Savvy Minerals by Young Living® Lip Luxe™ is a rich, luxurious lip gloss and treatment. It is specially formulated with moisture-boosting sunflower seed oil, jojoba oil and grape seed extract to keep your lips looking luscious. Worn alone or layered on top of your favourite lipstick, Lip Luxe adds smooth texture and a high-gloss finish to your look.

**HOW TO USE** | Apply to lips as needed.



### POPPY SEED LIP SCRUB

ITEM NO.	SIZE	VEGETARIAN	GF
25046	12 g	✓	✓

Savvy Minerals by Young Living® Poppy Seed Lip Scrub is a gentle exfoliant that conditions and moisturises lips before applying the perfect shade of lipstick. Formulated with four types of butter and non-toxic ingredients, this scrub leaves lips smooth and soft.

**HOW TO USE** | Apply a pea-sized amount to lips, exfoliating in small, circular motions. Use a cotton pad to remove excess.

## COMBO



### ART SKIN CARE SYSTEM

ITEM NO.  
5362

Young Living's new ART® Skin Care System safely and effectively cleanses, tones and moisturises your face to bring out your natural and inherent beauty. That is the beauty of ART!

**WHAT'S INCLUDED** | 1 x ART® Refreshing Toner 120 ml, 1 x ART® Light Moisturizer 30 ml, 1 x ART® Gentle Cleanser 100 ml

**HOW TO USE** | See individual products.



### BLOOM BY YOUNG LIVING BRIGHTENING SKIN CARE SET

ITEM NO.  
32613

The BLOOM by Young Living Brightening Skin Care Set contains naturally derived formulas loaded with antioxidants to help intensify hydration, minimise the appearance of future damage and help improve the appearance of an even skin tone, leaving you with radiant, glowing skin!

On the inside of every BLOOM by Young Living carton, you'll find a colour and cutout flower activity to encourage the reuse of packaging and to help spread the message of reducing waste.

**WHAT'S INCLUDED** | BLOOM by Young Living Brightening Cleanser, BLOOM by Young Living Brightening Essence, BLOOM by Young Living Brightening Lotions

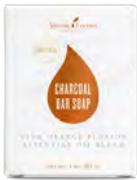
**HOW TO USE** | See individual products.



# BODY CARE

It's important to be conscious of what you put in your body - and because your skin is your largest organ, it's equally important to be careful what you put on it. Whether you're looking for shower gel, moisturising lotion, essential oil-infused soap or toxin-free deodorant products, this line has you covered!

## BAR SOAP



### CHARCOAL BAR SOAP

ITEM NO. | SIZE  
23799 | 85 g

VEGAN GF

Made with a fresh orange blossom scent and powerful activated charcoal, this deep-cleaning soap is perfect for men and women alike. Formulated for the body and face to wash away excess dirt and oil without stripping the skin's natural moisture barrier.

HOW TO USE | Lather. Wash. Rinse.



### LAVENDER OATMEAL BAR SOAP

ITEM NO. | SIZE  
490402 | 100 g

VEGAN GF

With a relaxing floral scent and luxuriously creamy formula, our Lavender-Oatmeal Bar Soap is vegan-friendly and great for the whole family. Oats gently exfoliate while moisturising botanicals prevent over-drying, leaving skin feeling soft, smooth and refreshed.

HOW TO USE | Lather. Wash. Rinse.



### LEMON SANDALWOOD CLEANSING SOAP

ITEM NO. | SIZE  
367502 | 100 g

VEGAN GF

The Lemon essential oil in Lemon Sandalwood Cleansing Soap has clarifying properties to thoroughly cleanse the skin, while Sandalwood combats dryness.

HOW TO USE | Lather. Wash. Rinse.



### SHUTRAN BAR SOAP

ITEM NO. | SIZE  
5711 | 170 g

VEGAN GF

Containing ingredients such as Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil and jojoba oil, Shutran Bar Soap is gentle on skin. Plus, it contains activated carbon, giving the bar its rich grey colour and deodorising properties.

HOW TO USE | Lather. Wash. Rinse.

### THIEVES CLEANSING SOAP



ITEM NO. | SIZE  
367902 | 100 g

VEGAN GF

Thieves® Cleansing Soap offers ultra-cleansing benefits and the power of pure essential oils. Containing the legendary Thieves essential oil blend, this bar soap is ideal for purifying the skin.

HOW TO USE | Lather. Wash. Rinse.



### VALOR MOISTURIZING SOAP

ITEM NO. | SIZE  
368002 | 100 g

VEGAN GF

Valor® Moisturizing Soap combines the empowering scent of Valor essential oil blend with all-natural ingredients to cleanse, soothe, moisturise and rejuvenate the skin.

HOW TO USE | Lather. Wash. Rinse.

## BATH BOMBS & SHOWER STEAMERS



### LAVENDER CALMING BATH BOMBS

ITEM NO. | SIZE | VEGAN GF  
20671 | 4 bath bombs

Lavender Calming Bath Bombs are formulated with Lavender essential oil for a soothing and calming aroma. These vegan bath bombs are also filled with nourishing ingredients and no unwanted additives. That means they're not only fun and relaxing—they also leave skin soft and moisturised.

HOW TO USE | Drop one bath bomb into a tub filled with warm water.



### STRESS AWAY RELAXING BATH BOMBS

ITEM NO. | SIZE | VEGAN GF  
20674 | 4 bath bombs

Popular for its warm and inviting vanilla-lime scent, Young Living's Stress Away™ essential oil infused vegan bath bombs are made with a mineral-rich formula and skin-loving ingredients to create a relaxing atmosphere while moisturising your skin.

HOW TO USE | Drop one bath bomb into a tub filled with warm water.



### CITRUS FRESH ENERGIZING SHOWER STEAMERS

ITEM NO. | SIZE | VEGAN GF  
25153 | 4 steamers

Let the bright, clean fragrance of Citrus Fresh™ help perk up your morning routine. Simply pop a Citrus Fresh Energizing Shower Steamer on the floor or shelf opposite your shower head to surround yourself with the aroma of five invigorating citrus essential oils, boosted by a hint of spearmint.

HOW TO USE | Place one shower steamer onto the shower floor or shelf where it gets wet but does not obstruct the main water stream. Breathe in the fragrant steam for an amazing, spa-like experience. Not to be used as bath bombs.



### EASY BREEZE AWAKENING SHOWER STEAMERS

ITEM NO. | SIZE | VEGAN GF  
25155 | 4 steamers

Let the crisp, effervescent scent of Peppermint and Eucalyptus essential oils drift through warm steam, filling your shower with a rejuvenating aroma. Let Easy Breeze™ Awakening Shower Steamers infuse your morning with an invigorating, luxurious experience.

HOW TO USE | Place one shower steamer onto the shower floor or shelf where it gets wet but does not obstruct the main water stream. Breathe in the fragrant steam for an amazing, spa-like experience. Not to be used as bath bombs.

## DEODORANT



### CINNAFRESH DEODORANT

ITEM NO. | SIZE | VEGETARIAN  
27720 | 42.5 g | GF

CinnaFresh™ Deodorant delivers all the benefits of traditional deodorants without any harsh chemical additives! This aluminium-free deodorant is clinically shown to help maintain the balance of the skin's natural microbiome, giving you the protection and confidence you deserve.

HOW TO USE | Apply as required.



### CITRAGUARD DEODORANT

ITEM NO. | SIZE | VEGETARIAN  
27820 | 42.5 g | GF

Unlike many conventional deodorants and antiperspirants, CitraGuard™ deodorant is clinically shown to help maintain the balance of the skin's natural microbiome. It shields your skin from unwanted external and environmental influences while offering dynamic protection from odour-causing bacteria.

HOW TO USE | Apply as required.



### VALOR DEODORANT

ITEM NO. | SIZE | VEGETARIAN  
27843 | 42.5 g | GF

Valor Deodorant provides the protection you need against odour without using aluminium or harsh chemical additives, giving you a non-irritating, skin-soothing deodorant. Top notes of Black Spruce and Blue Tansy blend with subtle notes of Frankincense for a motivating scent that powers you through your day while protecting your pits.

HOW TO USE | Apply as required.

## HAND & BODY LOTION



### GENESIS HAND AND BODY LOTION

ITEM NO. | SIZE | VEGAN  
370602 | 245 g | GF

Genesis™ Hand & Body Lotion is an ultra-moisturising cream containing coconut oil and other natural botanicals to soothe and nourish dry, dehydrated skin. Geranium, Palmarosa, Bergamot and other pure essential oils are included for their soothing properties.

HOW TO USE | Use as needed to moisturise dehydrated skin.



### LAVENDER HAND AND BODY LOTION

ITEM NO. | SIZE | VEGETARIAN  
520102 | 226 g | GF

Infused with Lavender essential oil and other plant-based ingredients, Lavender Hand and Body Lotion moisturises and protects skin from overexposure while offering long-lasting hydration.

HOW TO USE | Use as needed to moisturise dehydrated skin.

## BODY BUTTER



### COCONUT-LIME REPLENISHING BODY BUTTER

ITEM NO. | SIZE | VEGAN  
20225 | 80 g | GF

Containing mango and cupuacu butters with no added water, Coconut-Lime Replenishing Body Butter naturally moisturises your skin to keep you hydrated and soft all day long with a fresh, tropical scent.

HOW TO USE | Apply all over body to moisturise skin. Use daily.

# HAND SOAP



## LAVENDER FOAMING HAND SOAP

ITEM NO. 443002	ITEM NO. 443102	VEGAN
SIZE 236 ml	SIZE 3 pk (236 ml ea.)	

Lavender Foaming Hand Soap cleanses and conditions your hands without leaving dryness or irritation. Infused with Lavender essential oil, vitamin E and aloe, this soap is effective and gentle enough for the most sensitive skin.

**HOW TO USE** | Pump foam onto hands, lather, then rinse thoroughly.

All 236 ml bottles include 1 x pump.



## THIEVES FOAMING HAND SOAP

ITEM NO. 367402	ITEM NO. 364302	ITEM NO. 359402
SIZE 236 ml	SIZE 3 pk (236 ml ea.)	SIZE Refill (946 ml)

VEGAN GF

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon and Orange essential oils with other natural ingredients, it's a gentle and effective alternative to harsh chemical soaps. Thieves Foaming Hand Soap is the perfect companion for every water outlet in your home.

**HOW TO USE** | Pump foam onto hands, lather and rinse thoroughly.

All 236 ml bottles include 1 x pump.



## EVENING PEACE BATH AND SHOWER GEL

ITEM NO. 374202	SIZE 245 g	VEGAN GF
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Evening Peace™ Bath and Shower Gel refreshes the skin and calms the mind. Essential oils such as Coriander, Bergamot, Ylang Ylang and Geranium invoke feelings of serenity and relaxation to soothe and nourish the skin.

**HOW TO USE** | Lather. Wash. Rinse.



## MORNING START BATH AND SHOWER GEL

ITEM NO. 374502	SIZE 236 ml	VEGAN GF
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Morning Start™ Bath and Shower Gel will help you feel refreshed at the start of every day with the power of pure essential oils. Peppermint, Lemongrass and Rosemary uplift and energise, while Juniper purifies and cleanses the skin.

**HOW TO USE** | Lather. Wash. Rinse.



## LUSHIOUS LEMON FOAMING HAND SOAP

VEGAN  
GF

ITEM NO. 30942	ITEM NO. 30837	ITEM NO. 30922
SIZE 236.5 ml	SIZE 3 pk (236 ml ea.)	SIZE 946 ml (Refill)

The Lushious Lemon Foaming Hand Soap combines Lemon, Lemon Myrtle, Spearmint and Ylang Ylang essential oils with other plant-based ingredients to gently cleanse hands. With a revitalising signature scent our hand soap leaves skin feeling soft and refreshed with a light lemony scent.

**HOW TO USE** | Pump foam onto hands, lather, then rinse thoroughly.

All 236 ml bottles include 1 x pump.

# SHOWER GELS



## BATH AND SHOWER GEL BASE

ITEM NO. 375102	SIZE 236 ml	VEGAN GF
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Young Living's Bath and Shower Gel Base is the perfect way to nourish and cleanse your skin. Add a few drops of your favourite essential oil single or blend to the gel base for a luxurious custom bath or shower gel.

**HOW TO USE** | Add 5-15 drops of essential oil to 236 ml of gel base and shake to mix. Lather. Wash. Rinse.



## LAVENDER BATH AND SHOWER GEL

ITEM NO. 5202	SIZE 236 ml	VEGAN GF
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Infused with pure Lavender essential oil, Lavender Bath and Shower Gel cleanses, soothes and relaxes your skin. It is free from harsh chemicals and synthetic preservatives and contains plant-based ingredients such as coconut oil and star anise.

**HOW TO USE** | Lather. Wash. Rinse.



## SENSATION BATH AND SHOWER GEL

ITEM NO. 374802	SIZE 236 ml	VEGAN GF
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Sensation™ Bath and Shower Gel contains several pure essential oils, including Ylang Ylang and Jasmine, for a soothing, relaxing experience which can inspire feelings of romance and connection.

**HOW TO USE** | Lather. Wash. Rinse.

## MORE BODY CARE



### CLARADERM SPRAY

ITEM NO. | SIZE | VEGAN  
375002 | 59 ml | GF

ClaraDerm™ Spray soothes dry, chapped or itchy skin. This gentle blend of Lavender, Frankincense and other essential oils is expertly formulated to relieve occasional skin irritations. It is especially comforting to delicate, stressed skin before and after childbirth.

HOW TO USE | Apply topically as needed.



### COOL AZUL SPORTS GEL

ITEM NO. | SIZE | VEGAN  
543602 | 100 ml | GF

Cool Azul™ Sports Gel is formulated with a full 10 percent of pure essential oils in every 100 ml tube. Along with hydrating the skin, our sports gel boasts a topically cooling blend of Peppermint, Plectranthus Oregano and Dorado Azul essential oils with menthol and camphor.

HOW TO USE | Shake well before use. Rub and massage generously onto skin. Wash hands after use. Keep away from eyes.



### LAVADERM AFTER SUN SPRAY

ITEM NO. | SIZE | VEGETARIAN  
25389 | 57 g | GF

LavaDerm™ After Sun Spray uses menthol from mint to soothe and cools the skin. It has moisturising ingredients such as aloe, Lavender essential oil and Helichrysum essential oil which leave skin feeling soft and smooth. LavaDerm After Sun Spray is safe for the whole family to use after the beach, a hike or after any outdoor activity.

HOW TO USE | Apply to desired area no more than 3-4 times daily.



### LAVADERM COOLING MIST

ITEM NO. | SIZE | VEGAN  
324902 | 59 ml | GF

LavaDerm™ Cooling Mist contains Lavender essential oil and aloe to soothe and rejuvenate overexposed skin.

HOW TO USE | Spray topically onto desired area. Repeat every 10-15 minutes as needed.



### LAVAMINT SOFTENING FOOT SCRUB

ITEM NO. | SIZE | VEGAN  
25152 | 85 g | GF

This Lavender-infused exfoliant rubs away rough, callused skin on your feet and opens pores so you can apply essential oils to reveal soft, healthy-looking skin. This foot scrub unites the smoothing power of four natural exfoliants with the cooling, soothing scents of Lavender and Peppermint to keep your feet looking and feeling silky smooth.

HOW TO USE | Massage into dry feet, including toes, soles and heels, then apply a small amount of warm water to transform the gel base into a milky lotion. Continue scrubbing over wet feet. Clean with a damp towel or rinse with water.



### MINERAL SUNSCREEN LOTION SPF 50

ITEM NO. | SIZE | VEGETARIAN  
24189 | 85 g | GF

This SPF 50 broad spectrum, high protection sunscreen is formulated to protect from UVA and UVB rays. Use this water-resistant sunscreen with other sun protection measures to help prevent premature ageing. Add this to your outdoor ensemble (such as a broad-rimmed hat, sunnies and a sleeved shirt) for effective protection year-round.

HOW TO USE | Apply liberally 20 minutes before sun exposure. Re-apply after 80 minutes of swimming or sweating, immediately after towel drying or at least every 2 hours. Avoid prolonged sun exposure.



### MIRAH SHAVE OIL

ITEM NO. | SIZE | VEGAN  
5156 | 59 ml | GF

Mirah™ Shave Oil is formulated with a rich blend of essential oils, emollients and botanical ingredients for a luxuriously close shave. Exotic baobab, meadowfoam and avocado oils work together with our exclusive Mirah essential oil blend to reduce razor drag, bumps and nicks.

HOW TO USE | Pump shave oil into hands and rub a thin layer over skin. Shave and rinse.



### OUTDOOR BLEND

ITEM NO. | SIZE | VEGAN  
28391 | 177 ml | GF

Outdoor Blend is a powerful formula combining Citronella and Lemongrass essential oils, both known for their outdoor use, along with sesame oil and vitamin E. Outdoor Blend offers a bright, citrusy aroma and applies smoothly to skin without leaving a sticky, greasy residue.

HOW TO USE | Apply to the arms, legs and neck before heading outdoors.



### BON VOYAGE TRAVEL PACK | ITEM NO. 469902

The Bon Voyage Travel Pack offers 10 Young Living personal care products in an attractive, custom bag. All products are perfect for using and/or sharing wherever you travel.

WHAT'S INCLUDED | 1 x Thieves® AromaBright Toothpaste 57 g, 1 x Thieves® Waterless Hand Sanitizer 29.56 ml, 1 x Thieves® Dental Floss 50 m, 1 x Thieves® Fresh Essence Plus™ Mouthwash 60 ml, 1 x YL Toothbrush (colour varies), 1 x Lavender Shampoo, 60 ml, 1 x Lavender Conditioner 60 ml, 1 x Cinnamon™ Lip Balm 4.2 g, 1 x Morning Start™ Bath and Shower Gel 60 ml, 1 x Genesis™ Hand and Body Lotion 60 ml, 1 x ART™ Light Moisturizer 10 g

# HAIR CARE

Give your hair the care it deserves! Our hair care products are infused with essential oils and made with plant-based, safe and environmentally responsible ingredients, so you don't have to worry about introducing any unwanted toxins to your hair or back into the environment.



## COPAIBA-VANILLA MOISTURIZING SHAMPOO

ITEM NO. | SIZE | VEGETARIAN  
5194121 | 295 ml

Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating shampoo for dry or damaged hair.

**HOW TO USE** | Lather. Rinse. Use when required to hydrate dry or damaged hair.



## COPAIBA-VANILLA MOISTURIZING CONDITIONER

ITEM NO. | SIZE | VEGETARIAN  
5195121 | 295 ml

Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair.

**HOW TO USE** | Apply to shampooed hair, avoiding the roots. Rinse. Use to hydrate dry or damaged hair.



## LAVENDER MINT DAILY SHAMPOO

ITEM NO. | SIZE | VEGETARIAN  
5191121 | 295 ml

Lavender Mint Daily Shampoo is an invigorating daily shampoo suitable for all hair types.

**HOW TO USE** | Lather. Rinse. Use when required to cleanse and nourish hair.



## LAVENDER MINT DAILY CONDITIONER

ITEM NO. | SIZE | VEGETARIAN  
5192121 | 295 ml

Lavender Mint Daily Conditioner is an invigorating daily moisture-blended conditioner suitable for all hair types.

**HOW TO USE** | Apply to shampooed hair, avoiding the roots. Rinse. Use to cleanse and nourish hair.



## LAVENDER VOLUME SHAMPOO

ITEM NO. | SIZE | VEGETARIAN  
510002 | 236 ml

Lavender Volume Shampoo gently cleanses and nourishes fine hair. Added botanical extracts, vitamins and essential oils remove build-up while maximising volume.

**HOW TO USE** | Lather. Rinse. Use when required to cleanse and strengthen hair.



## LAVENDER VOLUME CONDITIONER

ITEM NO. | SIZE | VEGETARIAN  
510202 | 236 ml

Lavender Volume Conditioner gently conditions fine hair and complements Lavender Volume Shampoo.

**HOW TO USE** | Apply to shampooed hair, avoiding the roots. Rinse. Use to cleanse and strengthen hair.



## MIRAH LUSTROUS HAIR OIL

ITEM NO. | SIZE | VEGAN GF  
23705 | 53 ml

Formulated with every hair type in mind, Mirah™ Lustrous Hair Oil softens and smooths the hair by minimising frizz, flyaways and tangles. Infused with Abyssinian, Monoi, camellia and argan oils, this hair oil improves manageability and shine and also has a pleasant, floral aroma.

**HOW TO USE** | Apply a small amount to damp hair, from mid-length to ends, before blow-drying or air-drying or smooth through dry hair to eliminate frizz and add a healthy shine.

These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.

## MEN'S CARE

Freshen up with shaving and grooming products specifically formulated for men, all featuring naturally derived ingredients and premium essential oils. Our men's line includes everything busy men need to care for their skin and body, delivering a head-to-toe clean and natural confidence.





## SHUTRAN ESSENTIAL OIL BLEND

ITEM NO.	SIZE	VEGAN
483502	15 ml	GF

An empowering essential oil blend specially formulated with a scent for men to boost feelings of masculinity and confidence, Shutran™ is perfect for use as a cologne that appeals to both men and women.

**INGREDIENTS** | Idaho Blue Spruce, Ylang Ylang, Ocotea, Hinoki, Davana, Cedarwood, Lavender, Coriander, Lemon, Northern Lights Black Spruce

**HOW TO USE** |    
Diffuse, directly inhale or apply topically.



## SHUTRAN 3-IN-1 MEN'S WASH

ITEM NO.	SIZE	VEGAN
20483	236 ml	GF

Young Living's Shutran™ 3-in-1 Men's Wash is a shampoo, face wash and body wash all in one. Formulated with Shutran essential oil blend, aloe, ucuuba nut oil and other naturally derived ingredients, this cleanser is gentle, effective, smells great and will keep you fresh and clean from head to toe all day long.

**HOW TO USE** | Lather over hair, body and face. Rinse.



## SHUTRAN AFTERSHAVE LOTION

ITEM NO.	SIZE	VEGAN
571002	50 g	GF

This 100 percent vegetable-based aftershave refreshes and calms the skin after shaving. Made with Shutran™ essential oil blend, organic coconut oil, argan oil, jojoba oil, witch hazel extract, dandelion root extract and aloe vera, this aftershave is perfectly moisturising.

**HOW TO USE** | Apply a small amount to face after shaving with Shutran™ Shave Cream. Can also be applied between shaves to keep skin moisturised.



## SHUTRAN BAR SOAP

ITEM NO.	SIZE	VEGAN
5711	170 g	GF

Containing ingredients such as Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil and jojoba oil, Shutran Bar Soap is gentle on skin. Plus, it contains activated carbon, giving the bar its rich grey colour and deodorising properties.

**HOW TO USE** | Wet bar and work into a lather. Apply lather to desired areas of the body to cleanse skin. Rinse thoroughly with water.



## SHUTRAN BEARD OIL

ITEM NO.	SIZE	VEGAN
20875	30 ml	GF

Shutran™ Beard Oil features the inspiring scent of our Shutran essential oil blend and is specially crafted to soften, condition and add a healthy-looking sheen to facial hair while moisturising the skin underneath.

**HOW TO USE** | Use the dropper to dispense 3-4 drops of oil into the palm of your hand. Gently work the oil into your facial hair. Groom and style you facial hair as normal. Rinse excess oil from your hands with warm, soapy water.



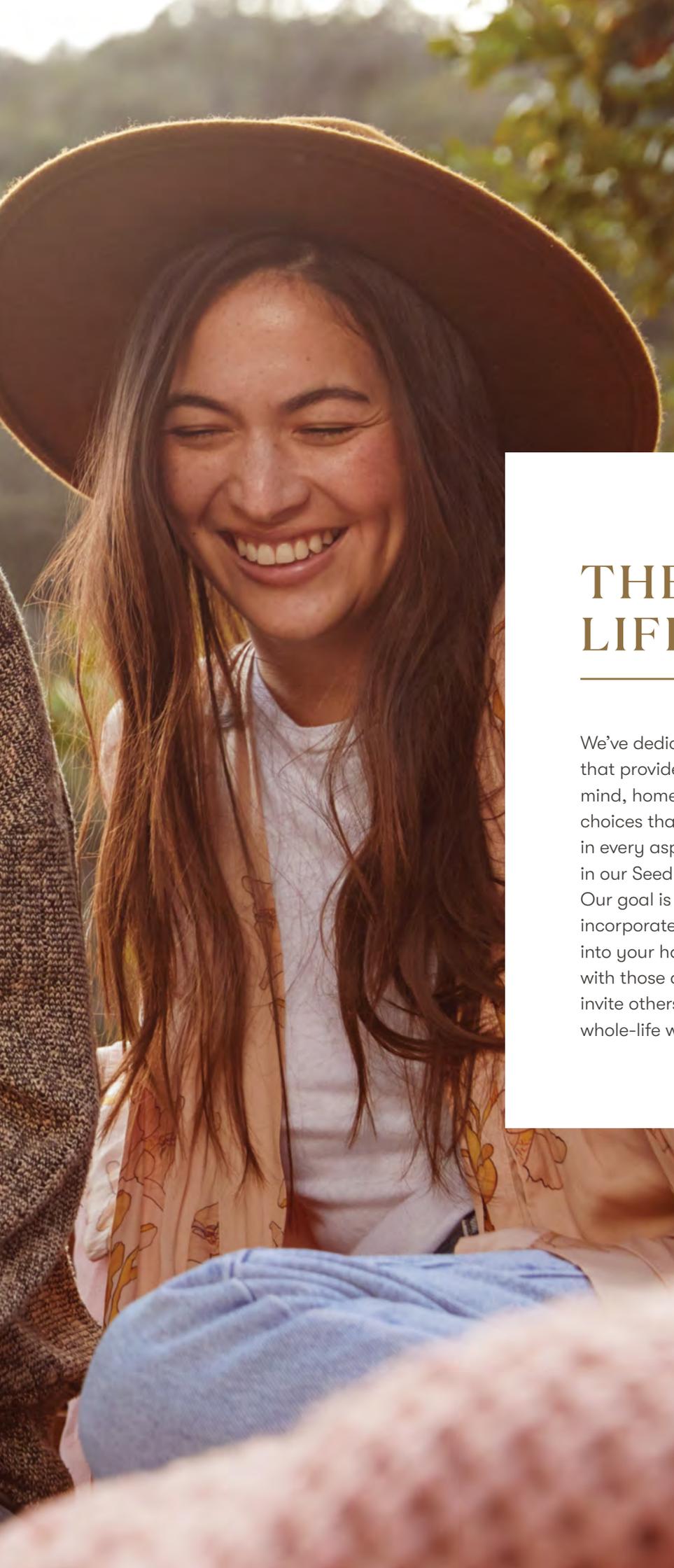
## SHUTRAN SHAVE CREAM

ITEM NO.	SIZE	VEGETARIAN
25558	100 ml	GF

Made with pure essential oils and moisturising botanicals, Shutran™ Shave Cream delivers an incredibly close, smooth shave. Combining hydrating palm, grape seed and olive oils, naturally derived vitamin E complex and mango and cocoa butters, this luxurious shave cream provides a frictionless glide to reduce razor burn and nicks.

**HOW TO USE** | Wet area with warm water. Apply a thin, even layer. Shave and rinse razor after each stroke. Rinse area with water.





## THE YL LIFESTYLE

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We've dedicated decades to developing products that provide each of us with a healthy body, mind, home and planet. We're proud to bring you choices that support wellness and sustainability in every aspect of your life without ever wavering in our Seed to Seal® quality commitment. Our goal is to provide you with more ways to incorporate wellness and toxin-free alternatives into your habits and home. Sharing Young Living with those around you is your opportunity to invite others to join and enjoy a community of whole-life wellness.

# WHY JOIN Young Living?

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When you join Young Living, you join a supportive global community dedicated to enjoying and sharing the benefits of nature's living energy. A Young Living wholesale membership is much more than access to our pure and healthy oil-infused essentials; you also receive:

- 24 percent off retail pricing on all Young Living products
- Participation in our generous compensation plan, should you wish to share Young Living product with others
- The convenience and benefits of our Essential Rewards subscription program and
- The possibility of earning exclusive retreats to celebrate your talent, hard work and achievements.

Head over to [YoungLiving.com.au](http://YoungLiving.com.au) or [YoungLiving.co.nz](http://YoungLiving.co.nz) then click on 'Become A Member' and follow the simple prompts to enrol.

View the Income Disclosure Statement here:  
<http://bit.ly/YLIncomeDisclosureAUNZ>



## *Our promise to you* OUR MONEY-BACK GUARANTEE

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If you are not satisfied with any Young Living product, you may return any unopened product within 30 days after shipment for a full refund or a credit on your Young Living account.\*

Opened product must be returned to Young Living within 30 days after shipment. A credit will be applied to your account. For the full details of Young Living's Returns Policy, please see Section 11 of the Policies and Procedures.

*\*Note that the full refund will be provided in the same method of payment of the purchase price and GST (incl. reasonable shipping charges). Credit will be provided on your Young Living account of the purchase price and GST (incl. reasonable shipping charges).*

# 3 WAYS TO GET STARTED with Young Living

MOST  
POPULAR  
OPTION

## Purchase a STARTER BUNDLE

- Select from eight Starter Bundles:
  - Includes 5 x Wellness Essential Oil singles and 7 x Essential Oil blends in the Starter Bundles that include a diffuser\* (pictured)
  - Other Starter Bundles available include Basic, Healthy Home and NingXia Red
- Enjoy 24% off retail pricing
- Option to join the Essential Rewards Loyalty Program (ER)
- Add any additional products to your ER order, including a range of Essential Rewards Bundles

This option provides the best value for money!

\*New Zealand Starter Bundles contain the regular versions of the essential oil singles.



Desert Mist Starter Bundle (AUS)

\*Images are used for Australian versions only.

## Choose your own products with a CUSTOMISED ENROLMENT ORDER (CEO)

- Select any products: totalling 100 PV or more
- A Starter Bundle is NOT required
- Enjoy 24% off retail pricing
- Option to join the Essential Rewards Loyalty Program (ER)
- Add any additional products to your ER order, including a range of Essential Rewards Bundles



Nature's Home Essentials - Lifestyle Collection

## Purchase as a RETAIL CUSTOMER

- Select any products
- No minimum order required
- Retail prices



## ESSENTIAL REWARDS

The Starter Bundles and CEO options mentioned above allow you to benefit from the generous Essential Rewards (ER) Loyalty Program. [Learn more on page 109.](#)

# Set yourself up for success with a YOUNG LIVING STARTER BUNDLE

An extraordinary value that offers a comprehensive introduction to the power of essential oils and the Young Living lifestyle. Our Starter Bundles are the perfect option for those wanting to transform their lives, with all-natural products. Select from our beautiful, value-packed range of Starter Bundles and save up to 50% on your favourite essential oil products and diffusers!

## OIL & DIFFUSER STARTER BUNDLES\*



### 12 ESSENTIAL OILS

- 1 x Frankincense Wellness® 5 ml
- 1 x Lavender Wellness® 5 ml
- 1 x Lemon Wellness® 5 ml
- 1 x Orange Wellness® 5 ml
- 1 x Peppermint Wellness® 5 ml
- 1 x Peace and Calming® 5 ml
- 1 x DiGize™ 5 ml
- 1 x PanAway® 5 ml
- 1 x R.C.™ 5 ml
- 1 x Stress Away™ 5 ml
- 1 x Thieves® 5 ml
- 1 x Valor® 5 ml

### EVERYDAY ESSENTIALS

- 1 x Thieves® Spray 29.5 ml
- 1 x Thieves® Waterless Hand Sanitizer 29.5 g
- 2 x NingXia Red® Sachets (60 ml ea.)
- 2 x AromaGlide™ Roller Fitment

### RESOURCES & MORE

- 1 x Product Guide
- 1 x Price List
- 1 x Policies & Procedures Highlights
- 1 x Essential Oils at a Glance Flyer

### YOUR CHOICE OF STARTER BUNDLE DIFFUSER



**ARIA  
STARTER BUNDLE**  
ITEM NO. 36632 (AUS)  
ITEM NO. 30764 (NZ)



**DESERT MIST  
STARTER BUNDLE**  
ITEM NO. 37010 (AUS)  
ITEM NO. 30766 (NZ)



**DEWDROP  
STARTER BUNDLE**  
ITEM NO. 36637 (AUS)  
ITEM NO. 30767 (NZ)



**LANTERN  
STARTER BUNDLE**  
ITEM NO. 36639 (AUS)  
ITEM NO. 30768 (NZ)



**RAINSTONE  
STARTER BUNDLE**  
ITEM NO. 36640 (AUS)  
ITEM NO. 30769 (NZ)

## OTHER STARTER BUNDLES



**HEALTHY HOME STARTER BUNDLE\***  
ITEM NO. 36866 (AUS)    ITEM NO. 37079 (NZ)



**NINGXIA RED STARTER BUNDLE\***  
ITEM NO. 36990 (AUS)    ITEM NO. 37051 (NZ)



**BASIC STARTER BUNDLE\***  
ITEM NO. 36865 (AUS)    ITEM NO. 36851 (NZ)

Embrace wellness and abundance with Young Living's

# Lifestyle Collections

## ENERGY COLLECTION

Whether you're looking to smash your fitness goals or simply lead a more active lifestyle, the Energy Collection is your go-to wellness pack designed to unleash the power within. Featuring naturally derived products infused with pure essential oils to help elevate your workouts, enhance your performance and conquer your day.

ITEM NO. 35530 (CitraGuard Deodorant)

ITEM NO. 35529 (Valor Deodorant)

### COLLECTION INCLUDES:

- |  |                                 |
|--|---------------------------------|
| 1 x Peppermint 15 ml                     | 1 x NingXia Red Shot Glass      |
| 1 x Deep Relief Roll-On 10 ml            | 1 x YL Branded Red Foldable Bag |
| 1 x CitraGuard or Valor Deodorant 1.5 oz | 1 x YL Red Cooling Towel        |
| 1 x Morning Start Shower Gel 236 ml      | 1 x Energy Flyer                |
| 1 x NingXia Red 750 ml (GST Free)        | 1 x Keepsake YL Branded Box     |



## MINDFULNESS COLLECTION

The Mindfulness Collection is the ultimate gift to nurture yourself or a loved one. Embrace the present moment and express your gratitude for earth's natural wonders and blessings with three of Young Living's most popular, pure essential oils. Reconnect with yourself by incorporating a daily mindfulness practice into your wellness routine.

ITEM NO. 35501 (Amethyst Crystals)

ITEM NO. 34974 (Rose Quartz Crystals)

### COLLECTION INCLUDES:

- |                        |  |
|------------------------|--|
| 1 x Frankincense 5 ml  | 1 x Easy Breeze Awakening Shower Steamers        |
| 1 x Awaken 5 ml        | 1 x Rose Quartz or Amethyst Crystal Water Bottle |
| 1 x Grounding 5 ml     | 1 x Gratitude Cards                              |
| 1 x Lava Rock Diffuser | 1 x Keepsake YL Branded Box                      |
| 1 x Mindfulness Book   |  |



## NATURE'S HOME ESSENTIALS COLLECTION

The Nature's Home Essentials Collection contains a selection of plant-based products infused with pure essential oils to help tackle your everyday household chores with ease. The careful blend of botanicals makes our cleaning formula free from harsh chemicals and irritants—it's tough on dirt but gentle on you!

ITEM NO. 32078

### COLLECTION INCLUDES:

- |  |                             |
|--|-----------------------------|
| 1 x Thieves 5 ml                         | 1 x Thieves Glass Measure   |
| 1 x Thieves Dish Soap 355 ml             | Spray Bottle 480 ml         |
| 1 x Thieves Laundry Soap 946 ml          | 1 x Nature's Home           |
| 1 x Thieves Household Cleaner 426 ml     | Essentials Booklet          |
| 1 x Thieves Foaming Hand Soap 236 ml     | 1 x Thieves Recipe          |
| 1 x Thieves Fruit and Veggie Soak 473 ml | Fridge Magnet               |
| 1 x Thieves Whitening Toothpaste 113.4 g | 1 x Keepsake YL Branded Box |



## SWEET DREAMS COLLECTION

The Sweet Dreams Collection is your ultimate dreamy bundle designed to help calm your mind, relax your body and soothe your soul to encourage more peaceful sleep. Featuring pure essential oils and plant-based products, this collection offers simple, safe and effective solutions for relaxing sleep and everyday stress relief.

ITEM NO. 33912

### COLLECTION INCLUDES:

- |                                   |                               |
|-----------------------------------|-------------------------------|
| 1 x Lavender 5 ml                 | 1 x Sweet Dreams Eye Mask     |
| 1 x Cedarwood 5 ml                | 1 x Sweet Dreams Spray Bottle |
| 1 x Peace & Calming Roll-On 10 ml | 1 x Sweet Dreams Booklet      |
| 1 x Lucia Artisan Diffuser        | 1 x Keepsake YL Branded Box   |



# Essential REWARDS

Are you buying product consistently? Do you want to earn free product? Customise your monthly order by joining our optional Essential Rewards subscription program to earn points that work like cash!

## BENEFITS OF ENROLLING

- ✓ Earn Essential Rewards points with every order to use towards free product.  
The percentage of PV points you earn depends on how many months you have consecutively placed qualifying Essential Rewards orders.  
**EARN 10%**  
In PV points during the first 3 months of ordering  
**EARN 20%**  
In PV points between the 4<sup>th</sup> and 24<sup>th</sup> month of ordering  
**EARN 10%**  
In PV points after the 25<sup>th</sup> month of ordering and beyond
- ✓ Receive a bonus PV promotion reward when you reach 145 PV or more in your monthly orders.
- ✓ Discounted pricing on exclusive Essential Rewards Bundles.
- ✓ Save money with reduced shipping rates.
- ✓ Customise your order each month or set up an automatically recurring order!
- ✓ Get FREE gifts when you consecutively order a minimum of 100 PV worth of product!  
You'll be rewarded after each month for 3, 6 and 9 months. Plus, receive an exclusive essential oil blend after 12 consecutive months of ER orders.

## PLEASE NOTE:

- Choose your favourite Young Living products or Essential Rewards Bundle(s) worth at least 100 PV to qualify for the Essential Rewards gifts.
- Gifts subject to change without notice.
- Your ER points expire 12 months after they were earned.
- You can redeem any full PV product based on your points earned. Note that not all products are full PV.
- You can customise your order each month if necessary to suit your needs.
- Sales Compensation Plan bonuses may be subject to change.
- To read the full Terms & Conditions for the Essential Rewards Program and to find out more details, please visit [YoungLiving.com.au](http://YoungLiving.com.au) or [YoungLiving.co.nz](http://YoungLiving.co.nz) > Member Benefits > Essential Rewards Program
- ER program and PV promotion rewards may be subject to change.

Subscribe to get your order automatically every month. With so many perks and bonuses, there's no better time to start than now! Visit [YoungLiving.com.au](http://YoungLiving.com.au) or [YoungLiving.co.nz](http://YoungLiving.co.nz).

*Your Young Living*  
**ER GIFT GUIDE**

% OF POINTS EARNED	MONTH NO.	MIN. POINTS* EARNED PER 100 PV ORDER	YOUR FREE GIFT
<b>EARN 10%</b> in PV points during the first 3 months of ordering	1	10	 <b>3 MONTH GIFT</b> Earn an <b>essential oil</b> after <b>3 months</b> of consecutive 100 PV orders!
	2	10	
	3	10	
<b>EARN 20%</b> in PV points between the 4 <sup>th</sup> and the 24 <sup>th</sup> months of ordering	4	20	 <b>6 MONTH GIFT</b> Earn an <b>essential oil</b> after 6 months of consecutive 100 PV orders!
	5	20	
	6	20	
	7	20	 <b>9 MONTH GIFT</b> Earn an <b>essential oil</b> after 9 months of consecutive 100 PV orders!
	8	20	
	9	20	
	10	20	 <b>12 MONTH GIFT</b> Earn an <b>exclusive loyalty essential oil blend</b> created by D. Gary Young after 12 months of consecutive 100 PV orders.
	11	20	
	12	20	
	13	20	 <b>ANNUAL GIFT</b> Earn D. Gary's Young's <b>exclusive loyalty oil blend</b> for every 12 consecutive months of 100+ PV ER orders placed after the first year.
	...	20	
	24	20	
<b>EARN 25%</b> in PV points after the 25 <sup>th</sup> month of ordering & beyond	25	25	<b>GET YOUR ANNUAL GIFT EVERY 12 MONTHS!</b>
	...	25	

\*Points calculation based on a percentage of a minimum monthly order of 100 PV. The percentage is determined by number of consecutive orders. You may redeem up to 375 points each month.

† Gifts are received in the next consecutive month of your 100+ PV ER order. For example, your 3 Month Gift would be received in the 4th consecutive 100+ PV ER order. The same goes for the 6 Month, 9 Month, 12 Month & Annual Gifts.



We created Seed to Seal® as a set of rigorous quality benchmarks that put people and planet first. Seed to Seal's three pillars—Sourcing, Science and Standards—let you fall in love with Young Living products knowing that inside each bottle, tube, box or bag is a powerful product with a sustainable story.



# SEED TO SEAL

## OUR QUALITY COMMITMENT



### SOURCING

Quality products come from quality sources. That's why we work exclusively with Young Living corporate-owned farms, partner farms and Seed to Seal-certified suppliers around the globe, so we can source conscientiously and prioritise quality as well as community and ecological impact. Our sourcing philosophy means that you never have to choose between quality and conscience.



### SCIENCE

Purity starts in the field, but it's proven in the lab—two in-house labs and more than a dozen leading independent labs, to be exact. Every batch of Young Living essential oil undergoes advanced purity and efficacy testing and retesting by the 50+ highly trained scientists at our D. Gary Young Research Institute. Products that aren't pure enough or powerful enough—or that simply aren't perfect—never make it to your home.



### STANDARDS

Our decades of leadership mean that we're responsible for setting—and surpassing—the definitive green standard that others follow. This requires rigorous commitment to environmental standards that put people and the planet over profits. We proactively design, evaluate and regulate our process to ensure we do things the right way.

*Seed to Seal informs and inspires everything we do.*

*For more detailed information on our Seed to Seal pillars, please visit [SeedtoSeal.com](https://SeedtoSeal.com)*



# GLOBAL FARMS

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Pure products start with a pure source. That's why our farms are the heart of what we do. Young Living is the only essential oil company to source exclusively from corporate-owned farms, partner farms and Seed to Seal-certified suppliers. We've hand-selected each farm for the innovations they're making in sustainability and fair labour practices—all while producing the purest botanicals possible.



# Young Living Lavender Farm and Distillery

*Mona, Utah, USA*



The Young Living Lavender Farm and Distillery is an iconic lavender farm, not only for Young Living but also to the essential oils movement and the wellness community. This farm constantly strives to improve its green efforts and sustainability. A recent redesign of the farm's distillery created a closed-loop system that saves approximately 984 million litres of water a year. Only a short drive from Young Living Global Headquarters, this lavender farm is home to events such as the Lavender Day Festival and the Fall Festival and Draft Horse Show and Rodeo. It is also a centre for innovative new distilling methods.

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#### OILS FROM THIS FARM:

*Lavender • Clary Sage • Goldenrod • Melissa • Juniper • Blue Yarrow •  
White Fir • Evergreen Essence • Ruta Graveolens • Hyssop*



## Skyrider Wilderness Ranch

*Tabiona, Utah, USA*

---

The Skyrider Wilderness Ranch—nestled in the hills of Tabiona, Utah and home to stunning vistas and wildlife—held a special place in Gary Young’s heart. The ranch occupies 38 square kilometres in one of the largest pinyon pine forests in the world. It’s home to 8–12 beehive colonies that pollinate the plants and help maintain a healthy ecosystem. The farm is also a waystation for beautiful monarch butterflies where they can rest and feed during their migration between Canada and the Yucatan.

### PRODUCT FROM THIS FARM:

*Einkorn*

## Skyrider River Ranch

*Tabiona, Utah, USA*

---

This location is an addition to our Tabiona ranch family. Located near Young Living’s Skyrider Wilderness Ranch, this ranch grows many botanicals for essential oil research. It’s also the location of the D. Gary Young Wildlife Sanctuary, an 11,597-acre conservation easement Young Living donated to The Nature Conservancy. The sanctuary serves as a migratory corridor nicknamed the Utah Serengeti, due to the large herds of elk and deer that migrate between their summer and winter ranges. The easement includes seven miles of the Duchesne River, two mountain ranges and the sage brush habitat that provides a haven for endangered greater sage-grouse.



## St. Maries Lavender Farm and Distillery

*St. Maries, Idaho, USA*

---

The St. Maries Lavender Farm and Distillery is where the Young Living farm family got its start. Young Living Founder D. Gary Young brought authentic, unhybridised lavender and melissa seeds from France and planted them on this beautiful 200-acre farm. Years later, when viral and fungal blights threatened France’s lavender crop, Gary carried seeds from the St. Maries farm to share with lavender farmers in France, helping to re-establish true lavender.

### OILS FROM THIS FARM:

*Lavender • Melissa • Goldenrod*



## Vida De Seville Distillery

*Almaden de la Plata, Seville, Spain*

---

Located less than an hour from the city of Seville, this distillery crafts some of our most-beloved essential oils. The distillery puts passion and craft into the process, including distilling Cistus oil from handpicked, wildcrafted plants that grow in the Sierra Norte Nature Park. The distillation process and zero-waste practices further our efforts to sustain the land and produce the highest-quality products straight from nature.

**OILS FROM THIS FARM:**  
*Cistus • Frankincense • Myrrh*



## Labbeemint Partner Distillery

*White Swan, Washington, USA*

---

Founded by Jack Labbee in the early 1940s, the Labbeemint Partner Distillery started out as a small, family-run facility and grew to become the premier peppermint and spearmint provider for the oral care, confectionary, flavour, fragrance and aromatherapy industries. With four strategic locations that include a distillery at its main location in Washington and warehouses in other locations, Labbeemint provides a scalable, sustainable mint source. The farm is still family run and maintains a level of unmatched supply chain honesty and transparency that makes it the ideal mint supplier for Young Living.

**OILS FROM THIS FARM:**  
*Peppermint • Spearmint*



## Kona Sandalwood Reforestation Project

*Big Island, Hawaii, USA*

---

The Kona Sandalwood Reforestation Project is a great example of how our farm partnerships strive to preserve cultural values. At this location, only dead or dying sandalwood is harvested to maintain the ecological balance and to follow the deeply rooted Hawaiian belief in humanity's responsibility to maintain a respectful relationship with the land.

**OIL FROM THIS FARM:**  
*Royal Hawaiian™ Sandalwood\**

\*Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC.



# Finca Botanica Farm and Distillery

*Chongon (Guayaquil), Ecuador*

Building this farm and its state-of-the-art distillery started as one of Gary Young's passion projects. Today Chongon's tropical climate helps nurture the farm's 2,000 acres of rich soil, year-round harvests and lush botanical life. To protect the crops, part of the farm's biomass is composted with manure and given to worms. The worms eat the compost and transform it into worm humus, which provides higher saturation of additional nutrients into the soil.

---

## OILS AND PRODUCT FROM THIS FARM:

*Ylang Ylang • Palo Santo • Mastrante • Lemongrass • Eucalyptus Blue • Dorado Azul •  
Ocotea • Plectranthus Oregano • Ruta Graveolens • Chocolate*

# Dalmatia Aromatic Farm and Distillery

*Split, Croatia*



Dalmatia's striking landscape is home to a rich history, as well as the highly specific conditions required to grow helichrysum. Helichrysum is one of those rare plants that doesn't require crop rotation since it takes its nutrients from the calcium carbonate found in rocks, not from the soil. That's why this farm was established: to be a sustainable source for our popular Helichrysum oil. It has since continued to grow and cultivate even more botanicals, protecting helichrysum and other plants growing in the wild.

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**OILS FROM THIS FARM:**  
*Helichrysum • Sage*



## Amanzi Amahle Cooperative Farm and Distillery

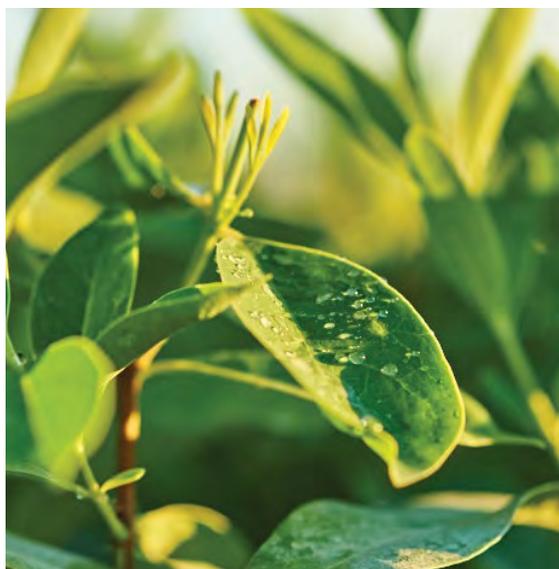
*KwaZulu-Natal, South Africa*

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The Amanzi Amahle Cooperative Farm and Distillery works with local growers throughout the region to produce some of Young Living's most popular essential oils. This partnership provides the valuable resources smaller farms need to produce high-quality essential oils, while also dedicating efforts to the conscientious treatment of people, land and resources. For example, in 2019 Young Living helped fund a mobile distillery that allowed the farm to distil on-site. The D. Gary Young, Young Living Foundation also worked with the farm to locate land for a community plot that will generate funds to purchase school transportation for local children.

### OILS FROM THIS FARM:

*Tea Tree • Eucalyptus Radiata • Lemon • Orange • Grapefruit*



## Ord River Sandalwood Farm and Distillery

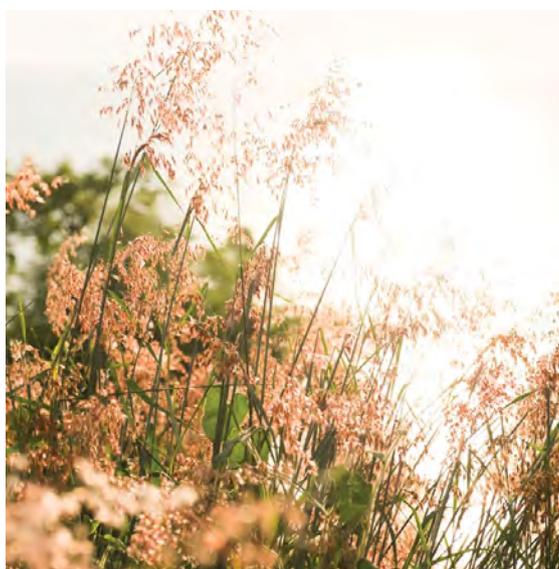
*Kununurra, Australia*

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While this farm is headquartered in Perth, the sandalwood plantations extend across Australia's tropical northern outback and the distillery is located south in Albany. The Ord River Sandalwood Farm developed its own seed orchards, which allows for continual improvement of the seed stock. The farm is the world's largest sandalwood distillery and is known for its water conservation efforts—the farm has recycled over 3 million litres (roughly 792,516 gallons) of water since 2010 and has received the prestigious Champion Award from the Western AU Water Corp.

### OIL FROM THIS FARM:

*Sacred Sandalwood™*



## Taiwan Cooperative Farm And Distillery

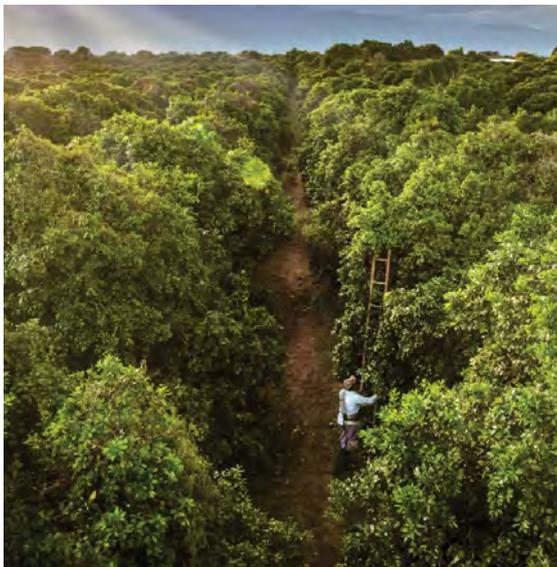
*Taitung, Taiwan*

---

With a coastline and mountains over 4,260 metres high, Taiwan is home to diverse microclimates, giving the island a rich range of biodiversity. Similarly, the cooperative farm and distillery is made up of smaller individual farm operations that focus on different oils, including the oil harvested from hong kuai—the Taiwan red cypress. The farms seek to nurture and restore much of Taiwan's unique plant life after a century of deforestation and depletion.

### OILS FROM THIS FARM:

*Jade Lemon • Hong Kuai • Xiang Mao • Camphor Wood*



## Finca Victoria Farm

*Ciudad Victoria, Tamaulipas, Mexico*

---

The Finca Victoria Farm comprises of 2,400 acres of rich farmland, with 50 groves of hand-tended fruit trees. Fresh lime and grapefruit rinds are cold pressed to produce essential oils of the highest quality. Because this farm is a zero-waste facility, every remaining part of the fruit is put to good use.

### OILS FROM THIS FARM:

*Grapefruit • Lime*



## Outback Botanical Reserve and Distillery

*Darwin, Australia*

---

Australia's Northern Territory outback is the backdrop for this location's plantation of Australian cypress trees. The founder of the Outback Botanical Reserve and Distillery drew upon ethnobotanical use in aboriginal practices to discover a new, now-patented method of distillation that resulted in Blue Cypress essential oil. In 2007 Gary Young reached out to him about his discovery and provided the funds for the distillery, establishing one of our earliest partnerships.

### OIL FROM THIS FARM:

*Blue Cypress*



## Happy Pili Tree Farm and Distillery

*Bicol Region, Philippines*

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Chosen as a partner farm because of its ethical and conscientious harvesting methods, the Happy Pili Tree Farm and Distillery is Young Living's main supplier of Elemi essential oil. With expertise in legally and sustainably sourcing this precious plant and providing fair wages to workers, the farm protects natural resources and helps ensure long-term viability of high-quality Elemi essential oil. The farm has also vertically integrated the production process by building a distillery on-site, as well as keeping job opportunities and expertise within the community.

### OIL FROM THIS FARM:

*Elemi*

# Arabian Frankincense Distillery

*Muscat, Oman*



Young Living is the first company in the world to distil and export Omani Sacred Frankincense oil and bring it to the Western world. Gary and Mary Young travelled to Oman in 1995 and learned the rich history of the *Boswellia sacra* trees that had been harvested there over the past 5,000 years. Gary was determined to build a distillery there and enlisted the help of Dr. Mahmoud Suhail, who used his special relationship with frankincense growers and harvesters to help Young Living offer Sacred Frankincense oil to the world.

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**OIL FROM THIS FARM:**  
*Sacred Frankincense*

# Simiane-la-Rotonde Lavender Farm and Distillery

*Simiane-la-Rotonde, France*



Young Living's Simiane-la-Rotonde Lavender Farm and Distillery is located in charming Provence, a region of France renowned for its beauty, fragrant lavender fields and summer-long festivals. Keeping with our innovative sustainability initiatives and quest for pure, unadulterated oils, the farm uses sheep to weed its fields. Sheep prefer the leafy forbs that include most species of weed, leaving the essential oil-producing plants unharmed.

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**OILS AND PRODUCT FROM THIS FARM:**  
*Lavender • Clary Sage • Rosemary • Lavandin • Einkorn*



## Northern Lights Farm and Distillery

*Fort Nelson, British Columbia, Canada*

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After extensive scouting and research in 2014, Young Living purchased land in British Columbia, Canada, for the Northern Lights Farm and Distillery. Northern Lights serves as a main source of Black Spruce essential oil, an important oil in many popular blends. Ever mindful of the care it takes to preserve and protect these beautiful forests, the Northern Lights farm obtained a horticulture license and coordinated with local governments to manage the nearby forests. By thinning out old and dying trees, the farm enables surviving trees to grow and thrive.

**OIL FROM THIS FARM:**  
*Northern Lights Black Spruce*



## Mera Ocotea Farm

*Pastaza Province, Ecuador*

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As one of our newest farms, the Mera Ocotea Farm presents Young Living with a unique opportunity to establish our commitment to the planet. For starters, we'll plant 5,000 ocotea trees on the farm's 120 acres, which will help accelerate oxygen production. The farm will rely on the region's year-round rainfall and will use only non-GMO seeds that are cultivated through natural pollination. In time, wildlife corridors will surround the farm, creating vital links between habitats that protect and re-establish threatened populations.

**OIL FROM THIS FARM:**  
*Ocotea*



## Highland Flats Tree Farm and Distillery

*Naples, Idaho, USA*

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The Highland Flats Tree Farm and Distillery is home to beautiful conifer trees that produce essential oils reminiscent of the great outdoors. The farm has a registered monarch butterfly waystation habitat where migrating monarch butterflies can feed and rest during their travels between Canada and the Yucatan. The farm is also the first to replace its distillery's steam boiler with two steam generators, which produce steam on demand, improving efficiency while reducing waste. Keep an eye out for our Spring Planting and Winter Harvest events, so you can register to see the generators in action!

**OILS FROM THIS FARM:**  
*Idaho Blue Spruce • White Fir • Idaho Grand Fir*



## Kalipay Coconut Farm

*Polillo Island, Philippines*

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The Kalipay Coconut Farm is located in the lush, tropical landscape of the Philippines. Kalipay provides Young Living with our main source of coconut oil. We chose Kalipay because it shares our passion for giving back and supports communities by donating a portion of its profits every year to help fight generational poverty through education, leadership and technology scholarship programs. The Kalipay Coconut Farm also uses green chemistry, a new discipline that focuses on the efficient use of resources and the elimination of waste during the production process.

### PRODUCT FROM THIS FARM:

*Coconut Oil*



## Bella Vista Farm

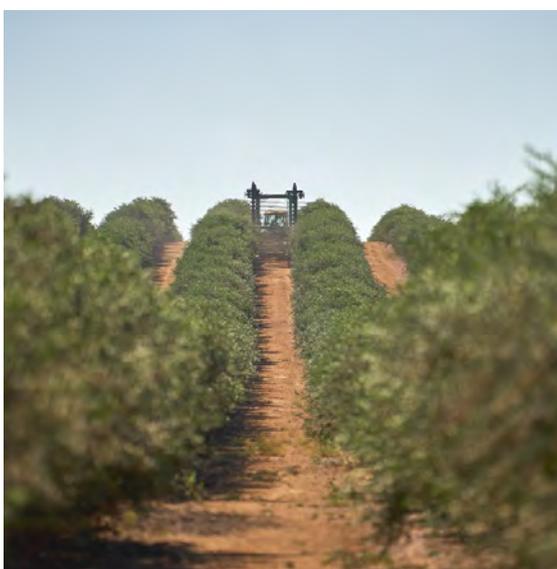
*Reggio Calabria, Italy*

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The Bella Vista Farm is a third-generation farm and cold-press facility located outside the city of Reggio Calabria, Italy—a region that produces nearly 90 percent of the world's Bergamot essential oil! Founded in the early 1930s, the farm uses best practices to ensure the quality and purity of its Bergamot as it works to meet the demand for this popular citrus oil. The farm takes full advantage of southern Italy's sunny climate, using solar energy to power all its buildings during the off season.

### OIL FROM THIS FARM:

*Bergamot*



## Desert Oasis Farm

*Hatzerim, Israel*

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The Desert Oasis Farm is our second Middle Eastern partner. This farm produces jojoba oil, which is used in many of our products, including Lavender-Oatmeal Moisturizing Soap, Mirah® Luminous Cleansing Oil and Shutran® Shave Cream.

### OIL FROM THIS FARM:

*Jojoba Oil*

# Ningxia Wolfberry Farm and Distillery

*Ningxia, China*



While travelling the world, Gary Young encountered the powerful wolfberry native to China's remote Ningxia region. This region hosts a diverse geography of forest mountains and hills, deserts, flood plains and basins carved by the Yellow River. The significant irrigation from the river supports the production of wolfberries, wolfberry puree and wolfberry seed oil. Gary knew the world needed access to this superfruit and partnered with the family-owned Ningxia Wolfberry Farm and Distillery as the provider for our popular NingXia Red® line and other products.

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**PRODUCTS FROM THIS FARM:**  
*NingXia Red® • NingXia Nitro™ • NingXia Zyng™*  
*• Ningxia Organic Dried Wolfberries*





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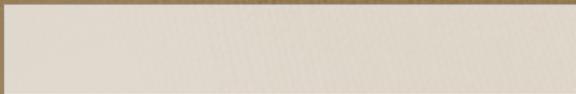
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